

Personal Development Award Programme

Rewarding pupils for engaging in
activities that contribute to
their own personal development.



creating the right culture to learn to succeed



Our **Personal Development Award Programme** aims to encourage you to engage in a wide range of activities, both in and out of school, that contribute further to your own personal development, and rewards you for doing so.



We believe that strong personal development provision contributes to making a positive difference to your lives and can create a positive effect in school, at home and in the community in which you live



The opportunities provided not only allow you to engage in activities you are interested in, but enables you to explore and build a strong pathway to, and foundation for, a successful future.



Our activities fit into five overarching strands, which supplement your Character and Culture and Personal Development sessions in Learning for Life.

The five strands are:

Culture and Heritage | Future Citizens | Health and Wellbeing | Skill Builders | Bright Futures



Culture and Heritage

Growing up in Britain you will benefit from learning about a wide range of cultural influences that have shaped your own heritage and that of others. This learning prepares you for adulthood in modern Britain. You have an ability to recognise, and value, the things we all share in common across cultural, religious, ethnic and socio-economic communities. The activities in this strand allow you to explore different aspects of culture and heritage which are of personal interest to you.

Future Citizens

These activities shape your understanding and attitudes towards the importance of community cohesion and how we can truly live together more harmoniously through activities. These will include further exploration of aspects of School Culture: Kindness, Respect and Staying Safe. You are encouraged to participate in volunteering, organising and participating in charity events, in school, at home and in the community.

Health and Wellbeing

The purpose of health and wellbeing education in Learning for Life sessions and the Personal Development Award activities is to help you and those around you, cope with the uncertainties in life. You have the opportunity to explore aspects of health and wellbeing that interest or impact you and your family. Activities cover themes such as mental and physical wellbeing, food, health, substance misuse, and relationships.

Skill Builders

You have the opportunity to develop key life attributes and skills which contribute to character development as well as being desirable by employers. You can discover your own strengths and aptitudes, and inspire and develop yourselves as individuals. Experiences gained through these activities can inform CVs, applications and interviews, particularly to demonstrate use of soft skills. Knowledge regarding **LORIC (Leadership, Organisation, Resilience, Initiative and Communication)** is imparted during Learning for Life sessions, with skill development explored and developed within the award.

Bright Futures

Preparing you for the next stage of your lives and giving you impartial information, advice and guidance, to shape your career path is important to us. Our provision allows us to prepare you for the world of work and adult responsibility and the Personal Development Award activities allow you to tailor your research and preparation to a personal level of depth and breadth.

Personal Development Award Programme - Our 3 Main Awards

THE PRIORY+ AWARD

Our Priory+ Award is rewarded with a styar badge, certificate for pupil's records of achievement and achievement points towards trips and visits.

The criteria for achieving your next star is as follows:

- Complete one activity from each of the five strands, in each term.
- One activity must be co-curricular club/activity/group.

The pathway of star awards from Year 7 is as follows:

Year 7 - Term 1 - 1 Bronze star	Year 9 - Term 1 - 1 Gold star
Year 7 - Term 2 - 2 Bronze stars	Year 9 - Term 2 - 2 Gold stars
Year 7 - Term 3 - 3 Bronze stars	Year 9 - Term 3 - 3 Gold stars
Year 8 - Term 1 - 1 Silver star	Year 10 - Term 1 - 1 Platinum star
Year 8 - Term 2 - 2 Silver stars	Year 10 - Term 2 - 2 Platinum stars
Year 8 - Term 3 - 3 Silver stars	Year 10 - Term 3 - 3 Platinum stars

Year 11 will trade to a single badge - our 'Personal Development Graduation Badge', once all three platinum stars have been achieved.

