

Penwortham Priory Post



Peer Mentors Prove Perfect Role Models

At Priory we realise that our older pupils are excellent role models for younger pupils and so we have a very successful peer mentoring programme in place.

Every form has at least one fully qualified peer mentor who will help other pupils cope with everyday life and worries at school and will offer guidance on both social and academic areas of school life.

The pupils had to apply to become mentors and have now found their feet in their important roles in Year 10. They act as reading mentors to younger students, they are a point of contact within their tutor groups for Year 7 pupils and they work alongside the prefects to represent the school at events such as open evenings.

All Year 10s are invited to apply at the beginning of the Autumn term ready to take on the role. Pupils complete an application form and must include a teacher reference. They are provided with a full job description to learn about the role and what is expected of them.

Mrs Holland, who leads the peer mentor programme at Priory, said: "In return, it counts towards the voluntary work part of their Duke of Edinburgh, it's used on application forms to become a prefect in Year 11 and it's part of their PiXL Award, to build up credits."

Summer, one of the Year 10 Peer Mentors, said: "It was a tough application form as you had to fill in a sheet of your qualities and why you want to do it. I know how it feels to be a Year 7 pupil, new into school, so I wanted to be there to help the younger pupils settle in. It can be scary and I wanted to make sure it isn't too daunting for them. We do things like make sure they understand their homework and help to guide them in the right direction."

Fellow Year 10 Peer Mentor Asher added: "I just want to help others and give something back."

Thirty-five Year 10 pupils who applied were successful in being awarded this role.

Attendance Winning Forms



Each week the attendance officer calculates the form with the best attendance for 'Year 11s' and 'The Rest' of the school. As the Year 11 form groups are smaller than the others, they are more likely to achieve full attendance. Therefore to ensure fairness, results have been separated out.

This week's winners are:

Years 7-10
D1 (98.67%)

Year 11-
D8 (96.79%)

Well done Douglas and to Mr Wade's and Mrs Elliott's forms for their best attendance. Pupils in these forms will receive 10 achievement points.

Year 9 Immunisations

A reminder that consent forms for the Diphtheria/Tetanus/Polio and Meningitis ACWY vaccinations should have all now been returned. **There are approx 30 outstanding.**

Please note, forms have the option to consent or decline. If we do not receive a signed form, each pupil will be assessed on an individual basis and given the opportunity to give their own informed consent.

Immunisations are due to take place in school on Thurs, 12 March.

KEY DATES

Year 11 Mock Exams
28 February - 18 March

World Book Day Activities
Thurs, 5 March 2020

Careers in Tourism & Hospitality Event
Runshaw College
Thurs, 5 March 2020
GCSE Food Tech pupils (by invitation)

Year 11 GCSE Geography Revision Workshop
Sun, 8 March 2020
9am-12.30pm

Jekyll & Hyde Theatre Trip
Edge Hill University (After School) (KS4 by invitation)
Fri, 13 March 2020

Year 9 Immunisations
Thurs, 12 March 2020
Thurs, 19 March (catch up)

Blood Brothers Theatre Trip
The Grand, Wolverhampton
Thurs, 26 March 2020
(KS4 by invitation)

Year 10 Careers Workshop
Fri, 27 March 2020
(in school)

Learning for Life Day 3
Fri, 27 March 2020
Early lunch followed by early school closure at 1.20pm

Year 10 Work Experience
W/c 30 March 2020

Year 11 Parents Evening
Tues, 31 March 2020

A Message From The Head

Dear Parent/Carer

How to encourage productive learning

Having a tidy space can reduce stress and improve productivity. Another way to maximise opportunities for work and reduce distractions is to ensure the space is organised with everything needed for studying: laptop, books, pens and any other equipment. If you want to go a step further, plants are shown to not only create a calm space but also aid concentration.



Many people find approaches like the Pomodoro technique help to increase their levels of productivity as it allows for focused 'work' time for 25 minutes, and then a 5-minute reward break. It is often surprising how much we can actually achieve in short bursts of time when we are fully focused, with no distractions, and know that there is a clear end when we'll get to do something we want to.

