



Blackpool Catering Services

# LUNCH TIME MENU

## WEEK 1

24/08, 14/09  
05/10, 26/10  
16/11, 07/12  
28/12, 18/01  
08/02



### MONDAY

Free Range Egg & Cheese Flan  
& Herby Diced Potatoes

~  
Reduced Sugar Baked Beans

~  
Gluten Free Chocolate Cookie

\*Sandwiches available on request

### TUESDAY

RSPCA Assured Roast Pork Loin,  
Mashed Potatoes, Sage & Onion  
Stuffing & Gravy

~  
Sliced Carrots & Broccoli or Cauliflower

~  
Bakewell Tart & Custard

\*Sandwiches available on request

### WEDNESDAY

British Beef Burger with Tomato  
Ketchup, Oven Baked Potato Wedges,  
Homemade Coleslaw

~  
Reduced Sugar Baked Beans

~  
Frozen Yoghurt Pot

\*Sandwiches available on request

### THURSDAY

Meat & Potato Pie

~  
Beetroot & Sweetcorn

~  
Orange Jelly & Mandarins

\*Sandwiches available on request

### FRIDAY

Harry Ramsdens's Junior Bubble Crisp  
Pollock & Chunky Chips  
(Gluten Free) (MSC)

~  
Garden Peas

~  
Iced Chocolate Sponge

\*Sandwiches available on request

## WEEK 2

31/08, 21/09  
12/10, 02/11  
23/11, 14/12  
04/01, 25/01  
15/02



### MONDAY

Cheese & Onion Lattice  
& Creamed Potatoes

~  
Reduced Sugar Baked Beans

~  
Peach Slices & Ice Cream Pot

\*Sandwiches available on request

### TUESDAY

British Roast Chicken, Sage & Onion  
Stuffing, Creamed Potatoes  
& Gravy

~  
Sliced Carrots & Cabbage

~  
Raspberry Bun

\*Sandwiches available on request

### WEDNESDAY

Linda McCartney Vegetarian Sausages  
Creamed Potatoes & Gravy

~  
Reduced Sugar Baked Beans

~  
Strawberry Delight

\*Sandwiches available on request

### THURSDAY

Spaghetti Bolognese, Wholegrain  
Pasta, Tomato & Herb Bread

~  
Sweetcorn

~  
Chocolate & Beetroot Muffin

\*Sandwiches available on request

### FRIDAY

Young's Crispy Fishfinger (MSC)  
& Chunky Chips

~  
Garden Peas

~  
Iced Vanilla Sponge

\*Sandwiches available on request



## WEEK 3

07/09, 28/09  
19/10, 09/11  
30/11, 21/12  
11/01, 01/02



### MONDAY

Homemade Cook's Choice Pizza made  
with Wholemeal Flour, Oven Baked  
Herby Diced Potatoes

~  
RS Sugar Baked Beans

~  
Chocolate Brownie

\*Sandwiches available on request

### TUESDAY

Traditional Roast Beef, Yorkshire  
Pudding, Mashed Potatoes & Gravy

~  
Carrot Batons & Broccoli

~  
Cook's Choice Iced Sponge

\*Sandwiches available on request

### WEDNESDAY

Shepherd's Pie

~  
Reduced Sugar Baked Beans

~  
Strawberry Jelly & Watermelon Slices

\*Sandwiches available on request

### THURSDAY

Cook's Choice Chicken Curry, Savoury  
Vegetable Rice & Naan Bread

~  
Sweetcorn

~  
Ice Cream Pot

\*Sandwiches available on request

### FRIDAY

Harry Ramsden's Seaside Salmon  
& Chunky Chips  
(Gluten Free) (MSC)

~  
Garden Peas

~  
Shortbread Biscuit

\*Sandwiches available on request



**AVAILABLE DAILY:** Bread basket, salad bar, yoghurts, freshly prepared fruit salad and drinking water. All our menus are compliant with the school food standards – Lo-salt is always used as well as low fat milk and yoghurts. We have reduced sugar by 10% in all our recipes. IF YOU REQUIRE ADVICE REGARDING ALLERGENS, PLEASE CONTACT THE UNIT CATERING MANAGER