



My 2020

Covid-19

Time Capsule



Name: _____



You are living through history right now!

Take some time to fill in these pages for you to look back on in the future. Here are some ideas of extra things that you could include:

- Photographs from this time
- Art work you have created
- A diary of your days
- Pictures of your family or pets
- Newspaper articles or clippings
- Special memories



Draw a picture of yourself and the people you are self-isolating with.

♡♡ All About Me ♡♡

Age:

Height:

Weight:

Shoe Size:

Date:

My Favourites

Toy: _____

Colour: _____

Animal: _____

Food: _____

Show: _____

Movie: _____

Book: _____

Activity: _____

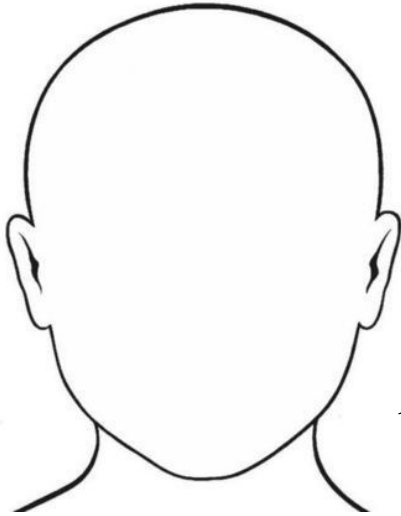
Place: _____

Song: _____

When I grow up I want
to be:

My best friends are:

How I'm Feeling



Words to describe how I feel:

How my face looks



I am most thankful for:

What I have learnt from this experience:

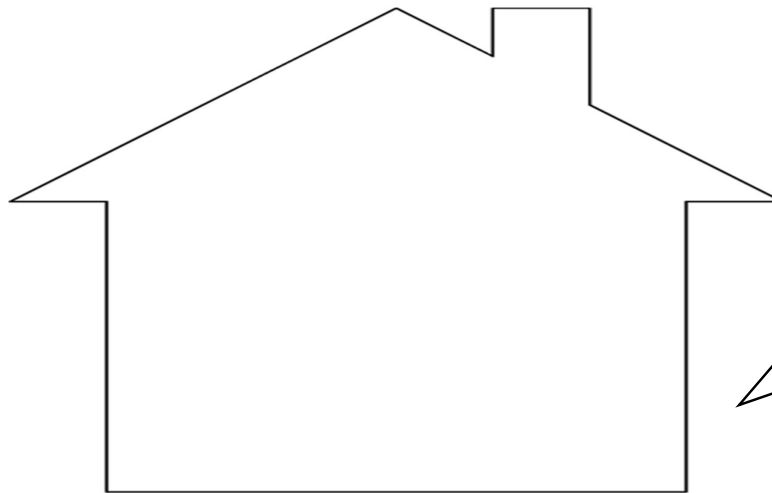
3 things I am excited to do when this is all over:

1

2

3

My Community



Colour this house to look like yours

Where are you living during this time?