Experts in nutrition stress the importance of healthy diets for ensuring the most effective working of our brains. For example, although caffeine and sugar can provide bursts of energy, consuming these can lead to significant dips in focus and energy. We also know that easy swaps can lead to more balanced nutrition and energy levels, like using wholegrains, nuts and berries.

A handwritten signature in black ink, which appears to be 'M. Eastham'.

Mr M Eastham, Headteacher

What can you do?



Help your child to create a productive learning environment, a quiet space where they can work at a clear surface with as few distractions as possible. Encourage this to be a social media-free space.

Sit down with your child and offer to help them create a timetable of study. Work with them to map out the free time they could use to study and the free time that should be 'work-free' so they can do things they enjoy. Plan out the subjects and units they know they need to work on and schedule these into their 'work' slots. If your child is receptive to doing this together, it can help them to see that they aren't expected to use all of their 'free' time to study, and that

taking breaks and investing time in their hobbies and friends is important and valuable for them and their wellbeing.

If possible, when your child is studying, bring them some snacks and a drink to help sustain them.

Encourage your child to prepare – either by themselves or with you – recipes from [Pixl's Power to Perform recipe cards](#) to ensure that they are eating brain-boosting foods. These recipes have been designed by an expert in the field to ensure that your child has brain-boosting foods and drink at their fingertips.

Learn to succeed

Music To Your Ears At Break and Lunch

Continuing on from last term, music will be played through the school's tannoy system during break and lunch. Chosen by Mr Taylor, Lead Teacher for Music, this is designed to offer exposure to, and appreciation of, music to the wider school.



W/c 02/03/20 - Music from the movies

John Williams, John Barry and James Bond dominate proceedings here. Coverage ranges from 1939 Gone with the Wind (one star of that film, Olivia de Havilland, is still with us at age 103), through to the present day.



Year 11 Geography Intervention Session

As previously notified, there is a full Year 11 Geography revision session on Sun, 8 March 9am - 12.30pm in Hu4 to help prepare pupils for their mock exam in the same way the Humanities department will be doing prior to the actual GCSE exams in May/June.

Attendance of all pupils is expected as direct evidence from previous years' sessions has shown a boost in final grades. If your son/daughter is unable to attend please email a.watters@priory.lancs.sch.uk so that he may organise their attendance after school on Fri, 6 March* from 3.15pm-5.30pm.



**originally proposed for Tues, 3 March*



At Penwortham Priory Academy the Learning for Life curriculum is designed to support the promotion of excellence for pupils and do all it can to improve their life chances.

Pupils have three 20 minute Learning for Life lessons each week.

On the curriculum w/c 2 March:

Year 7	Spring Term - Theme: 'Expressing myself effectively' An introduction to oracy
Year 8	Spring Term - Theme: 'Thinking with a clear head' Kindness: Worth so much, yet costs nothing
Year 9	Spring Term - Theme: 'Adapting my voice' Organisation in the future
Year 10	Spring Term - Theme: 'Owning my actions' Motivating myself
Year 11	Spring Term - Theme: 'Charting the course' When leaders make mistakes

Learn to succeed

WORLD BOOK DAY

5 MARCH 2020



Last year's World Book Day celebrations at Priory were great fun and this year will be no exception. The English department is a buzz of excitement with lots of activities planned.

Once again pupils will be working with teachers to decorate their classroom doors to look like book covers.

There's also the 'Book Face' quiz where pupils have to guess who's hiding behind the book in a photo. English teachers will be chatting with pupils about their favourite authors and books. Even the Librarians and Bookworms are doing their bit!

New for this year: Design an alternative book cover for your favourite book and a book trivia treasure hunt starting Monday.

What else has Mrs Gidden got planned for this year?



What is Accelerated Reader?

We've mentioned it lots of times but what actually is it all about?

