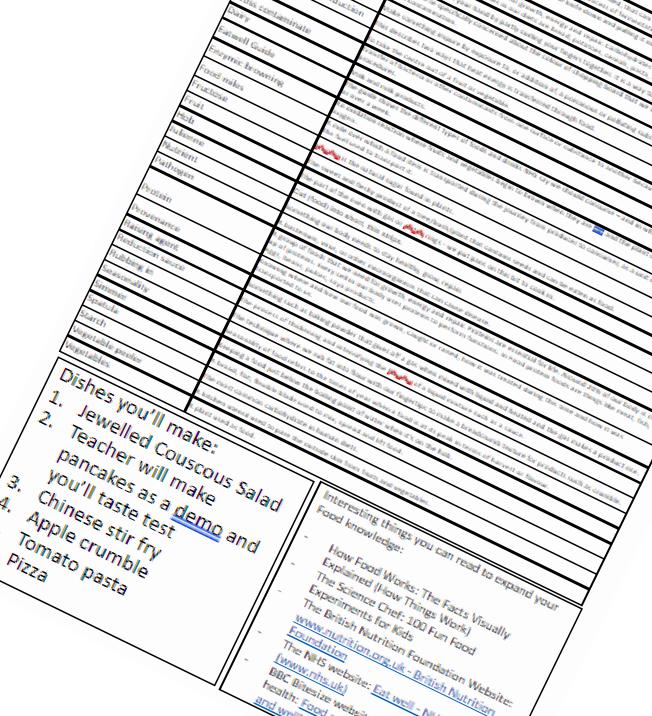
# KS3 assessment in...

Food Preparation and Nutrition

Lesson 1 - Pupils get a picture of the expected learning journey and a list of the dishes they will be making. They get a suggested reading list and a glossary of terms.





Lesson 1 continued
Pupils receive a Personal
Learning Checklist (PLC).
This outlines the
substantive and declarative
content of the unit.

They are asked to selfassess by RAG rating their current level of skill and knowledge at the start of the unit.

#### PERSONAL LEARNING CHECKLIST

#### Practical skills - I can:

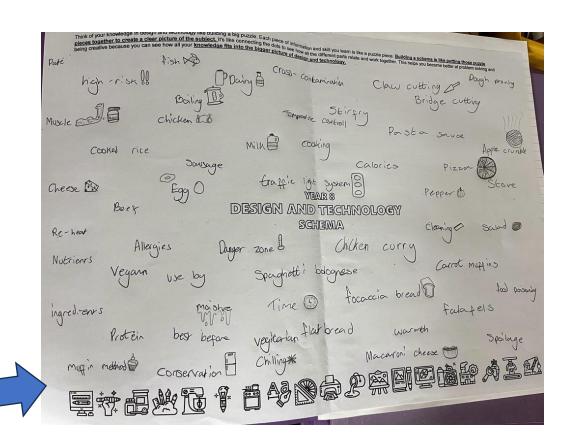
\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	S1. Weigh and measure	<	S2. Peel & grate	<b>(</b>	S3. Use bridge and claw, cutting evenly	$\langle \langle $	S4. Use the hob safely
>>>>>	SS. Use the oven safely	>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>	S6. Control temperatures of hob and oven	>>>>>	S7. Rub in	$\gg\gg$	S8. Make and knead a dough

### Knowledge - I know:

K1. How to prevent hazards	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	K2. The names and functions of parts of the oven	\ <b>\</b>	K3. How some raising agents work		K4. What nutrients are and why we need them
K5. What enzymic browning is and how to prevent it		K6. How we taste foods		K7. What the Eatwell Guide shows	<≪≪<	K8. What heat energy is
K9. Some reasons why people choose different diets	>>>>>	K10. What coloured boards are used to prepare different foods		K11. What seasonality, provenance and food miles are		Green - I can do that independently / I know that and can help others with that.  Another - I can do this had may need a little help/ I know this.  Red - I can't yet do this / this.  Reaning hour't yet dock in my memory

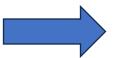
# Ongoing formative assessment examples

- Lesson 1 Yr 7 knife skills test to physically see what the pupils are able to do.
- Low stakes tests using whiteboards often at start of lesson
- Multiple choice questions verbally and within PPTS
- Cloze passages
- Comprehension questions following reading texts
- Practical assessments e.g. stir fry
- Hinge questions
- HW tasks
- Pupils create a schema to help them revise for their end of unit test.



## Summative assessments

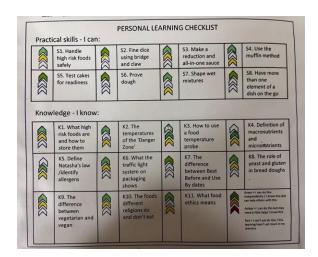
 They return to the PLC and update it to show what they can now do and what they have learnt.



 They complete an end of unit test on Microsoft Teams



 Data is tracked throughout the rotation so that we can a) talk confidently about the progress of individuals and b) pass the data on to the teacher of the next rotation.



### Yr 9 End of Unit test (20 Points)

1. Which one is NOT	one of the 7 N	utrients needed	for our bodies	to function	effectively *
(1 Point)					

- Water
- Carbohydrates
- Antigens ∨
- Oietary Fibre
- Fat