



Blackpool Catering Services

LUNCH TIME MENU

WEEK 1

12/04, 03/05
24/05, 14/06
05/07, 26/07
13/09, 04/10
25/10



MONDAY

Tomato & Cheese Pasta with Crusty Wholemeal Bread
or
Meatballs in a Tomato Sauce with Pasta Cheese & Herb Breadcrumbs & Crusty Wholemeal Bread
~
Steamed Mixed Vegetables
~
Raspberry Mousse



TUESDAY

RSPCA Assured Pork Loin, Creamy Mashed Potatoes, Sage & Onion Stuffing & Gravy
or
Pasta Bake with Tomato & Vegetable Salsa, Cheese & Garlic Bread
~
Cauliflower Cheese & Fresh Sliced Carrots
~
Peach & Cherry Sponge



WEDNESDAY

Chicken Tikka Masala with Mini Naan Bread
or
Jacket Potato with Cheese or Beans (or both)
~
Vegetable Rice
~
Chocolate & Orange Cookie

THURSDAY

Lasagne with Coleslaw & Crusty Wholemeal Bread
or
Cheese & Tomato Pasta Bake with Garlic Bread
~
Fresh Diced Carrots & Garden Peas
~
Iced Vanilla Sponge



FRIDAY

Crispy Battered Pollock & Chips
or
Jacket Potato with Cheese or Beans (or both)
~
Mixed Peas & Sweetcorn
~
Shortbread Biscuit

WEEK 2

19/04, 10/05
31/05, 21/06
12/07, 30/08
20/09, 11/10

MONDAY

Veggie Burger & Chips
or
Tomato & Cheese Pasta Bake with Garlic Bread
~
Peas & Sweetcorn
~
Strawberry Mousse

TUESDAY

Roast Chicken Fillet, Sage and Onion Stuffing & Gravy
or
Pasta Bake in a Tomato Sauce
~
Creamy Mashed Potatoes & Fresh Sliced Carrots
~
Chocolate & Beetroot Brownie

WEDNESDAY

Cook's Homemade Meat & Potato Pie with Gravy
or
Jacket Potato with Cheese or Beans (or both)
~
Steamed Mixed Vegetables
~
Fresh Fruit Salad with Ice Cream

THURSDAY

Spaghetti Bolognese with Crusty Wholemeal Bread
or
Cheese & Tomato Pasta Bake with Garlic Bread
~
Coleslaw & Garden Peas
~
Frosted Shortbread Biscuit

FRIDAY

Crispy Fish Finger Barmcake & Chips
or
Jacket Potato with Cheese or Beans (or both)
~
RS Baked Beans
~
Fruit Jelly



WEEK 3

26/04, 17/05
07/06, 28/06
19/07, 06/09
27/09, 18/10

MONDAY

Pasta Bake in a Tomato Sauce topped with Cheese
or
Pizza Panini – Sweetcorn, Peppers, Pizza Sauce & Mozzarella
~
Coleslaw, Peas & Sweetcorn
~
Chocolate & Mandarin Mousse



TUESDAY

Braised Beef and Yorkshire Puddings in a Rich Gravy
or
Cheese & Tomato Pasta Bake
~
Creamy Mashed Potatoes, Fresh Sliced Carrots & Swede
~
Jam Sponge

WEDNESDAY

Brunch for Lunch
Sausage, Hash Brown, Baked Beans, & Mini Omelette
or
Jacket Potato with Cheese or Beans (or both)
~
Wholemeal Bread
~
Strawberry Jelly & Ice Cream

THURSDAY

Italian Style Chicken Fillet, glazed with Tomato Sauce, Mixed Herbs & Mozzarella
or
Cheese & Tomato Pasta Bake with Garlic Bread
~
Mixed Vegetables
~
Raspberry Bun

FRIDAY

Crispy Battered Fish Fillet & Chips
or
Jacket Potato with Cheese or Beans (or both)
~
RS Baked Beans & Garden Peas
~
Sticky Oat & Banana Muffin



AVAILABLE DAILY: wholegrain bread basket, yoghurt, a freshly prepared selection of fruit and fresh water - All our menus are compliant with the School Food Standards—we source as much of our produce locally and where possible we source farm assured meats, MSC fish and free range eggs. Lo-Salt is always used as well as low fat milk and yoghurts —we have reduced sugar by 10% in all our recipes. If you require advice regarding allergens, please contact the Unit Catering Manager