

PARK COMMUNITY ACADEMY LUNCH MENU ~ ~ APRIL - SEPTEMBER 2024

	MONDAY <small>MEAT FREE DAY</small>	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1: 01.04.24 22.04.24 13.05.24 03.06.24 24.06.24 15.07.24 05.08.24 26.08.24(hols) 16.09.24 07.10.24	Veggie Meatballs, tomato sauce & Pasta Or Veggie Roll & Mash ~ Served with Peas Or Cheese or Ham Sandwich ~ Jacket Potato with Baked Beans or Cheese or Tuna <i>order direct with kitchen by 9:30am</i> ~ Artic Roll & Fruit Sauce ~ Water	Roast Pork & Gravy Or Roast Quorn Fillet ~ Served with Carrots, Peas & Mashed Potato Or Cheese or Ham Sandwich ~ Jacket Potato with Baked Beans or Cheese or Tuna <i>order direct with kitchen by 9:30am</i> ~ Cooks Choice Sponge ~ Cordial	Sausage Or Vegetarian Sausage ~ Served with Seasoned Wedges & Baked Beans Or Cheese or Ham Sandwich ~ Jacket Potato with Baked Beans or Cheese or Tuna <i>order direct with kitchen by 9:30am</i> ~ Golden Oat Cookies ~ Water	Chicken Curry Or Meatless Balls in Tomato Sauce ~ Served with Rice, Naan bread & Peas Or Cheese or Ham Sandwich ~ Jacket Potato with Baked Beans or Cheese or Tuna <i>order direct with kitchen by 9:30am</i> ~ Jelly with Fruit Cocktail ~ Cordial	Crispy Battered Fish Or Birds Eye Vegetable Fingers ~ Served with Chips & Baked Beans Or Cheese or Ham Sandwich ~ Jacket Potato with Baked Beans or Cheese or Tuna <i>order direct with kitchen by 9:30am</i> ~ Vanilla Shortbread ~ Water
Week 2: 08.04.24(hols) 29.04.24 20.05.24 10.06.24 01.07.24 22.07.24(hols) 12.08.24(hols) 02.09.24 23.09.24	Pasta & tomato sauce with wholemeal bread Or Cheese Lattice, Mash & Gravy ~ Served with Sweetcorn Or Cheese or Ham Sandwich ~ Jacket Potato with Baked Beans or Cheese or Tuna <i>order direct with kitchen by 9:30am</i> ~ Chocolate & Orange Mouse ~ Water	Roast Chicken Dinner Or Crispy Vegetable fingers ~ Served with Carrots, Peas, Gravy & Mashed Potato Or Cheese or Ham Sandwich ~ Jacket Potato with Baked Beans or Cheese or Tuna <i>order direct with kitchen by 9:30am</i> ~ Blueberry Muffin ~ Cordial	Beef Burger in a Bun Or Veggie Burger in a Bun ~ Served with Seasoned Wedges & Baked Beans Or Cheese or Ham Sandwich ~ Jacket Potato with Baked Beans or Cheese or Tuna <i>order direct with kitchen by 9:30am</i> ~ Shortbread Biscuit ~ Water	Pasta Bolognese with Crusty Wholemeal Bread Or Vegetarian Meatballs & Pasta ~ Served with Peas Or Cheese or Ham Sandwich ~ Jacket Potato with Baked Beans or Cheese or Tuna <i>order direct with kitchen by 9:30am</i> ~ Jam & Custard Tart ~ Cordial	Crispy Seaside Salmon Fillet Or Cheese & Tomato Pizza ~ Served with Chips & Beans Or Cheese or Ham Sandwich ~ Jacket Potato with Baked Beans or Cheese or Tuna <i>order direct with kitchen by 9:30am</i> ~ Chocolate Rice Crispy Cakes ~ Water
Week 3: 15.04.24 06.05.24 27.05.24(hols) 17.06.24 08.07.24 29.07.24(hols) 19.08.24(hols) 09.09.24 30.09.24	Cheese Lattice & Gravy Or Vegetarian Meatball Sub ~ Served with Mash & Sweetcorn Or Cheese or Ham Soft Roll ~ Jacket Potato with Baked Beans or Cheese or Tuna <i>order direct with kitchen by 9:30am</i> ~ Strawberry Yoghurt with Fruit Sauce ~ Water	Savoury Mince, Yorkshire Pudding & Gravy Or Vegetarian Sausage & Mash ~ Served with Carrot & Swede Or Cheese or Ham Sandwich ~ Jacket Potato with Baked Beans or Cheese or Tuna <i>order direct with kitchen by 9:30am</i> ~ Cornflake Cake ~ Cordial	Cheese Roll Or Crispy Veggie Burger in a Bun ~ Served with Seasoned Wedges & Baked Beans Or Cheese or Ham Sandwich ~ Jacket Potato with Baked Beans or Cheese or Tuna <i>order direct with kitchen by 9:30am</i> ~ Cooks Choice Cookies (Chocolate or Vanilla) ~ Water	BBQ Chicken & Cheese Melt with Rice Or Cheese & Tomato Pasta ~ Served with Peas Or Cheese or Ham Sandwich ~ Jacket Potato with Baked Beans or Cheese or Tuna <i>order direct with kitchen by 9:30am</i> ~ Lemon Biscuits ~ Cordial	Crispy Battered Fish Or Golden Veggie Crispy Nuggets ~ Served with Chips & Baked Beans Or Cheese or Ham Sandwich ~ Jacket Potato with Baked Beans or Cheese or Tuna <i>order direct with kitchen by 9:30am</i> ~ Raspberry Bun ~ Water