Additional rewards will be given to those of you who go above and beyond. These may be individuals who:

- joined the school later than their peers, but are working hard to catch-up.
 - didn't fully engage with the award previously but are now making progress in self-development.
 - are completing more activities than their peers to develop themselves further.
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THE PIXL EDGE AWARD

Whilst the Priory + Award will be rewarded with a star badge each term on completion, within the ‘Skills Builder’ strand, you can develop and demonstrate specific **LORIC** skills, (**Leadership, Organisation, Resilience, Initiative and Communication**), that will help you succeed specifically in your future employability. However, as you read on, you will see that many of the activities across the strands will demonstrate these skills too. So, on completion of any activities that focus on a particular **LORIC** skill, you will receive additional certificates towards our main ‘**PiXL Edge Award**’ at Apprentice level. Activities already linked to the PiXL Edge Award are shown in the tables to follow, but there are over 1000 other activities to engage in too. These must be selected from the regulated PiXL database to ensure rigour and consistency and you can record your own progress using a specially designed, secure online platform.

THE DUKE OF EDINBURGH AWARD

You will also have the opportunity to participate in and achieve the **Duke of Edinburgh’s Award** from Year 10. This is a nationally and internationally recognised award favoured by employers and universities alike. The programme will build your confidence, dedication and commitment and you can read more about this award towards the back of this booklet.

Personal Development Award Programme

The Culture and Heritage Strand

In school activities that count towards this strand:

Creative Cookery - Mrs Cowell

In Creative Cookery we celebrate national and international events in the food calendar e.g. Halloween, World Tapas Day, International Sushi Day. This helps to broaden your food knowledge and experience and introduce you to cuisines you may not have tried. Additionally, you can practice or learn new food preparation skills, and hone your organisational skills. Depending on the item(s) being made, you'll either work independently or in small groups to make the food. Attendance is free but places are limited to 12 on each event. You get to take home everything you make. Priority will be given to those pupils who have not attended the club before.

Culture and Heritage Study Group – Ms Smith

Having chosen a Culture and Heritage activity from the database, you will need time and resources to research and compile your research and understanding evidence. Use the computers in the centre of the Technology Building or elsewhere to enable you to do so. Ms Smith is on hand two days a week to assist you. As more of you become interested in this theme, a group will grow sharing common culture and heritage knowledge. You will also learn about different cultures in the Priory family.

Culture Hub / EAL Club - Mrs Scully and Mrs Bailey

Within Priory there are currently 49 pupils who speak English as an additional language! That's a lot of different culture and linguistic ability. At Priory we believe that this diversity and ability should be valued and celebrated. Culture Hub is a place where everyone benefits. Whether that be learning a little bit of Japanese, Arabic, Spanish, tasting the traditional cuisine, playing traditional games or maybe watching a film linked to that country. At Culture Hub you will also play a huge part in developing leadership skills, as pupils with additional languages will be given the opportunity to plan short sessions and teach their language.

History Club – Mr Eccles

The History Club will provide you with an opportunity to pursue topics that we are covering in class in greater detail, and allow us to explore areas that curriculum time doesn't let us. The aim is to allow you to be creative and have fun, so that it doesn't simply become 'another lesson'. Our long-term ambition is to invite in guest speakers and undertake visits.

The Culture and Heritage Strand

Other activities that count towards this strand:

Outcome – As evidence that you have completed and learnt from the task, you should create an A5 booklet or series of A5 sheets detailing your activity. You should include information about what you have learnt and how it relates to one of the five strands. Your outcome should include interesting fonts and imagery.

Activity	Description	PiXL Award Link LORIC	Time required
Museum or art gallery visit	Visit a free museum or art gallery, explore the exhibits, read the information provided, record images in photographs or drawings. Detail why it is of cultural significance.	C	NA
Local market visit	Visit a local market and explore the different stalls, take notes on the types of items sold. Take photographs	C	NA
Local historic site visit	Visit a local historic site explore the exhibits, read the information provided, record images in photographs or drawings. Detail why it is of cultural significance.	C	NA
Trip to another UK city	Visit another UK city, research it, take notes about it and take photographs of it. Detail why it is of cultural significance.	C	NA
Trip to a religious site	Visit a religious site, research it, take notes about it and take photographs of it. Detail why it is of cultural significance.	C	NA
Outdoors activity	Participate in a forest, country, or beach walk/activity. Write about it and any possible links to why it is an important place in the locality or country. Take photographs	C	NA
Library	Visit a library. Research libraries in general and the one you visited. Take photographs.	C	NA
Food	Eat a meal which is typical of your own culture or another. Research its links to that culture and any other interesting information about it. Photograph it.	C	NA
Food	Participate in a formal meal demonstrating manners and etiquette.	C	NA
Language	Experience activities in another language	C	NA
Other culture	Explore a different culture to your own	R C	Over half a term
British culture	Explore the different aspects of British culture	R C	Over half a term
Family tree – What is my heritage?	Create a family tree to show your own heritage. How many generations can you go back? Select 3 people from your family tree and find out as much information you can about them. Where did they go to school? What was their occupation? What did they like to do? Outcome – Your family tree in any format	O R C	Over half a term

