

# Penwortham Priory Post



## Head Prefect Duties Now Commence

Headteacher Mr Eastham had his official photograph taken with the new senior prefect team as they all promised to make Priory 'an even better place' to learn.

Head Boy Charlie admitted the whole team had to go through a rigorous process of writing a speech, campaigning and 'being organised' to become a senior prefect. "I was surprised when it was announced I was Head Boy," said Charlie, who wants to train to be an architect. "I know it will be a good year for us and I can't wait to get started."

Charlie's sister Lillie was Deputy Head Girl last year. "She was jealous of me being Head Boy!" he laughed.

Darcy is the new Head Girl and admits, after her final year at Priory, her dream is to secure a place on the Musical Theatre course at Preston's College.

"This year is a big year but I am really friendly, I enjoy public speaking and I love an audience!" she said. "I remember when I came to school at Year 7 and how daunting it was and I want to help the new Year 7s settle in and feel comfortable and for the school to keep evolving."

Deputy Head Girls are Josie and Emily – the field was so strong that two deputies were selected!

Josie, who wants to study at the new Maths College in the future, said: "I always give 110 per cent in everything I do and it's important to have someone who is motivated in these roles. I am a really friendly person and I want to be the kind of person people feel comfortable approaching."

*Continued...*

## Key Dates

### Diary Dates

Did you know that the term dates for this academic year are available to view and download from our website?

[www.priory.lancs.sch.uk/parents/termdates](http://www.priory.lancs.sch.uk/parents/termdates)

**Every Tuesday**  
Year 11 Maths  
Interventions 3.10-4pm

**Weds, 22 September**  
Learning for Life Day 1  
Early lunch followed by  
school closure at 1.10pm

**Thurs, 23 September**  
INSET Day, school  
closed.  
Open Evening 4.30-9pm

**Weds, 13 October**  
Year 7 Settle Factor  
Evening

**Tues, 19 October**  
Year 10 Settle Factor  
Evening

**Mid Term Closure**  
Mon 25 October - Fri, 29  
October

**Mon, 8 November**  
Learning for Life Day 2  
Early lunch followed by  
school closure at 1.10pm

**Thurs, 11 November**  
Flu immunisations (all  
year groups)

...continued from front page.

Emily added: "My younger sister is at Priory and I know how nervous she was coming into school. I want the younger pupils to feel relaxed. I remember everyone was so much taller and larger than life when I came into school but I want to show I am on their level."

Deputy Head Boy Bailey said: "I have had a phenomenal time at Priory, it's been a rollercoaster at times but it's been exceptional. I have loved my fellow pupils and the staff and I want to pass this on, I want the younger pupils to feel safe and happy here, as I have been. We want to make it even better!"



Fellow Deputy Head Boy Matthew said: "I have enjoyed my time at Priory so it's nice to be able to give something back. My younger brother is in Year 8 and I want to make sure he enjoys his time at Priory as much as I have. This position is also good on my CV for when I apply to colleges."

Their official duties will now begin, after also meeting new Chair of Governors Dr Range.

These will include presentations, speeches, Open Evening talks as well as meetings with the Senior Leadership Team about the effective running of the school, among other responsibilities.



## School Closed Thurs, 23 September



A reminder that school will be closed on Thursday as we prepare for Open Evening.

Pupils helping out on Open Evening should be in school for 4pm (prefects 3pm) and in full school uniform. Don't forget to bring a packed lunch and ensure that a safe passage home is arranged for 9pm.

Letters with full arrangements can be downloaded from >> <https://www.priory.lancs.sch.uk/parents/letters>



## What's available if I've forgotten to order my lunch?

**Breaks:** Drinks, yoghurts, fruit, cereal bars (no hot food, no sandwiches)

**Lunch:** Drinks, yoghurts, fruit, a range of sandwiches, plus cakes and popcorn (no hot food)

No cash is required as fingerprint identification is used to charge your account. If you have no credit, please see your Head of Year or the Pastoral team for assistance.

Learn to succeed



# Finally, it's back of the net for Jazmin!



Well done to Year 11 pupil, Jazmin, who was part of the Lancashire Schools FA Girls Under 16s squad who were successful in winning the Inter County National Cup last weekend.

The game was broadcast live via ESFA TV on Sunday when the girls played against Middlesex SFA at Sixways Stadium, Worcester. The game ended 3-0 to Lancashire - an amazing result for Jazmin and the rest of the team!



A proud dad said: "It was quite surreal to hear the commentator talk about your daughter on the TV. Jazmin has loved the journey this year representing Penwortham Priory Academy nationally with pride and always passion. It tops off a fab few weeks as two weeks' ago she was also named Blackburn Rovers' RTC U16s Captain."



Jazmin has qualified for two national finals before, losing on penalties as Lancashire Under 14s and then last year the squad didn't play due to Covid. It was truly a case of third time lucky!