Mrs Gidden has now written a comprehensive guide in the form of Frequently Asked Questions which should answer everything, as a parent, you may want to know about Accelerated Reader (AR). This can be downloaded from the school website at >>

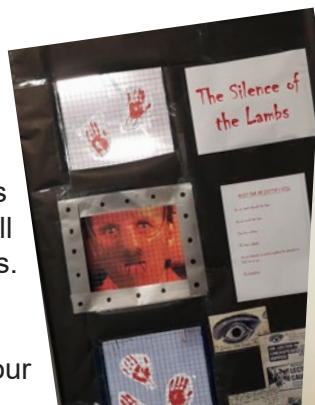
www.priory.lancs.sch.uk/curriculum/english



At a glance, AR is a computer-based program that schools use to monitor reading practice and progress. It helps teachers guide pupils to books that are on their individual reading levels. After reading a book, pupils take short quizzes to check that they have understood it.

When pupils start on AR they take a STAR test, this determines the types of books that each individual should be reading. Pupils are allocated a colour accordingly to their level and should choose books with a matching coloured label on its spine.

It is recommended that pupils spend between 15-20 minutes per day reading. Doing so can improve creativity, reading age, reading speed, spelling, punctuation, grammar and vocabulary.



Learn to succeed

Mrs Gidden's Cool Readers Club

Priory's Head of English, Mrs Gidden, has been really impressed with many of our multi-talented pupils and wanted to highlight their love of reading while excelling at other pursuits.

This week we interviewed Year 7 pupil, Junior.

Junior likes books which make him laugh and so he is currently reading David Walliams' book Ratburger.

"It's about a girl whose hamster dies and she finds a rat in her house and decides to keep it. David Walliams is my favourite author.

"I like his books as they are good stories but they can also make you laugh.

"I tend to read at home and at school. I guess I don't like the popular books like the Percy Jackson series as much as others do. I think my next read will be another David Walliams book."



Sports Notices Extra Curricular

Netball

Monday Year 7 Tournament
Tuesday Year 8 Tournament

Dance

Tuesday After School, in the assembly hall

Hockey (girls and boys)

Friday After School in the Sports Hall or 3G
(weather permitting)

Girls Cricket

Monday and Thursday Lunch

Pupils should see Mrs Bullock with any queries

Good Luck to Priory Pupils



This weekend we have two pupils taking part in sporting events.

Year 7 pupil, Connor McG, has been selected to fight in the Irish Open, Dublin, which is the World Association of Kickboxing's World Cup.

Year 9 pupil, David G, will be travelling to Great Yarmouth to represent Lancashire in the finals of the inter-county Pool championships.



We'll be catching up with the boys, when they return next week, to report how they got on.

Learn to succeed

Jo-Ann Attests Her Plans to Join the Force

While many pupils are thinking about their career options, Year 11 Jo-Ann is already making big strides for her future.

Jo-Ann has been attending meetings with the Lancashire Police Cadets since September and, in January, attended an attestation event, where she was sworn into the cadets.

"I want a career in the police force as I want to be able to help in the community and tackle crime," said Jo-Ann.

"I started in the cadets in September and we meet once a week at Preston's College.

"Then I attended the attestation event to be sworn into the cadets, where you have to take an oath and make a speech.



"It's been really interesting so far, we have done radio work, learnt about pocket notebooks and we have attended Preston Pride.

"We worked alongside the police at the Preston Christmas light switch-on and we have also carried out some fundraising, bag packing in Booths for Heartbeat."

After Priory, Jo-Ann wants to do a police apprenticeship at college on her way to joining the force.

Year 11 Spring Term Mock Exams

The next set of mock exams for Year 11 pupils has now begun and will run up to Wednesday, 18 March.

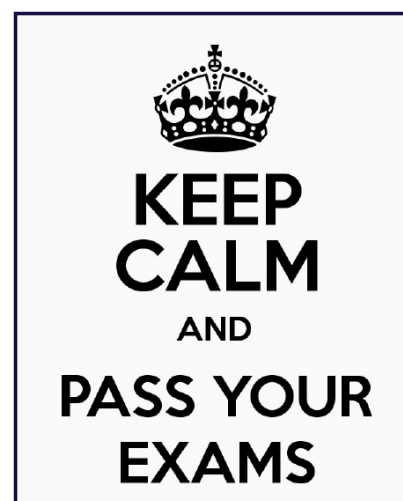
Copies of pupils' individual timetables, also containing their seating arrangements, have been issued and are also accessible via Synergy.

