

Welcome Year 11 and Year 10 and Happy New Year to you all!

Hope you have all had a lovely Christmas break?

I will continue to provide careers advice and guidance during the days I am designated as the Independent Careers Adviser for the school. I have listed below the days from January until this spring term, where I will be available and working from 8.00am to 1.40pm, so please get in touch.



January	<ul style="list-style-type: none"> • Thursday 5th January 2023 • Thursday 12th January 2023 • Thursday 19th January 2023 • Thursday 26th January 2023
February	<ul style="list-style-type: none"> • Thursday 2nd February 2023 • Thursday 9th February 2023 • Thursday 23rd February 2023
March	<ul style="list-style-type: none"> • Thursday 2nd March 2023 • Thursday 9th March 2023 • Thursday 16th March 2023 • Thursday 23rd March 2023 • Thursday 30th March 2023

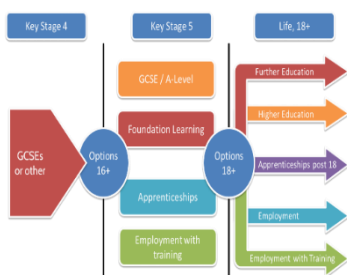
s.khan@priory.lancs.sch.uk



This terms careers bulletin is jammed packed with lots of useful information about careers, progression routes and much more...enjoy the read!

Useful Information for Year 11

A good place to start planning your post-16 options is to think of these three questions.



- Where am I now? (What qualifications, skills, and interests do I have?)
- Where do I want to get to? (What would I like to be doing in 5 years' time – job, living away from home, etc.?)
- How will I get there? (What course, training or future job is likely to get me where I want to go?)
- Of course, at 16, you may not necessarily know the answers to all these questions, but now is the time to start exploring information about careers, jobs and courses.

Options at 16 explained

Raising Participation Age (RPA) The law has changed and now says that you must continue in some form of education or training until you are 18. This is for you to have the best possible chance in gaining further knowledge, skills and qualifications that you need to get a job in the future.

There are a number of ways in which you can continue with your education. There are now 4 options available to you when you leave school:

- A Level Study
- Vocational Course (BTec)
- T Levels

- Apprenticeship or Traineeship

GCSEs which can lead to:			
A Levels	T Levels	Vocational	Apprenticeship
3-4 subjects Theory-based Mostly exams	1 subject Mix of exam, coursework and work placement 20% work-based	1 subject More practical work Mostly coursework	1 subject Paid work 80% work, 20% training Coursework & practical work
Sixth Form or College	College	College	Employer with College or Training Provider
Which could all lead to:			
University Degree	Apprenticeship Higher or Degree		Employment

Here are some things that you can do to make sure you are prepared for your next move:

[1] Apprenticeships



If you are considering in applying for an apprenticeship, carry out your searches on:
<https://www.findapprenticeship.service.gov.uk/apprenticeshipsearch>

Please ensure if you are applying for an apprenticeship, please ensure you have registered on the following website:

<https://www.findapprenticeship.service.gov.uk/signin>





[2] Colleges/Sixth Form





Some of you may be worrying about your college applications, please do not as I have been in touch with the local colleges and have been informed that some are continuing to accept course applications as normal.

If you have not made a college application and would still like to do so, please complete the application online as soon as possible.

I have listed below college contact details should you need to get in touch:

Cardinal Newman College 	Email Contact: admissions@cardinalnewman.ac.uk Online Application Link: https://www.cardinalnewman.ac.uk/apply/	01772 460181 www.cardinalnewman.ac.uk
Runshaw College 	Email Contact: www.admissions@runshaw.ac.uk Online Application Link: www.runshaw.ac.uk/study-at-runshaw/apply/	01772 622677 www.runshaw.ac.uk
Preston College 	Email Contact: guidance@preston.ac.uk Online Application Link: https://www.preston.ac.uk/online-application/	01772 225522 www.preston.ac.uk
Myerscough College 	Email Contact: https://admissiononline.myerscough.ac.uk Online Application Link: www.myerscough.ac.uk/news/applications-for-2023-entry/	01995 642222 www.myerscough.ac.uk

