

Sign of the week



This week's sign is 'rain'. It has been very rainy, so make sure you bring your coat to school to keep dry!

MACMILLAN CANCER SUPPORT



Macmillan Coffee Morning

Please join us on

Friday 29th September – 9:15–11am
in the school hall.



Cakes available to purchase for 50p or less and a free hot drink provided.

A great chance to catch up and all proceeds go to a brilliant charity.

SHINE will also be in to answer any questions, as well as the Family Team, for the parent drop in.

Children can also bring some money in and they can purchase cakes during their break time. Hope to see you there.

Congratulations

to classes
5I 96.3%
2M 95.8%
2W 93.7

for the highest attendance this week.

Whole school attendance is 91.8%

Upcoming Events

York Residential Yr 9

27.09.2023–29.09.2023

Macmillan Coffee Morning

29.09.2023

Parents Evening

18.10.2023

School closes for half term

20.10.2023

School opens

30.10.2023

School Closes for Christmas

21.12.23

FRIENDS OF SOLARIS PARK

OCTOBER EVENT

28TH OCTOBER 10.30 –1.30

CRAFT ACTIVITIES

With Volunteers from Friends of Solaris Park & Fiona Eccles (Creation Station)

&

STORYTELLING

(with Rossalyn (Literacy Trust Ambassador))

WITHIN THE

SOLARIS CENTRE BUILDING

FY4 1RW (Opposite Mirror Ball)

FREE BOOKS

COURTESY OF NATIONAL
LITERACY TRUST

Free Balloon Model from Mark Levien

Children must be accompanied
by parent or guardian



Free School Meals.

If you think your child is entitled to FSM then please visit fsm@blackpool.gov.uk

Payments are to be made on Parent pay.

Primary meals are £2.40

Secondary and Sixth Form meals are £2.65

We are delighted to inform you that we have been credited The Rainbow Flag Award. Well done to everyone involved in helping us achieve this.



Make sure you have joined @the Grange's Winter Warm Club, where you can go to use their washing machines & tumble dryers FREE OF CHARGE!

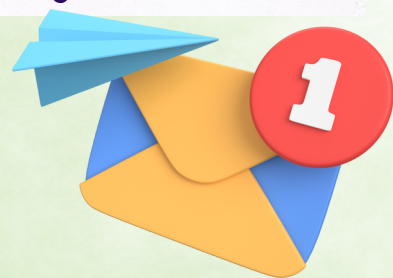


They will also have their 'FREE coats for all' scheme, up and running soon and lots of other offers available only to members.

Membership is FREE - you just need to pop in and fill in a very short form to obtain your membership number.

Emails to school

Please can we ask that any emails that you would like to send to staff are sent to admin@park.blackpool.sch.uk. These will be forwarded on to teachers. Staff will respond in a timely manner, taking into account their teaching commitments. In order to protect staff wellbeing and workload, Staff are not expected to respond to parent's email outside of the working day. If your email requires an urgent response then please mark as urgent.



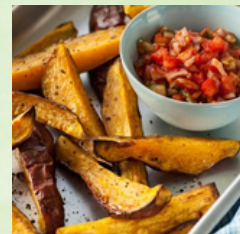
Sweet potato chips with simple salsa recipe.

Perfect served with a side salad or as a snack to share. For a twist, try roasting pumpkin or butternut squash instead.

Prep: 15 mins Cook: 35 mins Serves 4

Ingredients

- 4 medium-sized sweet potatoes (about 1kg total), scrubbed
- 2 teaspoons vegetable oil
- 2 tomatoes, finely chopped
- 1 small red onion, or 4 spring onions, finely chopped
- a quarter of a cucumber, finely chopped
- 4 tablespoons tomato purée
- 1 pinch ground black pepper



Swap tip

You could also use regular potatoes – but they may need a bit longer in the oven – or try pumpkin or butternut squash instead of the sweet potato.

Method

Preheat the oven to 200C (180C fan oven, gas mark 6).

Slice each sweet potato lengthways into 6 wedges and put them in a roasting tin. Add the vegetable oil, season with black pepper and toss to coat. Roast in the oven for 35 to 40 minutes, or until tender, turning them over after 20 minutes.

Spice up the sweet potatoes by sprinkling them with 1 teaspoon of cumin seeds, paprika, or any other spice you fancy!

While the veg is roasting, make the salsa by mixing the tomatoes, onion, cucumber and tomato purée.

Buy a cucumber portion and use half of it in this recipe and the rest in sandwiches or salads.

Serve the sweet potato wedges with the salsa on the side.

Add a side salad to easily make this into a tasty light lunch.

