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| --- | --- | --- | --- | --- | --- |
| **Day** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | **Breakfast time,**  **Shower & put on clean clothes** | **Breakfast time,**  **Shower & put on clean clothes** | **Breakfast time,**  **Shower & put on clean clothes** | **Breakfast time,**  **Shower & put on clean clothes** | **Breakfast time,**  **Shower & put on clean clothes** |
| **Activity** | PE  The Body Coach/Just Dance | PSHE  Meditation Link on YouTube | PE  The Body Coach/Just Dance | PE  The Body Coach/Just Dance | PSHE  Meditation Link  On YouTube |
| **Activity** | Maths  RM Easimaths | Life skills  Cleaning at home | ICT  Write an email to friends/family about your day | Maths  Frog Play | Music/Drama  Music Genres |
| **Lunch** | BREAK | BREAK | BREAK | BREAK | BREAK |
| **Activity** | PSHE  Recycling | Maths  Frog Play | English  Bug Club | Arts and crafts  Create some artwork | English  Write a shopping list  Write a story |
| **Activity** | English  Read a Novel  Bug Club  FrogPlay | English  Bug Club  Write/record a daily diary | Maths  RM Easimaths  Cooking/baking using recipes and weights | Life Skills  Cleaning bedroom | Life Skills  Organise your clothes |
| **Evening** | Life Skills  Help make tea  Set table  Wash up | Life Skills  Help make tea  Set table  Wash up | Life Skills  Help make tea  Set table  Wash up | Life Skills  Help make tea  Set table  Wash up | Life Skills  Help make tea  Set table  Wash up |