	<p>Email Contact: admissions@qegsblackburn.com Online Application Link: https://www.qegsblackburn.com/admissions/</p>	<p>01254 686300 www.qegsblackburn.com</p>
	<p>Email Contact: https://www.huttongrammar.org/sixth-form/admissions-2/ Online Application Link: www.huttongrammar.org/sixth-form/admissions-2/</p>	<p>01772 613112 www.huttongrammar.org</p>

[3] Careers – Unsure what you want to do? Why not try some of these Careers Software to help you decide the career interests you may have:

National Careers Service



Skills assessment

Find out about careers that might be right for you by taking one of our assessments

Discover your skills and careers

Take a 5 to 10-minute assessment to find out what job categories, and which particular job roles, might suit you. You do not need to sign in or create an account to save your assessment. You can also complete it later and look at your results again at any time.

<https://nationalcareers.service.gov.uk/skills-assessment>

Ucas



Find out what you like and what you could do.
Discover your strengths and what makes you tick.

Try the Ucas buzz quiz:

<https://www.ucas.com/careers/buzz-quiz>



Prospects:



Try prospects Career Planner – It can match your skills, motivations and desires to a career that is perfect for you. Register now and take the quiz:

<https://www.prospects.ac.uk/planner>

[4] Devise a CV

Now is the ideal time to create or update your CV making sure it stands out for the right reasons? As outline on the Prospects website (2020), "**First impressions count, especially when applying for jobs**". Below is useful information on what to include in your CV:

- **Contact details** - Include your full name, home address, mobile number and email address. Unless you're applying for an acting or modelling job you don't need to include your date of birth or a photograph.
- **Profile** - A CV profile is a concise statement that highlights your key attributes and helps you stand out from the crowd. Usually placed at the beginning of the CV it picks out a few relevant achievements and skills, while expressing your career aims. A good CV profile focuses on the sector you're applying to, as your cover letter will be job-specific. Keep CV personal statements short and snappy - 100 words is the perfect length. Discover how to write a personal statement for your CV.
- **Education** - List and date all previous education, including professional qualifications. Place the most recent first. Include specific modules only where relevant.
- **Work experience** - List your experience in reverse date order, making sure that anything you mention is relevant to the job you're applying for. If you have plenty of relevant work experience, this section should come before education.

- **Skills and achievements** - This is where you talk about the foreign languages you speak and the IT packages you can competently use. The key skills that you list should be relevant to the job. Do not exaggerate your abilities, as you'll need to back up your claims at interview. If you have got lots of job-specific skills you should do a skills-based CV.
- **Interests** - 'Socialising', 'going to the cinema' and 'reading' are not going to catch a recruiter's attention. However, relevant interests can provide a more complete picture of who you are, as well as giving you something to talk about at interview. Examples include writing your own blog if you want to be a journalist, or being part of a drama group if you're looking to get into sales.
- **References** - You do not need to provide the names of referees at this stage. You also do not need to say 'references available upon request' as most employers would assume this to be the case.

Source: <https://www.prospects.ac.uk/careers-advice/cvs-and-cover-letters/how-to-write-a-cv>

[5] Labour Market Information

Why don't you search for careers both locally and nationally. LMI effectively describes The World of Work – ranging from descriptions of different careers, their entry routes, salaries paid, skills and qualifications needed at national, regional, and local levels. <http://www.lmiforall.org.uk/>

Identifying where the jobs are now and where they could be in the future is called Labour Market Information. Researching this will help you choose your options and future career pathways.

www.nomisweb.co.uk

www.parentalguidance.org.uk/labour-market-information

Labour Market Information – What is it?



General Career Information:



STEM

The Government is encouraging more young people to study STEM (Science, Technology, Engineering and Maths) related subjects because they will give you the skills you will need for a wide range of career choices in the future.

Have a look at these useful websites:

www.stemettes.org

www.tomorrowsengineers.org.uk

www.smallpeicetrust.org.uk

www.thisisengineering.org.uk

www.sciencecareerpathways.com

Virtual Work Experience



What is virtual work experience?

Virtual work experience, also referred to as online, remote or digital, provides young people with the opportunity to gain experience in the workplace, develop their skills, boost their employability, explore new industries, and job roles. It is a broad term and can include any opportunity which provides young people with an insight into what it's like to work in an industry or job role while at home. Most virtual work experiences range from half a day to one week, but some may last longer depending on the nature of the work experience and the age of your child.

