

4 November 2021

Dear Parent/Carer

### **Learning for Life Day 2 – Monday, 8 November**

As you are aware, we deliver our Personal, Health, Social Education (which includes sex and relationships education) on five collapsed curriculum days throughout the year, when the normal timetable is suspended. We follow closely the national curriculum on these days, which includes a number of statutory (compulsory for us as a school) elements.

The topics we cover on these days include areas which will genuinely make a difference to the life choices your children make. We hope that this will mean that they will make positive, well-informed choices which will lead to them becoming happy and well-rounded young people with high aspirations for themselves and others. We take our responsibility to educate our young people in a much broader sense (more than simply passing exams) very seriously.

As these days have so much vital material condensed into them, students who are absent will miss important information that could impact on future life choices which is vital to their wider education and well-being. As such, any child who is absent on a Learning for Life Day will need to catch this work up when they return.

The second collapsed curriculum day of this academic year, Monday 8 November, will cover the following sessions:

#### **Year 7 – Self concept**

Getting to know me. A question of character. Preparing for life after Priory. Under my control. Sources of help and support for themselves and others.

#### **Year 8 – Media Literacy and Digital Resilience**

Cyberbullying. Digital Footprint. Internet Safety. Social Networking. Sources of help and support for themselves and others.

#### **Year 9 - Diversity and Equality - Gender**

What is gender and gender identity? Binaries. What is 'coming out'? Gender Roles. Sources of help and support for themselves and others.

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**Year 10 – Addiction – Impact**

Addiction risks (to others, self, socially and professionally). Strategies for dealing with addiction. Sources of help and support for themselves and others.

**Year 11 – Mental and Emotional Health**

In preparation for the exam season: The Link Between Physical and Mental Health. We All Have Mental Health. Myths and Stigma. Ways to Be Happy. Sources of help and support for themselves and others.

Students should report to their session 1 teacher in their usual Learning for Life classroom (Years 7-10) or their designated room in Technology (Year 11) for 8.40am.

Please note that on these days there is an early lunch followed by school closure at 1.10pm. School buses have been arranged for this earlier time.

If you have any questions, please do not hesitate to me.

Yours faithfully



**Tracey Hopes**  
**Head of Learning for Life**