

Learning for Life Days - Year 7

	Day Theme	Sessions			
L4L Day 1	Healthy Lifestyles	Physical Activity	Balanced Diet	Personal Health	The Media
L4L Day 2	Self-Concept	Getting to know me	A question of character	Preparing for life after Priory	Under my control
L4L Day 3	Medical Care	Physical Health and The Recovery Position		CPR and Bleeding	
L4L Day 4	Social Influences	Social Risks	Squads and Gangs	Recognising Abusive Behaviours	Keeping yourself safe
L4L Day 5	Financial Choices	Financial awareness	Use of money	Debt	Gambling

Learning for Life Days - Year 8

	Day Theme	Sessions			
L4L Day 1	Mind Development	All mixed up!	Healthy or unhealthy... You decide	Balanced is good!	Sanity!
L4L Day 2	Media Literacy and Digital Resilience	Cyberbullying	Digital Footprint	Internet Safety	Social Networking
L4L Day 3	Diversity and Equality - Disabilities	Disability and Bullying	Challenging discrimination	Diversity	Equal rights
L4L Day 4	Diversity and Equality - Beliefs	E Safety Radicalisation	Prevent extremism	Radical groups and cults	Religious prejudice
L4L Day 5	Democracy and Community	In Planning	In Planning	In Planning	In Planning

Learning for Life Days - Year 9

	Day Theme	Sessions			
L4L Day 1	Positive Relationships	Media and relationships	Relationships and the law	Different types of relationships	Relationship and self esteem
L4L Day 2	Diversity and Equality - Gender	Sexuality Equality and challenging negative behaviours		Gender Identity Equality and challenging negative behaviours	
L4L Day 3	Addiction - Knowledge	Alcohol and drug abuse - Facts	Alcohol and drug – Side effects	Debate	Legal Substances
L4L Day 4	Intimate Relationships inc. Consent	Wise choices - Consent and Sexting		Vulnerability and the law	
L4L Day 5	Sexual Health - Prevent	What are STIs?	Preventing STIs	Prevent Pregnancy	Contraception Safe Use

Learning for Life Days - Year 10

	Day Theme	Sessions			
L4L Day 1	Unhealthy Relationships	Relationship Abuse - Recognition, impact, risk		Consent/Actions - Strategies, support	
L4L Day 2	Addiction - Impact	Risks (to others, self, socially and professionally.)		Strategies for dealing with addiction	
L4L Day 3	Pregnancy	Revisiting contraception	Unintended pregnancy	Young parenthood	Lifestyle choices and other issues
L4L Day 4	Life Beyond Priory	Speed Networking with Employers		Employer Interviews	Careers and World of Work
L4L Day 5	Personal Safety	Gangs and peer pressure	Minimising risks out and about	Car safety	Online safety

Learning for Life Days - Year 11

L4L Day 1	My Money	Understanding & Managing Debt		Money and Work	
L4L Day 2	Financing my life	Risk, Borrowing, Saving & Interest		Fraud Prevention & Security	
L4L Day 3	Health Related Decisions	Health and Wellbeing		Personal and Social Responsibility	Cosmetics and Aesthetics
L4L Day 4	The Law Home and Abroad	In Planning	In Planning	In Planning	In Planning