The full timetable across the period is available to download from the school website. The summer exam timetable is also available at >>

<https://www.priory.lancs.sch.uk/pupils/revision>

Due to the length of some exams, there will be an early lunch for all pupils on Mon, 2 & Tues, 10 March.

The Sports Hall and Assembly Hall and the surrounding areas will be out of bounds for other pupils during this period and we ask that they are respectful and keep noise to an absolute minimum.



#NW APP EXPO 2020
NORTH WEST APPRENTICESHIP & CAREERS EXPO

EXPAND YOUR POTENTIAL

CAREERS

SUPPORTING YOUNG PEOPLE INTO WORK AND APPRENTICESHIPS WITH TRAINING

Tuesday 10th March / 2020
Evoque, Church Street 12-7pm

www.nwappexpo.co.uk **#nwappexpo20**

B&FC, Greater Manchester & South Lancashire, Careers, TRAINING 2000, uclan

be the ch@nge .digital

"Be the Change Digital" is here!

We are Preston based team whose mission is to help prepare society for the impact of emerging technologies on our everyday lives.
Our aim is to create initiatives to help learners become more inquisitive and confident with solving problems with technology.

You are invited to our free family friendly event!

- Try out computer coding,
- Experience virtual reality,
- Hear how the world of work is changing,
- Grab some tech freebies!
- ...and much more!....

When: **Saturday 25th April 2020, anytime between 12pm—4pm**
Where: **"Our Place", Harris Museum Art Gallery & Library, Market Square, Preston, PR1 2PP**

www.bethechange.digital
#BeTheChangeDigital

f t in



The Maths Department

Like a challenge?

The Head of Maths, Mr Kenrick, will be testing our brain power each week with one of his puzzles.

Here you will find a puzzle or a problem solving task - these can help to build students' perseverance, mathematical reasoning, ability to apply knowledge creatively in unfamiliar contexts, and confidence in tackling new challenges.

Why not have a try yourself!



Over the course of a full 24 hour day, how many times will the hour and minute hands on a clock overlap each other?

Answer page 8

Learn to succeed

Get Caught Reading!

Thank you to everyone who took part in the 'Get Caught Reading' challenge.

Staff who 'caught' pupils reading at break or lunch-time will receive achievement points but the lucky, randomly selected winners are:

Josie M (D2) and Tyler M (D5)

Both winners should see Mrs Gidden to receive their £20 Amazon voucher to spend as they choose (hopefully on books!).

'Get Caught Reading' will run again during the last week of the Spring term.



These pupils were 'caught' with their books when they didn't have to be reading which is brilliant. Well done to all our readers!

Lily McM C7, Courtney M D1, Katie R C1, Leah FC1, Tyler M D5, Rhema A-M D5, Nathan C D4, Zack H C7, Josie M D2, Abbi T C6, Jack J C4, Emmie P H2, Ryan H H7, Leah F C1, Daniel R D6, Lucas T R5, Ky-Mani C H2, Lewis T H7

The Great Reading Race

The winners of the class in each year group who read the most words for the last half term up to Fri, 14 February were:

Year 7 7E2 - Mrs Isherwood's / Mrs Gidden's class with 379,850 words read

Year 8 8E2 - Mrs Elliott's / Mrs Gidden's class with 793,347 words read

Year 9 9E1 - Miss Thornton's / Mrs Gidden's class with 620,359 words read

Year 10 10E2 - Mr Faulkner's class with 410,350 words read

That's four lots of milk and cookies which are heading towards these classes during their reading slot over the coming weeks.

Pupils now start their 'race' again and results will be calculated at the end of the Spring term.



Answer to Maths Challenge:

22 times - These are their approximate values:

00:00 | 01:05 | 02:11 | 03:16 | 04:22 | 05:27 | 06:33 | 07:38 | 08:44 | 09:49 | 10:55 | 12:00 | 1:05 | 2:11 | 3:16
4:22 | 5:27 | 6:33 | 7:38 | 8:44 | 9:49 | 10:55

Learn to succeed

COMMUNITY

Penwortham in Bloom 2020

You are invited to our: -

Penwortham in Bloom Launch 2020

Thursday 5 March between 6pm & 8pm

Penwortham Community Centre, Kingsfold Drive.