Not all virtual work experience is the same. Some are open to everyone and provide a platform for students to discover more about the job, view pre-recorded videos on what it is like to work with the organisation, go on virtual tours and possibly take part in some live Q&A sessions. Others may require your child to go through an application process and offer regular online meetings with a supervisor, individual project work, networking sessions, training opportunities and video tutorials.

I would encourage Year 11 and Year 10 students to take advantage of some of the amazing virtual work-related opportunities available. Companies are keen to open the eyes of young people to the fast moving and fascinating world of work that awaits them and have invested considerable resources in putting together well thought out and bespoke programmes.

Many opportunities are one day only providing students with a snapshot of careers and professions they might never have considered and can be hosted by national or global companies, normally inaccessible to young people. Most companies issue certificates of completion which students can add to their CV's and all will give students invaluable experience and help develop work relate

Which organisations offer virtual work experience?

As social distancing seems set to remain for the near future, more and more firms are beginning to provide virtual work experience opportunities to students and young people. Placements are available across several sectors including accountancy, law, marketing and the veterinary sciences. While this is by no means an exhaustive list, here are some companies and businesses currently offering virtual work experience. *Click on the text to be taken directly to their website.*

Barclays LifeSkills

An excellent website to help young people develop the skills they need for a better future.

[Virtual Work Experience tool | Barclays LifeSkills](#)

Cyber Discovery

A chance to learn from industry experts and take part in over 200 free cyber security challenges. Registration is currently closed, but there is an opportunity to register interest for the next intake. [Cyber Discovery: HM Government's Cyber Schools Programme \(joincyberdiscovery.com\)](#)

Future Learn - exploring the Veterinary profession

A two week, six hour, course that enables students to learn more about what it takes to become a vet and whether it's the right career choice for them.

[Introduction to Studying Veterinary Medicine - Course - FutureLearn](#)

Halliday Fraser Munro

An online work experience programme for those interested in architecture and design.

[Halliday Fraser Munro - Work Experience Zone \(hfm.co.uk\)](#)

InvestIn (paid)

Aimed at students between 14 and 18 years old, InvestIn offers an impressive array of virtual work placements involving real life work and contact with professionals. This is a paid service, and placements range from one day to one week.

Leonardo – engineering placements

A range of programmes that provide an invaluable insight into the varied career options that can be explored from studying STEM-related subjects.

[Work Experience - Leonardo in the UK \(leonardocompany.com\)](#)

Speakers4Schools

Recently launched, Speakers4schools aims to provide a level playing field by connecting young people to high quality virtual work placements. Register to stay up to date with their latest developments.

[Virtual Work Experience | VWEX | Speakers for Schools](#)



Springpod

An excellent list of free virtual work experience placement ranging from teaching to marketing.

[Virtual Work Experience Search \(springpod.com\)](#)

The Lawyer Portal

A list of law firms offering virtual work experience.

[Virtual Work Experience for Law Students | The Lawyer Portal](#)

Youth Opportunities

An online platform providing a range of virtual work experiences including workshops, fellowships and internships. External companies are free to post opportunities, so we strongly recommend you encourage you research all options thoroughly before applying.

[Explore Work Experience - Youth Employment UK](#)

Work Experience Opportunities:



Lancashire Teaching Hospitals Trust is one of the largest employers in Lancashire.

NHS believe in growing healthcare workers for future generations, and so offer work experience placements to school pupils and to people who are considering a career in the NHS. Work experience is a great way for pupils to see and understand hospital care in action, and help them make decisions about their future working lives. NHS staff also benefit from providing work experience placements as this enhances teaching and training skills, and is a good opportunity to seek the views of young people or those who are new to the NHS. Demand for placements greatly exceeds capacity, especially during the summer holidays, so applications will be considered on a first come, first served basis. Placements will only be allocated to people who live in the Chorley or Preston areas. Six weeks' notice is required for all applications. School pupils are only able to access work placements in non-clinical areas, but observational work placements may be available to adults in clinical services. Due to the nature of the service provided, and vulnerability of the patients, some departments are not able to offer work experience placements including Child Health, Clinical Psychology, Emergency Department, Physiotherapy, and Speech and Language Therapy.