Photo credits: LSFA and Craig Attwood.

## Parking At School: A Polite Notice

Following several complaints from local residents recently, we would like to politely remind parents to park courteously and not to block driveways when dropping pupils off or collecting them at the end of the school day. We have also been asked that parents refrain from using the car park next to the MUGA as this is for the use of leisure centre patrons.

By parking in a legal and considerate manner, congestion will be reduced and safety increased thereby allowing for the least amount of disruption possible for parents and local residents. This may mean parking a little further away from the school.

We recognise that this may be one or two individuals and appreciate everyone's co-operation in respecting our community.



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# A Model Start for Year 7 Science Pupils

Over the summer, Year 7 pupils were tasked with challenges from the English, Maths and Science departments to prepare them for the term ahead.



Assistant Head of Science, Miss Nouraghaei, was very impressed with the pupils' science work and wanted to share some of it with the rest of us.

Miss Nouraghaei chose some of the best cell models that stood out and were pupils had been particularly creative with their materials.

Josh said: "I didn't know anything about cells before I did this so I learnt a lot! I made a plant cell and I enjoyed doing it."

Jacob said: "I had to use some of my sister's crafts at home to make my cell as I ran out of items but it helps you learn all about biology."

...Continued next page.



## TASK: Get Ready for Biology.

*Cells are the building blocks of all living things. Make a model or create a presentation about cells. You can choose any type of animal or plant cell.*

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Miss Nouraghaei commented,

*"The cell models were some of the best we've seen; I can tell we have some top scientists here already! I was very impressed with their work. The summer booklet covered units that pupils will learn more about in Year 7 so they have put themselves ahead of the game."*

*"So far this half term the Year 7s have completed an introduction to Science; the students have been learning how to think scientifically, we have looked at the apparatus they will use over the next few years, and discussed the hazards and control measures when working in a lab."*

Fantastic work from Josh B, Chloe R, Evie S, Freya Y, Jess D, Ezra H, Jacob P, Charlie W and Callum G-V who were all awarded achievement points as a reward for their hard work. Well done to all the Year 7 pupils that completed the summer tasks.



# Homework

## CLUB



### BEFORE SCHOOL

Come and join us:  
Every Morning in LEAP 2  
Time: 8.00am- 8.35am

### AFTER SCHOOL

Come and join us:  
Monday, Tuesday and Thursday  
in LEAP 2  
Time: 3.10pm-4.15pm

Just turn up!

All year groups welcome  
Use of the computers  
Support available

**Also open every  
break and lunch**



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We usually hear...

***"Why are we learning this, when we won't use it after we leave"***

Learning for Life sessions are about skills you will use now and in the future.



## What's it all about?

Three years ago we embarked on introducing a new personal development curriculum for pupils, known as Learning for Life, which seeks to develop pupils' character attributes and foster a greater culture of kindness, respect and keeping each other safe.

The school sees great value in the personal development curriculum and through the academic year pupils will have two 15 minute sessions a week to explore and develop their Learning for Life.

In character units, pupils will explore attributes of Leadership, Organisation, Resilience, Initiative and Communication (LORIC) as it is widely acknowledged

that these areas not only raise achievement in youngsters but are highly sought after in candidates applying to colleges and places of employment.

All pupils at the school are provided with the opportunity to engage in LORIC activities and receive certification for doing so through the PiXL Edge Award. Past pupils in receipt of the award have included details in college and apprenticeship applications, have been asked to interview and have discussed this achievement further with college staff and employers, who have been impressed that such skills are now formally recognised.

### The Challenges: What do we want to focus on?

#### Year 7

- Transition to 'big school'.
- Setting expected standards.
- Getting the basics right.
- Settling in without settling.

#### Year 8

- 'Now what?'
- Responsibility as role models.
- Building on foundations.

#### Year 9

- Preparation for GCSEs (options).
- Hormone changes - changing social dynamics.
- Personal discovery.

#### Year 10

- Focus on end goals.
- Adjusting to changing demands.
- Growing responsibility.
- Growing sense of self.

#### Year 11

- Dealing with stress and anxiety.
- Making the most of their time.
- Thinking ahead to post-16 options.



At Penwortham Priory Academy the Learning for Life curriculum is designed to support the promotion of excellence for pupils and do all it can to improve their life chances.

Pupils have two 15 minute Learning for Life lessons each week where they will participate in the curriculum shown opposite.