Come along to this free event and see what we did last year, find out details of this year's competition.

Get tips from our gardening workshop and take advice from our Expert Panel whilst enjoying a hot drink and slice of cake.

You can also purchase a raffle ticket & win one of the workshop demonstrations.

For more details contact: -

Sue Simpson at South Ribble Borough Council on 01772 625377
Penwortham Town Council on 01772 750533



Penwortham in Bloom is launched next week. Whilst, unfortunately we cannot enter this year due to the school winning on the past three occasions, Priory's gardener Mr Farron, has been invited to judge the competition.

Penwortham in Bloom is a community competition to add brightness, colour and civic pride to area. The committee wants to encourage local people to improve and care for their local environment through imaginative planting, landscaping, and growing projects.

The launch event is next Thursday evening, 5 March (see poster opposite for details) and Mr Farron will be in attendance. This is a FREE event.

South Ribble Borough Council has also invited the school to be part of the representation for Penwortham town's entry to North West in Bloom, another competition that we have won on more than one occasion!

CHARITY PARTY NIGHT IN AID OF



**HOSTED BY DJ RAF
WITH SPECIAL GUESTS**

RUTH NAYLOR & PROJECT 2

**27TH MARCH 2020
LOSTOCK HALL
CONSERVATIVE CLUB
7:30PM - LATE**

**£5 SUGGESTED DONATION
ON THE DOOR**

ALL PROCEEDS WILL
GO TO ST.CATHERINES
HOSPICE CARE



Class of 2019 pupil, Joel Gardner, has set up a new band called 'Project 2', playing acoustic covers and originals.



Joel will be touring different venues over the coming weeks however he asked in particular if we could promote this event (see poster opposite) which he is doing to raise money for St Catherine's Hospice on 27 March.

The talented musician can play the guitar and piano but it's the drums which are his real love.



Back in 2017 when we interviewed Joel about his musical ambitions his aim was to achieve his Grade 8 and hopefully secure a place in a band.

Well Joel is taking his Grade 7 drumming exam next month and we wish him the best of luck with his band.

Learn to succeed



Love Productions, the company behind The Great British Bake Off, The Great British Sewing Bee and The Great Pottery Throw Down, have now opened applications for the sixth series of Junior Bake Off.

The Channel 4 programme that celebrates the culinary talent and ambition of the younger generation in Britain is looking for young budding bakers between 9 -15 years old.

Applications close on Sunday, 5 April 2020 and filming takes place from July 2020.

Interested bakers can apply online at -

WWW.APPLYFORJUNIORBAKEOFF.CO.UK

Please contact the production team at Love Productions should you have any questions:

0207 067 4833

applyforjuniorbakeoff@loveproductions.co.uk



Prom Dress Event

With more than 300 gorgeous prom dresses – brand new and pre-loved from only £40 – as well as shoes, bags, hair accessories and a welcome mocktail for all, it's a fantastic opportunity to find your perfect prom dress!

www.stcatherines.co.uk/shop/events/hospice-fundraising/prom-dress-shopping-weekend/





Prom dress shopping weekend!