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Future Citizens

In school activities that count towards this strand:

Christmas Carols in Rest Homes - Mr Taylor

Bring some pleasure to our local community by singing carols in rest homes at this time of spreading good will and cheer. Join Mr Taylor for rehearsals and then perform out and about. You will make new friendships and work as a team representing the school. This activity develops skills in organisation, resilience and communication.

Equality and Diversity Club –

The Equality and Diversity Club at Priory offers a safe place to discuss and educate one another on the struggles faced by members of minority groups. We tackle LGBTQ+, race, cultural, religious and disability issues, amongst many others. Members of the group often produce presentations to show and educate others on specific topics. The E&D club is also a place where we come up with strategies about how we can improve visibility for members of these minority groups across the school and implement them together. At E&D club, we are passionate about educating others creating a more diverse, kind and accepting atmosphere across the school.

Geography Eco Club – Mrs Kursitis

You will learn to be responsible citizens for the future and support the school in its evolution to becoming a greener, more sustainable environment. You will educate other pupils about events such as Earth Day, Earth Hour and World Ocean Day – having the opportunity to deliver assemblies and workshops to encourage all members of the school community to think and act in a more sustainable manner. The activities will develop your employability soft skills of leadership, organisation, initiative and communication.

Public Speaking Club – English Department

You will meet weekly (and in the run up to heats for the competitions, three times weekly) to learn the art of public speaking, speech writing, turn taking and the pressures of performing in front of a crowd. This feeds into the annual rotary club competition which can escalate to national finals for successful teams. You are free to speak passionately and convincingly about topics of your choice. You will learn skills in confidence, organisation, working on a deadline, articulation, eye contact and general people skills including etiquette at formal events during the heats.

Future Citizens

Other activities that count towards this strand:

Outcome – As evidence that you have completed and learnt from the task, you should create an A5 booklet or series of A5 sheets detailing your activity. You should include information about what you have learnt and how it relates to one of the five strands. Your outcome should include interesting fonts and imagery (unless an alternative outcome has been suggested).

Activity	Description	PiXL Award Link LORIC	Time required
Charity	Raise money for a charity of your choice. Organise, promote, and run an event. We are continually looking for the next winner of The Pegasus Award trophy.	L O I C	NA
Why do people volunteer?	You should visit the charity shops on Liverpool Road by school and conduct interviews with the people who work there to ask why they volunteer. Are their reasons based in faith/ giving back to community/ the charity itself?	I C	NA
Kindness	Be a peer support. Become a Peer Mentor in Year 10 or support someone in school, regardless of your year group.	R I C	Over half a term
Participation	Take part in pupil feedback questionnaires for subjects, Learning for Life Days, and Pupil Voice. Have your say and voice an opinion to provide positive feedback and assist in creating change	C	NA
Respect, manners, etiquette	Participate in an inter-generational activity. It could be playing a game, creating a meal, going on a trip somewhere. How does this differ from 'hanging out' with your friends? What did you have to think about when you conducted yourself around people of an older or younger generation?	C	NA
Volunteering	Join a local community group and volunteer with them	R C	Over half a term
Democracy	Why is voting in local and national elections important?	C	NA
Human rights	Research human rights, write about them and state which you think are the most important and why.	C	NA
The economy	We are in a period of time where the economy is in difficulty. Research why this is, its impact and what people are trying to do about it – Government, companies, councils, individuals it impacts	C	NA
How was parliament created?	Beginning in 1215 until present day create a timeline to show how parliament was created in Britain. Try to select key points in history to show how our parliament has been shaped into what it is today. Outcome - Create timeline to show the key point from 1215 to present day that have shaped the British Parliament.	C	NA
Civil and criminal law in the UK	What is the different between Civil and Criminal Law? You must create a list of actions that would be dealt with in the civil and criminal courts in the UK. Why do we have these legal systems? Can you explain some of the legal boundaries in the UK?	C	NA
Viewpoints vs the law	How can people opinions and beliefs come into conflict with the law? When have people needed to stand up to a legal system in order to have their right? Find examples of when people's opinions have come into conflict with the law (e.g. think USA - Roe vs Wade). What happened in the case? What are the different opinions and what is yours?	C	NA