Being A Parent



These fantastic free sessions are run by friendly local parents. They provide practical tips and advice on how to bring up confident happy and co-operative children.

The group lasts for 9 weeks and free childcare is available.

Time	Venue	Starting	Ending
10.00am – 12.00pm	Mereside Primary Academy Langdale Road, FY4 4RR	Tuesday 26 th September	Tuesday 5 th December
10.00am – 12.00pm	The HealthWorks 1 Clifton Street, FY1 1JD	Wednesday 27 th September	Wednesday 6 th December
6.00pm – 8.00pm	Online using Google Meet	Thursday 28 th September	Thursday 7 th December

Topics covered include:

- Communicating with your child
- Understanding their behaviour
- Discipline strategies
- Listening skills
- Coping with stress

“The course wasn’t what I expected at all. It’s shown me that I’m not alone and given me the confidence boost I needed. I’ve learned there’s no such thing as a perfect parent and my relationship with my son has grown so much stronger.”

For more information or to book, contact Blackpool Learning Rooms on 07796 994783 or email learning.rooms@blackpool.gov.uk



EMPOWERING
PARENTS
EMPOWERING
COMMUNITIES



Star of the Week

1C - Isaac for guiding and interacting with an adult using a communication board to request for bubbles.

1P - Faith for identifying words beginning with the M sound in phonics.

1S - Kaylee for joining in beautifully with 5 Little Ducks during circle time

1B - Aiden-James for joining in with head, shoulders, knees and toes during circle time.

1H - Jake for fantastic self regulation.

2H - Archie for an amazing effort at swimming. You went from sitting on the side last week to jumping right in! Well done!

2M - Chenar for his fantastic playing of 5 speckled frogs in Maths!

2B - Shaniya for doing amazingly well settling into 2B.

2R - Daniel for fantastic listening and making good choices.

2G - Millie May for being a wonderful friend and a super helper with the playground equipment.

2W - Leland for demonstrating a super understanding of place value.

2A - Brooklyn for having a positive attitude and discussing his emotions with a teacher.


Good
Job!

Achiever of the Week

3T - Isaac for independently learning the morning song and singing everyday with his friends.

3J - Jake for always trying his best in lessons and producing fantastic work all week.

3K - Lucas for demonstrating resilience and trying really hard in band practice.

3S - Jack for his outstanding performance skills in music this week.

3H - Hollie for producing very creative work in Art.

3R - Rhys for working independently and showing a mature attitude to learning.

3C - Aiden for his excellent English work identifying features of nonfiction writing.

3A - Laiba for being a fantastic role model to her friends.

4H - Alfie for his growth confidence and putting his hand up to answer questions in his English lessons.

4W - Matthew for outstanding work across all subjects.

4S - Lilly for holding some great conversations with her friends this week.

4M - Jasmine for always contributing during lesson discussions.

4J - Jake for representing PCÀ s Brass Band.

5J - Crystal for increased confidence in social activities.

5M - Tyler for his fantastic contributions during Maths lessons.

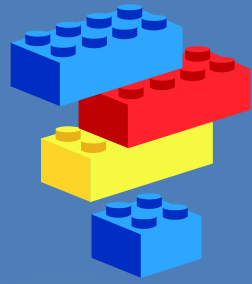
5B - Alex for increased confidence in joining class discussions.

5I- Jermaine for learning about strangers and safer strangers in travel training.

Classroom News

KS1

1S have had lots of fun this week, finding things that are the same and matching. We have been using fantastic fine motor skills to build and stack blocks and squeeze pompoms using tweezers.



KS2

2W have been looking at symbols of dark and light in our RE lessons. This week we looked at celebrations that use light. We turned all the lights off, closed the blinds and lit candles. The children practised singing 'Happy Birthday', we blew out the candles and best of all we all had a slice of cake! The children could explain that the candles represent being one year older- well done everyone! We finished by playing the party game 'Pin the tail on the donkey'.



OUR VOTE



KS3

KS3 pupils enjoyed experiencing a polling station this week. We went to vote for our next Head pupils. There were some brilliant candidates and we have been excited all week to find out the results!

KS4

Classroom News

There has been a buzz in the air as some year 11 pupils have taken part in our first PCA Head Pupil Elections over the past two weeks. They wrote and presented their speeches in assembly and made their own election posters which they placed around school. On Wednesday this week the whole school visited our polling station to vote and we are pleased to announce the results.



We are also very proud to announce our team of Year 11 prefects who will work alongside the Head pupils and take on responsibilities around school.



KS5

As part of Enterprise 5B have been taking part in market research exercises. This week we visited a park near to the Oracle and asked members of public what their favourite refreshments were. Our therapy dogs Daisy & Molly came along with us.