

Support for Children and Young People across Lancashire

Lancashire Mind have a range of wellbeing services available for children and young people. Supporting ages 4-18yrs (up to 25 with additional needs).



Virtual Wellbeing Coaching

Virtual sessions 10 - 18yrs

1:1 coaching over 6 sessions. Removing barriers to wellbeing by learning practical and positive coping strategies whilst working towards a goal to improve their wellbeing. Funded by Booths.

CYP Early Intervention Hubs

11 - 25yrs across Lancashire

Offering a range of wellbeing support from universal services to targeted assistance.

Funded by the Department of Health and Social Care until the end of March 2024.

Bounce Forward Working with year 5 & 6 pupils to support resilience.

Available for West Lancashire primary schools until the end of October 2024.

Funded by Eric Wright Charitable Trust.

P.E.A.K Supporting 12 - 18yrs in Burnley and Pendle

Personal, Encouragement, Achievement and Knowledge. Delivered in secondary schools and in the community until October 2026

Funded by Children in Need.

Primary & Secondary Schools

We have a range of options to suit different needs and budgets.

Find out more!



Peer Support Programme

10 - 25yrs across Lancashire

The programme offers multiple routes for young people to access tailored support.

We are commissioned through Spring North to offer this support until 2027.