Personal Development Award Programme

Health & Wellbeing

Other activities that count towards this strand:

Extra-Curricular Sports Clubs

At Priory we offer a wide range of extra-curricular activities at both lunchtimes and after school. This is to allow as many of you as possible to access a sport outside of lessons.

Sports can help you reduce stress as regular exercise helps to reduce the negative effects of stress with the release of endorphins ('feel good' hormones) and helps you relax. It can help improve your mood and confidence in yourself. The clubs and teams we offer at Priory are a fun way to get some regular exercise into your lifestyle.

Playing team sports like basketball, netball and football can help build your communication skills and in order to win, you will have to work well with other members of your team. Playing sports regularly can help you become a better team player and build better social relationships with others. It can also help you develop faster decision-making skills as you often have to make split-second decisions with very little time on hand. This can then be transferred to different situations outside of sports. Whilst some clubs have a competitive team, others are run as social, participation sessions.

The clubs are primarily run by staff in the PE Department, but some clubs are run by specialist members of staff in school or suitably qualified external coaches.

Basketball for all –	Mr Bullock
Netball –	Mrs Bullock
Boys football –	Mr Bullock
Badminton and table tennis –	Mr Bullock
Girl's football –	Mrs Bullock
Rugby –	Mr Bullock
Dance –	Miss Beesley

Mindful Colouring – Ms Smith

Come and select a mindful colouring sheet and spend as long as you want in a week completing it. Colouring can be seen as a form of meditation. When you meditate, your brain enters a relaxed state by focusing on the present and blocking out the constant thinking we all experience. As a result, you reach a state of calm that relieves your brain from the daily stresses of life. Other benefits include that the brain experiences relief by entering a meditative state, stress and anxiety levels can be lowered, stepping away from technology promotes creation over consumption, and colouring can be done by everyone.

Origami Workshops – Ms Smith

Origami is the Japanese art of paper folding. Created pieces are often made from a single sheet of paper that has been folded without any cutting involved. Sessions are self-directed and you will be able to choose from a selection of printed worksheets or directed to websites which can be accessed on mobile devices. Origami is used as part of Art Therapy, as it helps build attention and focus, it builds frustration tolerance, it builds self-esteem and encourages relaxation.



Heath & Wellbeing

Other activities that count towards this strand:

Outcome – As evidence that you have completed and learnt from the task, you should create an A5 booklet or series of A5 sheets detailing your activity. You should include information about what you have learnt and how it relates to one of the five strands. Your outcome should include interesting fonts and imagery (unless an alternative outcome has been suggested).

