

Advice and Guidance Websites for pupils with SEND

- [The National Autistic Society](#) - Gives information about autism, parental advice, strategies and approaches, etc.
- [British Dyslexia Association](#) - A useful website with information about dyslexia, assessment and identification, exam concessions, etc.
- [Dyspraxia Foundation](#) - Offers information and supports individuals and families affected by developmental dyspraxia through books, suggestions, a teen newsletter, and an adult support group.
- [Young Minds](#) - The UK's leading charity committed to improving the emotional wellbeing and mental health of children and young people.
- [Information from BABCP about CBT](#) - Gives information around Cognitive Behavioural Therapy, and how it can be proved to help treat a wide range of emotional and physical health conditions in adults, young people and children.
- [The Anti-Bullying Alliance](#) - Gives useful information and advice about how to deal with bullying and the impact that bullying can have.
- [Contact a Family](#) - An organisation that provides information and support to parents of children with many different sorts of disability.
- [Talking Point](#) - Talking Point provides a guide to speech and language services and useful links to other associated websites.
- [Childnet](#) - A useful website for keeping young people safe online.
- [No Panic](#) - This website provides valuable information for sufferers and carers of people who have panic attacks, anxiety, phobias and Obsessive Compulsive Disorders (OCD).
- [Happyeye](#) - Glasses that intend to reduce or stop visual stress.
- [Autism Resources for Families](#) - Resources about Autism Spectrum Disorder (ASD) from the National Autism Center.
- [Reduce the Noise](#) - Help loved ones with sensory overload enjoy shopping.
- [Temple Grandin's Teaching Tips](#) - Teaching tips for children and adults with autism.
- [Autism Resources for Parents](#) - Resources about Autism from Autism Parenting Magazine.