More than 300 gorgeous prom dresses – brand new and pre-loved from only £40



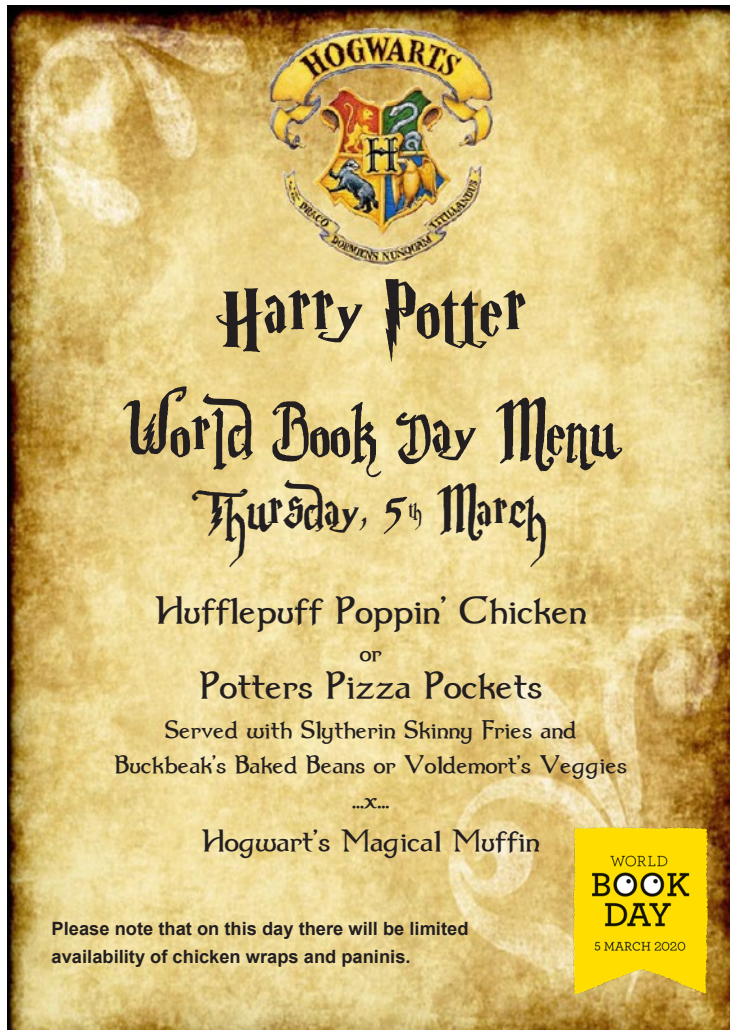
**Saturday 7th March 9am-5pm
and Sunday 8th March 10am-4pm**

Garden Room, St Catherine's Hospice, St Catherine's Park,
Lostock Lane, Lostock Hall, Preston, PR5 5XU

Also featuring shoes, bags, hair accessories and more,
with a welcome mocktail for all

Find your perfect prom dress at this fabulous shopping event!

Learn to succeed



The Friday Challenge

These challenges are added to Doddle each week for pupils to have a think about. Pupils should then revise these during the week in preparation for a test during their Friday Learning for Life session. The content of these quizzes will enhance learning in all subjects and widen Tier 2 vocabulary.



Here is today's challenge. Parents - How would you get on?

1. What does AGM stand for?
2. Who is Boyan Slat?
3. What does oleaginous mean?
4. Define 'arc' in Maths.
5. In the subject of English, what is a contraction?
6. Why is the statue of Dorothy Windlow-Pattison historically significant?
7. What's the largest lake in the UK called?
8. What is retinol?
9. What's the name of the sea closest to Preston?
10. When was Jekyll & Hyde first published?

Answers on page 13

Come and visit us at our

OPEN EVENT

Wednesday 4 March 4pm - 8pm

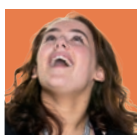
A beautiful & safe Campus



Subsidised College Bus Services covering all nearby towns and villages



An amazing array of extra-curricular opportunities



Exceptional personalised guidance & support for all your health & well-being needs

A compact timetable of 3 or 4 days per week



Make sure you get the #runshawadvantage this autumn!

Careers Advice at Priory



Priory's Careers Adviser, Mrs Khan, can offer pupils impartial careers education, information, advice and guidance from options that suit their likes and abilities. Pupils may wish to discuss the various post 16 career pathways on offer at colleges, with employers through apprenticeship or training programmes, life at university and degree courses or signposting for potential work experience.

Mrs Khan is in school predominantly on Fridays and is available for:

- 1:1 careers guidance throughout the day via an appointment system, and
- Drop in sessions in the morning first thing from 8.00am to 8.50am and lunch between 1.15pm and 1.50pm.

