

APPENDIX 1

Year 5 and **Year 6** pupils will take part in separate stand-alone puberty sessions that build on previous learning. They will take place during the Summer term and you will be notified, closer to the time, specifically when this will be delivered.

These sessions may take place with children that are not usually in your child's class.

If you are unsure of which year group your child is in you can ask your child's class teacher and they will inform you.

Year 5 Session Content	<i>Learning Outcomes</i>	Year 6 Session Content	<i>Learning Outcomes</i>
<ul style="list-style-type: none"> • Body changes in puberty • Preparing for periods • Conflicting emotions 	<ul style="list-style-type: none"> • Understand and explain why puberty happens. • Understand that for girls, periods are a normal part of puberty. • Understand how the onset of puberty can have an emotional as well as a physical impact. 	<ul style="list-style-type: none"> • Body changes and feelings during puberty. • Conception, reproduction & birth 	<ul style="list-style-type: none"> • Identify some products that they may need during puberty and why. • Know a variety of ways in which the sperm can fertilise the egg to create a babies.