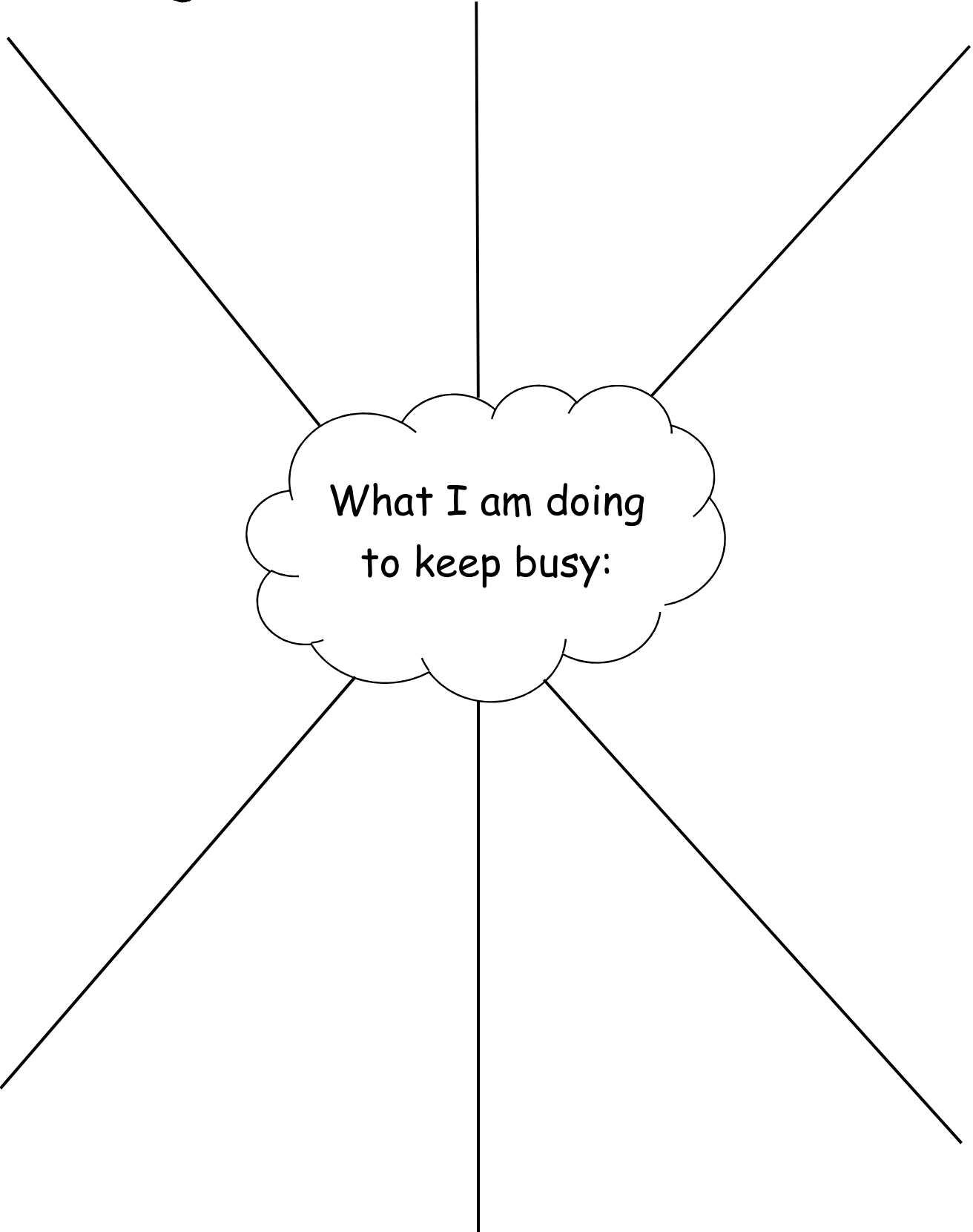


What are you doing to stay connected with the local community at this time? (e.g. rainbows in windows, clapping for NHS workers)

How are you connecting with others?



You are not stuck at home,
you are safe at home!



What I am doing
to keep busy:

Our Handprints



Draw and label the hands of your family members below:

Letter to Myself

Date: _____

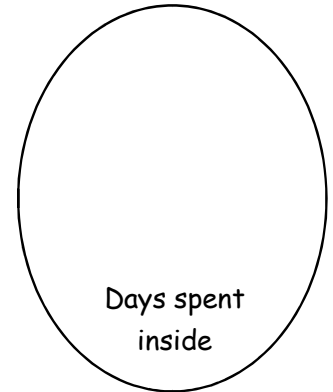
Dear _____

Love, _____

Interview your parents

What has been the biggest change?

How are you finding home learning?



How are you feeling?

Your top 3 moments from this experience:

1. _____
2. _____
3. _____

What activities/hobbies have you most enjoyed doing?

What are you most thankful for?

Favourite TV show: _____

Goals for after this:

Favourite family activity:

Favourite food to make: _____

Favourite time of day: _____

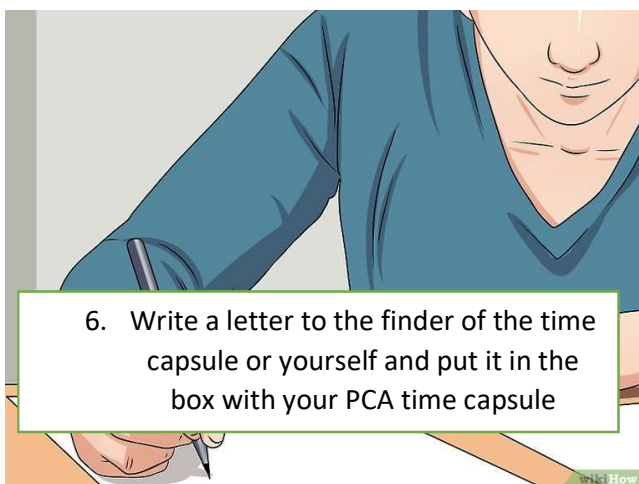
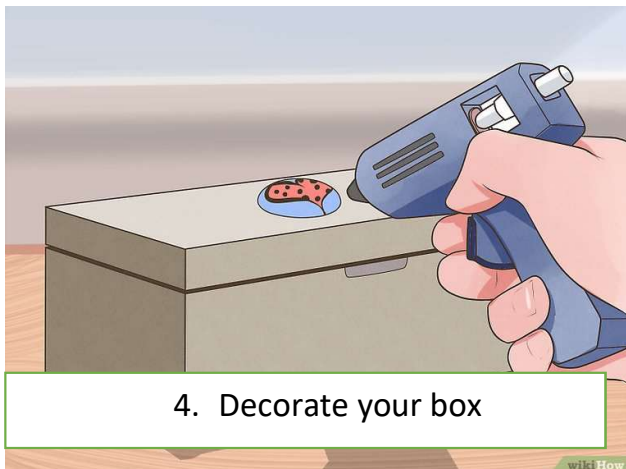
Letter from my Parents

Date: _____

Dear _____

Love, _____

How to make a time capsule



7. Try to forget about your box.....wait...and then in the future go back to where you hid/buried it and remind yourself about a little piece of your own history.



Show us what you
did!



Take pictures of your PCA
History Project and post
them on our twitter pages
for us to see and enjoy.

@PCABlackpool

@PCAprimary

@PCAsecondary

@PCAWSFC