Activity	Description	PiXL Award Link LORIC	Time required
Mindfulness	Research Mindfulness, try some strategies and regularly use the ones which work for you.	O R C	Over half a term
Exercise programme	Create and exercise programme to make yourself happier with endorphins. Become healthier and stronger. Resource – Queensland Wellbeing Activities Booklet. https://www.healthier.qld.gov.au/fitness/exercises/	O R C	Over half a term
Gratitude	Keep a Gratitude Journal to remind you of all the good things in life. Resource – Queensland Wellbeing Activities Booklet. Outcome – The Journal (flick through pages to evidence, no one needs to read it)	O R C	Over half a term
Yoga	Try yoga and plan a routine to use in the forthcoming weeks. It is great to destress and to increase flexibility. Resource – Queensland Wellbeing Activities Booklet https://www.healthier.qld.gov.au/fitness/exercises/	O R C	Over half a term
Self-care	Participate in an inter-generational activity. It could be playing a game, creating a meal, going on a trip somewhere. How does this differ from 'hanging out' with your friends? What did you have to think about when you conducted yourself around people of an older or younger generation?	C	NA
Music	Make a play list of songs that make you feel happy and positive. Listen to it in a morning to set the tone and whenever you need a 'lift'.	O R C	Over half a term
Self-care routine	Research self-care and create a daily routine with weekly features. Try these strategies and continue to use them regularly	O R C	Over half a term
Perspective on life	Research what this is. What is your current perspective on life? How would you like to change it for the better? How are you going to change it for the better? Outcome – Could also be a project book or file	O R C	NA
Kindness	Lead or become a Kindness Champion as part of a group at school. Message Mrs Hopes. Carry out regular acts of kindness. This will make you feel good because you have made others happy.	L O R I C	Over half a term
Life improvement	Research 'Level 10 Life Wheel'. Create your own. What areas do you need to improve? What can you do to improve them?	O R C	NA
Be inspired	Watch an inspiring TED talk. https://www.ted.com/recommends?exploreCTA&Source=talks-directory.banner	C	NA
Make smiles	Plan ways to make other people smile and start making resources	O R C	Over half a term
Improve mental health	Make a plan to improve your mental health using the 10 steps and start to include them in your life https://www.charlottelowepsychologicalservices.co.uk/files/charlotte-lowes-10-steps-to-positive-mental-health.pdf	O R C	Over half a term
Self-esteem	Improve your self-esteem by working through this booklet and applying it to your life https://www.nhs.uk/media/243781/self-esteem-03-15.pdf	O R C	Over half a term

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Skill Builders

In school activities that count towards this strand:

Bookworm/Librarian Club – Mrs Elliott

You will meet daily in the library (one day admin/stock take closure a week) and do library related tasks; discuss books; check and return stock, tidy shelves and brainstorm about events and initiatives within the library. You will learn skills in initiative, working under stress, working with others, creativity, organisation and assertiveness.

Choir/Vocal Ensemble - Mr Taylor

Come and join our new choir/vocal ensemble and make new friends who also like to sing. You will make new friendships and work as a team to sing in harmony with Mr Taylor's guidance. This activity develops vocal skills in addition to developing teamwork and resilience. See your self-confidence grow with other people, starting in a rehearsal room to performing to bigger groups on stage and in the community.

Chess Club – Mrs Swire

Come and play chess with other pupils who are starting to learn or are experienced. The benefits of learning to play chess are that it; develops perspective, improves memory, deepens focus ,elevates creativity, boosts planning skills, increases self-awareness, protects against dementia and helps ADHD.

Christmas Full School Assembly Rehearsals - Mr Taylor

Participate in this musical event and perform in front of the whole school body of staff and pupils. You will take it in turns with other pupils to entertain either as a soloist, duo or group. The rehearsals and final performances again develop self-confidence, self-esteem and resilience as well as performance skills for the future.

Debate Club –

In Debate Club, you will take on a different debate each week and are able to voice your opinions in a safe and positive atmosphere. We have had topics this year such as 'Is Shakespeare still relevant to teach in schools?', 'Should we bring back the death penalty?' and 'Should we have one universal language?'. Debate Club will help you to develop your communication and oracy skills and also inspire confidence.

Computing Club – Mrs Qadri

Computing club is a great way to gain knowledge about computer systems and expose yourself to the latest advancements in computer technology. It gives you an opportunity for sharing and extending ideas, views and knowledge in the field of computers and fast changing technology. It is also another way to introduce you to careers in the computer industry. You will learn a variety of skills such as coding, animation, photo editing, creating websites, movie editing, online safety and lots more. We will be using Scratch, Python, BBC Microbit, Serif DrawPlus, Serif PhotoPlus, Pixlr, Movie Editing, Sphero, Big Trak and Make Block robots

Engineering – Mrs Lawe

You will have a chance to extend your Engineering knowledge through practical projects, supplementing what you learn during lessons. It will also give you the opportunity to complete classwork and coursework with further teacher help.