If you wish to apply for a work placement, please contact the work experience team by email

workexperience@lthtr.nhs.uk

BAE SYSTEMS

Work experience is a great way to consider your career choices and give you a better view of opportunities available. You will get a taster of the possibilities on offer and a chance to develop the experience, skills and behaviours employers are looking for.

Work experience at BAE are available at the majority of sites and cover lots of different types of jobs including office administration as well as engineering.

<https://www.baesystems.com/en/careers/careers-in-the-uk/getting-ready-for-work/help-with-getting-experience>

Upcoming Events:



The 9th Japan Day @UCLan セントラル・ランカシャー大学 第九回 日本文化祭

The Japan Day @UCLan, Preston, Lancashire, is back for the 9th time on Friday 3rd February 2023.



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It keeps on evolving and growing year by year. The day is going to be opened by the VIP from the Japanese Embassy and with the Taiko Drumming performance. This time, in addition to the Taiko Drumming performances & workshops, Japanese food, Sa-do: Tea ceremony, Sho-do: Calligraphy, Japan Information stall, Runway, student displays and performances, we are hosting Origami workshops & stalls with our first Origami airplane competition. We are also excited to announce that some parts of the event, including one Taiko drumming workshop, are going to be BSL interpreted.

To get the feel of what the day may be like, please see past Japan Day news on BBC:
<https://www.facebook.com/ThatsTVLancashire/videos/2547909155537437>
Its *provisional* programme is found below this page.

To take part any part of this all-day & open to public event, please book a place first. Then if you would like to attend specific workshops such as Taiko Drumming, Japanese Language Sessions or to pre-book authentic Japanese food at specially negotiated prices, please follow the further links below. If you would like to be on the Runway, please get in touch with the organiser: tamano@uclan.ac.uk with the title 'Runway performance'.

Please be aware that the single event start time may change nearer the event day.

Because this is an event that is open to public, under 18s and people who require special attention must be accompanied and supervised by adults who are able to take care of them.

[For more information click onto the following link:](#)

[The 9th Japan Day - UCLan](#)

College Open Events

College/Sixth Form	Open Day Events	For More Information, Click onto the following link:
Cardinal Newman College 	<ul style="list-style-type: none"> • Saturday 4th February 2023 	Open Events at Cardinal Newman College
Runshaw College 	<ul style="list-style-type: none"> • Wednesday 1st March 2023 @ 3:30 pm - 7:30 pm 	Open Event Registration — Runshaw College
Preston College 	<ul style="list-style-type: none"> • Wednesday 8th March 2023 4-7pm 	The Best Performing College in Central Lancashire - Preston College
Myerscough College 	The Saturday Course Advice Mornings events generally run 10 till 12.30 on site, while the Virtual Course Advice Evenings are entirely online and run from 7 till 8pm.	Open Mornings and Events 2022/23 University Centre Myerscough (ucmyerscough.ac.uk)

Useful websites-careers searches

- BBC Bitesize Careers <https://www.bbc.co.uk/bitesize/careers>
- Careersbox <https://www.careersbox.co.uk/>
- National Careers Service <https://nationalcareers.service.gov.uk/>
- Apprenticeships <https://www.gov.uk/apply-apprenticeship>
- Russell Group Universities <https://russellgroup.ac.uk/about/our-universities>
- Target Careers <https://targetcareers.co.uk/careers-advice/a-level-choices/315491-what-a-level-subjects-should-i-take> or <https://targetcareers.co.uk/career-sectors>
- All about School Leavers AllAboutSchoolLeavers.co.uk
- www.planitplus.net - Helps you match your subjects with possible careers, has a course-matching page to aid you in identifying courses relevant to your career interests.
- <http://www.talkingjobs.net/> - An online video player that delivers a series of career case studies.
- www.icould.com icould gives you the inside story of how careers work.
- www.careersbox.co.uk Watch videos of people talking about a wide variety of job roles.



Feel free to drop me an email on:

s.khan@priory.lancs.sch.uk

Mrs Khan
Independent Careers Adviser

