

20 January 2026

Dear Parent/Carer

### **Learning for Life Day 3 – Friday, 30 January**

As you are aware, we deliver our Personal, Health, Social Education (which includes sex and relationships education) on five collapsed curriculum days throughout the year, when the normal timetable is suspended. We follow closely the national curriculum on these days, which includes a number of statutory (compulsory for us as a school) elements.

The topics we cover on these days include areas which will genuinely make a difference to the life choices your children make. We hope that this will mean that they will make positive, well-informed choices which will lead to them becoming happy and well-rounded young people with high aspirations for themselves and others. We take our responsibility to educate our young people in a much broader sense (more than simply passing exams) very seriously.

As these days have so much vital material condensed into them, students who are absent will miss important information that could impact on future life choices which is vital to their wider education and well-being. As such, any child who is absent on a Learning for Life Day will need to catch this work up when they return.

The third collapsed curriculum day of this academic year, Friday 30 January, will cover the following sessions:

#### **Year 7- Medical Care**

Physical Health and the Recovery Position. CPR and Bleeding. Sources of help and support for themselves and others.

#### **Year 8 - Diversity and Equality - Disability**

Diversity and Inclusion. Disability Discrimination. Equality's Act. Protected Characteristics. Sources of help and support for themselves and others.

#### **Year 9 - Addiction – Impact**

Risks (to others, self, socially and professionally). Strategies for dealing with addiction. Sources of help and support for themselves and others.

#### **Year 10 – Life After Priory**

Presentations from Newman, Runshaw and Preston College, and the Dept for Work & Pensions. A Levels. Personal Statements & CVs. Apprenticeships. Interview Techniques.

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### **Year 11 – Health Related Decisions**

Health and wellbeing in the run up to exams. Personal and social responsibility. Cosmetics and aesthetics.

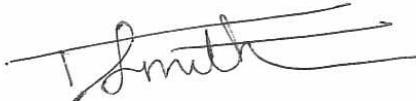
All year groups will receive sources of help and support for themselves and others.

Students in Years 8 to 11 should report to their Session 1 teacher in their usual Learning for Life classroom for 8.40am, unless they are in the Hex or a Technology room. These groups have been relocated into the main building and information is on Teams. Year 7 are to come to school in their PE kits and meet in the Sports Hall at the start of the day.

Please note that on these days there is an early lunch followed by school closure at 1.10pm. School buses have been arranged for this earlier time.

If you have any questions, please do not hesitate to me.

Yours faithfully



**Tracey Smith**  
**Lead Practitioner for Personal Development**