New Pupil and Parents' Evening Pre-Principal's Speech Singing - Mr Taylor

Participate in this musical event and perform in front of the new members of our Priory family – Parents of and pupils of Year 6. You will take it in turns with other pupils to entertain either as a soloist, duo or group. The rehearsals and final performances again develop self-confidence, self-esteem, resilience as well as performance skills for the future.

Open Art Sessions – Ms Smith

The classroom is open to you with all the resources to create whatever you want or need to. You can come and complete classwork, homework or GCSE coursework, or decide to create a piece of your own choice. These sessions allow you to complete curriculum work when you fall behind or need more time on a piece, which is destressing and creates mental calm. Making art develops your motor skills and therefore improves artistic outcomes. In general, Art is great for stress relief, boosting self- confidence, improves quality of life for those with illness and enhances brain productivity.

Open Evening Music Performance Rehearsals - Mr Taylor

Show Mr Taylor your musical talent and you may be chosen to participate in Open Evening. You will take it in turns with other pupils to entertain our potential Priory families who come to visit. The rehearsals and final performances develop self-confidence, self-esteem, resilience as well as performance skills for the future.



School Production Rehearsals – Mr Taylor and Miss Howell

Participating in the school production rehearsals are a great way to develop your own self-confidence through roles such as singing, dancing, acting, sound/light production, set design, make up, stagehands. You will mix with all other year groups, make new friends, some of which will last for the rest of your time at Priory, alongside taking ownership of your own roles and responsibilities for the event.

Science Club – Mrs Roberts

Science Club is an opportunity to extend your knowledge and understanding of science beyond the school curriculum. It is a chance to complete practical work that you might not normally do, and engage in learning concepts that you might not otherwise be exposed to. There will also be the opportunity to complete the nationally recognised Crest award, allowing you to think and behave like scientists and engineers.

Sparx Maths Club – Mr Kenrick

You can pop into IT2 to complete Sparx Maths homework, to get help from a maths teacher, or to gain XP points for doing extra homework tasks. The work you do can be tailored to your needs to help you with work you are completing in class. The activities are challenging, yet achievable, ensuring you think while becoming more proficient. Sparx is engaging and can help you grow in confidence.

Summer Arts Evening – Mr Taylor and Miss Howell

Audition with your favourite song, dance, instrument, or participate in a performance piece or assist with sound/light production. Rehearsals for this event will again encourage you to mix with all other year groups, make new friends, some of which will last for the rest of your time at Priory, alongside taking ownership of your own roles and responsibilities for the event.

Technology Club – Mrs Lawe

At Technology Club you can spend extra time adding to your practical work from class and work on personal projects with the help of technology teachers.

Skill Builders

In school activities that count towards this strand:

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Activity	Description	PiXL Award Link LORIC	Time required
Pupil panel	Be on a panel talking to external bodies / visitors. Use your listening and speaking skills. Pay attention to body language	C	NA
Display	Have a piece of work on display to share good practice of a skill	C	NA
Leader	To lead in some way – Lead Learner, Lead a Sub-Culture Day, Peer Mentor role, KS4 Student Leader role	L C	Over half a term
Music	Try a new musical instrument and have a music lesson with a peripatetic teacher	R C	Over half a term
Visitor escort	Escorting a school visitor - training to understand how to speak to them	C	NA
Languages	GET YOUR TIK TOK ON! The French department want to know who can recreate the Kellogg's advert to the song 'Ca plane pour moi'. Refer to details in your year Team 'Files' in the document 'MFL GET YOUR TIK TOK ON'.	O C	NA
Languages	Learn a new and unusual language - https://www.duolingo.com/	R C	Over half a term
Languages	Learn sign language	R C	Over half a term
Food	Plan and make some form of baked products to share with your family. https://www.bbcgoodfood.com/recipes/collection/kids-baking-recipes	O C	NA
Online free course	Start a free online learning course with - Future Learn https://www.futurelearn.com/ MOOCS - https://www.mooc.org/ Vision2learn - https://www.vision2learn.net/courses Alison - https://alison.com/courses/lifestyle Coursera - https://www.coursera.org/ Google - https://learndigital.withgoogle.com/digitalgarage/courses	O I R C	Over half a term or the course length
Life skills	Develop life skills - https://barclayslifeskills.com/i-want-to-build-my-confidence-and-be-more-assertive/school/	R C	Over half a term
Dance	Create a dance routine to your favourite song or create a TikTok routine	O C	NA
Photography	Create an electronic portfolio of photographic images related to your favourite theme. You can include filtered imagery.	O C	NA