Mrs Khan is based in the careers office along the pastoral corridor and will hold meetings with pupils in the meeting room next to this. Parents and pupils can email: s.khan@priory.lancs.sch.uk

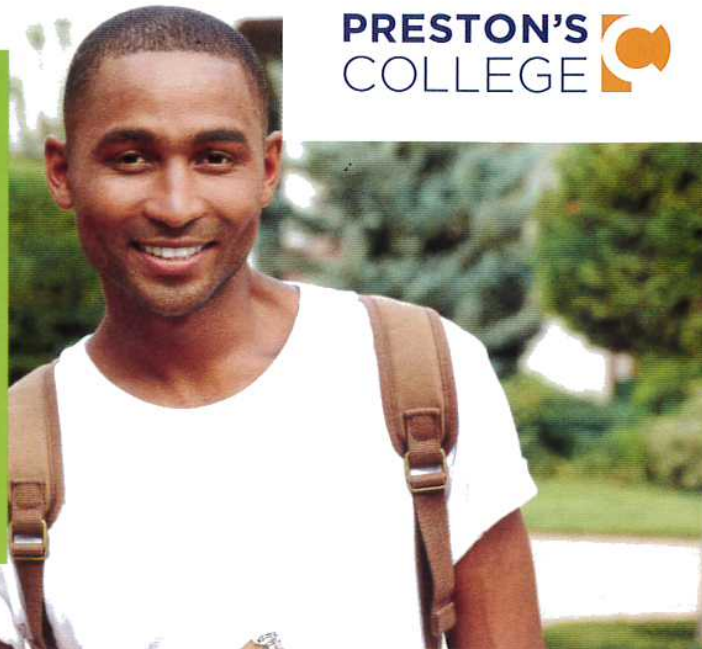
OPEN EVENINGS

Tuesday 1st October
4pm-7.30pm

Saturday 2nd November
10am-2pm

Wednesday 11th March
4pm-7.30pm

PRESTON'S COLLEGE



Learn more about Preston's College and the opportunities available to you at our Open Evenings. You can meet tutors, speak to current students and check out our fantastic facilities.

WWW.PRESTON.AC.UK

/prestoncollege

Learn to succeed

Answers to the Friday challenge...

1. Annual General Meeting
2. A 23 year old inventor of the world's first ocean plastic clean up system. Now leads a group developing technology to rid the oceans of plastic.
3. Exaggeratedly and distastefully complimentary; oily
4. 'Arc' in Maths means part of the circumference of a circle or part of any curve.
5. A contraction is – structure words that are reduced or shortened, i.e. I will = I'll; can not = can't.
6. This is said to be the first statue of a woman other than royalty to have been erected in Britain. It was erected in 1886 – read why here: www.information-britain.co.uk/famdates.php?id=407
7. It's Lough Neagh in Northern Ireland. The largest one in England is Windermere in the Lake District.
8. It is the proper name for Vitamin A
9. The Irish Sea.
10. It was first published in 1886.

is it BULLYING?

When someone says or does something
unintentionally hurtful
and they do it once, that's
RUDE.

When someone says or does something
intentionally hurtful
and they do it once, that's
MEAN.

When someone says or does something
intentionally hurtful and they *keep doing it*—
even when you tell them to stop or show
them that you're upset—that's
BULLYING.

Regardless, should you experience any of the above, please see your Head of Year or Pastoral Manager immediately so we can help resolve any issues you may have.



W/C 2 March 2020

Monday

Gammon

Cheese or plain omelette

both served with hash browns and beans or peas*

Tuesday

Chicken curry* served with rice and naan

Cheese pie served with diced potatoes and beans or
peas

Wednesday

Roast dinner*

Tomato pasta served with garlic bread*

Thursday (see page 11)

Hufflepuff poppin' chicken

Potters pizza pockets

Both served with Slytherin skinny fries and
Buckbeak's baked beans or Voldemort's veggies
Hogwart's magical muffin

Friday

Battered Fish | Cheese & Tomato Pizza | Beef Burger

All served with chips and peas or beans

Available Every Day

Southern fried chicken wrap

Cheese | Cheese & Ham | Cheese & Pepperoni Panini

Jacket potato with tuna, cheese or beans*

**Gluten-free option available*

*If you would like a gluten-free option pupils must
order in advance with the kitchen staff, the day prior
preferably. Thank you.*



Learn to succeed