Personal Development Award Programme

Bright Futures

In school activities that count towards this strand:

Bright Futures Study Group – Ms Smith

Having chosen a Bright Futures activity from the database, you will need time and resources to research and compile your research and understanding evidence. Use the computers in the centre of the Technology Building or elsewhere to enable you to do so. Ms Smith is on hand two days a week to assist you. As more of you become interested in this theme, a group will grow sharing knowledge and good practice around CV creation, application form completion and interview techniques.

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Bright Futures

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Activity	Description	PiXL Award Link LORIC	Time required
PiXL Edge	Achieve a PiXL Edge Award mini certificate using the database of over 2000 activities. Outcome - Certificate	L O R I C	NA
Badge	To earn a badge in school or externally. Outcome - Badge	L O R I C	NA
Volunteer	Volunteer regularly in school to help a teacher	L O R I C	Over half a term
Game Plan	Complete a course at https://yourgameplan.co.uk/courses/ Outcome - Certificate	O R I C	Course length
D of E	Participate in the Duke of Edinburgh Award Scheme	L O R I C	Course length
Careers Research	Research careers that are suited to you and write about your findings - www.ucas.com/careers/buzz-quiz , www.prospects.ac.uk/planner , https://beta.nationalcareers.service.gov.uk/	O C	NA
Covering letters	Find an advertised job you might enjoy in the future. Create a covering letter for it using the resources in the Teams files for Personal Development Award	O C	NA
CVs	Find an advertised job you might enjoy in the future. Create a CV for it using the resources in the Teams files for Personal Development Award	O C	NA
Application forms	Find an advertised job you might enjoy in the future. Download the application form and practice filling it in. Advice is in the Teams files for Personal Development Award	O C	NA
Job interviews	Research about job interviews. Take notes on aspects you think are interesting or useful now or in the future.	C	NA
Experience	Attend a work experience placement for a day to a week.	L O R I C	NA
Workplace	Visit to a workplace and ask an employee about what it is like to work there.	R I C	NA
Job interview	Participate in a mock or real interview in school with an employer or college	R C	NA
Employer talk	Experience focused talks from employers about what they look for in recruits	C	NA
Careers Fayre	Attend a careers fayre in school or externally	I C	NA
HE FE visit	Participate in a college and/or university visit	C	NA
Local Employment Needs	There is a need in Lancashire for people to work in the following. Research ones of interest - Wholesale and Retail Trade 12,300 people per annum. Health and Social Work 8,900. Accommodation and Food Services 7,800. Administrative and Support Services 7,200. Manufacturing 5,300. Education 5,000. Professional, Scientific and Technical Services 4,100. Construction 3,900. Arts, Entertainment and Recreation 3,300. Information and Communication 2,900.	C	NA

Personal Development Award Programme

THE DUKE OF EDINBURGH AWARD

The Duke of Edinburgh Award is an achievement award recognised all over the world. There are three levels of the award that you can do: Bronze, Silver and Gold.

BRONZE	For those aged 14+ years
SILVER	For those aged 15+ years
GOLD	For those aged 16+ years

The main differences between them are the length of time they take to complete, the minimum age you can start and how challenging they are. At Penwortham Priory Academy we currently offer the Bronze award.

To achieve your award, you will complete a personal programme of activities in four different areas. These are volunteering, physical, skills and expedition.

Our DofE programme is on offer to pupils in Years 10 and 11.

Activities for each DofE section take a minimum of one hour a week over a set period of time, so they can be fitted in around academic study, hobbies and social lives. Development and regular progress must be shown, and all activities must be completed by the participant's 25th birthday.

BRONZE TIMESCALES:

- Volunteering section: 3 months
- Physical section: 3 months
- Skills section: 3 months
- Expedition section: 2 days/1 night
- You also have to do 3 more months in one of the Volunteering, Physical or Skills sections.

For more information you can speak to our DofE leader Mrs Cauchi or visit the DofE website: www.dofe.org



Personal Development Award Programme Schedule

Theme	Activity	When?	Where	Who	Term
Heritage and Culture	Creative Cookery	Various days after school (TBC)	T5	Varies	All terms
Heritage and Culture	Heritage and Culture	Lunchtimes Thursday and Friday	Tech Centre	All years	All terms
Heritage and Culture	History Club	Wednesday lunchtimes	HU1	All years	All terms
Heritage and Culture	Culture Hub / EAL Club	Wednesday lunchtimes	MFL1	All years	All terms
Future Citizens	Christmas Carols in Rest Homes	As required	MU1	All years	December
Future Citizens	Equality and Diversity	Monday lunchtimes	EN1	All years	All terms
Future Citizens	Geography Eco Club	Wednesday lunchtimes	The Gallery / HU7	All years	All terms
Future Citizens	Public Speaking Club	Friday lunchtimes	EN3	Yr 9 & 10	Autumn Term
Health and Wellbeing	Badminton and table tennis	After school Tuesday	Sports Hall	All years	All terms
Health and Wellbeing	Basketball for all	Lunchtimes everyday	Sports Hall	All years	All terms
Health and Wellbeing	Boys football	After school Monday	3G	All years	All terms
Health and Wellbeing	Dance	After school Thursday	Assembly Hall	All years	All terms
Health and Wellbeing	Girls football	After school Tuesday	3G	All years	All terms
Health and Wellbeing	Mindful colouring	Lunchtimes except Tuesdays	Art1	All years	All terms
Health and Wellbeing	Netball	After school Monday	MUGA	All years	All terms
Health and Wellbeing	Origami workshops	Lunchtimes except Tuesdays	Art1	All years	All terms
Health and Wellbeing	Rugby	After school Thursday	Field	All years	All terms
Skills Builder	Chess Club	Friday lunchtimes	LEAP	All years	All terms
Skills Builder	Choir/Vocal Ensemble	TBC	MU1	All years	Spring and Summer
Skills Builder	Christmas Full School Assembly rehearsals	As required	MU1	All years	December
Skills Builder	Computing Club	Monday lunchtimes	HEX 1	All years	All terms
Skills Builder	Debate Club	Thursday lunchtimes	HU6	All years	All terms
Skills Builder	Engineering	After school Tuesday	T3	Yr 10 & 11	All terms
Skills Builder	Librarians/Book Worm Club	Lunchtimes	Library	All years	All terms
Skills Builder	New Pupil and Parents' Evening singing	As required	Assembly Hall	All years	June
Skills Builder	Open Art Studio	Lunchtimes except Tuesdays	Art1	All years	All terms
Skills Builder	Open Evening music performance rehearsals	As required	Auditorio	All years	September
Skills Builder	School Production rehearsals	Monday, Tuesday, Thursday after school	Auditorio	All years	Autumn Term
Skills Builder	Science Club	Wednesday lunchtimes	SC2	All years	All terms
Skills Builder	Sparx Maths Club	Monday, Thursday and Fridays after school	IT2	All years	All terms
Skills Builder	Summer Arts Evening	As required	Auditorio	All years	May to July
Skills Builder	Technology	Thursday lunchtimes	T3	All years	All terms
Bright Futures	Bright Futures	Lunchtimes Monday and Wednesday	Tech Centre	All years	All terms