**Where you will learn things you will need and will use, now and in the future**

**On the curriculum w/c 20 September**

Year 7	Autumn Term - Theme: 'Starting as we mean to go on' Starting as we mean to go on
Year 8	Autumn Term - Theme: 'Celebrating our difference' How I like to be led
Year 9	Autumn Term - Theme: 'Finding my voice' Working with others
Year 10	Autumn Term - Theme: 'Owning my journey' Mind training part 2
Year 11	Autumn Term - Theme: 'Breaking down the journey' Self-evaluation and self-criticism

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# Learning for Life

## Day 1



LEARNING  
FOR LIFE



**Wednesday,  
22 September 2021**

**Don't forget, next Wednesday is a Learning for Life Day so school will close at 1.10pm.**

**Students should report to their session 1 teacher in their usual Learning for Life classroom (Years 7-10) or their designated room in Technology (Year 11) for 8.40am. Lunch is brought forward and school buses have been rearranged for this earlier time.**

If pupils are absent on this day, the work they miss will need to be completed on their return as an extra-curricular activity. Sessions covered on Wednesday include:

**Year 7** **Healthy Body - Physical Activity, Balanced Diet, Personal Health, The Media**

Importance of physical activity and a balanced diet. Strategies for maintaining personal hygiene, including oral health, and prevention of infection. The influence of the media. Sources of help and support for themselves and others.

**Year 8** **Healthy Mind - All Mixed Up, Healthy or Unhealthy...You Decide, Balanced is Good, Sanity**

The importance of, and strategies for, maintaining a balance between school, work, leisure, exercise, and online activities. Ways of assessing and reducing risk in relation to well-being. Strategies to manage mental changes that are a typical part of growing up. Sources of help and support for themselves and others.

**Year 9** **Relationships - Media and Relationships, Relationships and the Law, Different Types of Relationships, Relationships and Self Esteem**

The different types of relationship. What a committed relationship is and legalities. Positive relationship qualities. The media and its portrayal of relationships. Sources of help and support for themselves and others.

**Year 10** **Unhealthy Relationships - Relationship Abuse, What to do when relationships go wrong**

Forming and maintaining respectful relationships. Abusive relationship characteristics. End of relationships including the effects of change, including loss, separation, divorce and bereavement. Sources of help and support for themselves and others.

**Year 11** **Futures - CVs, Jobs, Applications, College Applications and Careers, What is Revision? Memory Techniques**

What is revision and memory techniques to prepare for mocks. Preston's College sessions on completing applications and careers and apprenticeships.



Mrs Hopes  
Head of Learning for Life

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# EnglishDepartment



## Bedrock - It's The Word!

**Bedrock is back and bigger than ever with two year groups on the program this year. Both Year 8 and Year 9 pupils will be expanding their vocabulary thanks to Bedrock.**

Bedrock is an interactive online vocabulary curriculum which was first introduced last March to our Year 9 pupils. It was so successful in building students' vocabulary that Priory chose to introduce it this year to Year 8 pupils.

English teacher Mrs Elliott says the pupils are thriving:

***"Bedrock was set up by two teachers who saw the need to narrow the word gap that exists between different groups of children, thereby improving outcomes across the whole curriculum. The objective is to introduce pupils to a wide range of Tier 2 vocabulary at a pace the pupils can cope with and via a system that adapts to their needs."***

"With Bedrock, pupils have to read quite substantial texts; key vocabulary will be highlighted and its meaning explained. The words are then used in different contexts, so it really develops an understanding of the new vocabulary.

"Pupils start with an Alpha test which ascertains the appropriate reading 'block' for that pupil. They then complete a pre- and post-block test to allow both the pupils and the teachers to see how much improvement in their vocabulary they've achieved.

"Many children go from around 60 per cent to 90 per cent. This makes it easy to track their progress and motivating for the pupils to see their own improvements. We recommend two lessons a week. Each lesson is around 20 minutes, and they can do them in school or at home. Following this structure, pupils will learn around 10 new words and their meanings a week.

"The pupils are so enthusiastic. They are getting more used to Bedrock's requirements now and they are seeing the benefits."

Head of English, Mrs Gidden, added, ***"We'll soon be receiving training on how parents can help support Bedrock use with the new parent portal so watch this space!"***

Pupils should aim to complete two 'lessons' a week.







## LEADERBOARD



### This week's Bedrock leaders are:

#### Points (overall)

Abigail M	9E3	212
Layla H	8W3	154
Lily McM	9E2	154
Jake L	8W2	145



### These pupils are off to a flying start!

These pupils have **ALREADY** quizzed on a book in their very first week back:

#### Year 8

Emily P	8E2
Alex P	8W2

#### Year 9

Samuel D	9E2
Tom P	9E2

#### Year 10

Eliinila A	10EW4
Daniel R	10EW4
Courtney M	10EW5

**How incredible is that!**

Mrs Webster  
Acting Assistant Head of English



## LEADERBOARD



## Accelerated Reader™

Accelerated Reader is a computer-based program that schools may use to monitor reading practice and progress. It helps teachers guide pupils to books that are on their individual reading levels. Pupils take short quizzes after reading a book to check if they've understood it. Further information at [www.priory.lancs.sch.uk/pupils/online-learning-platforms](http://www.priory.lancs.sch.uk/pupils/online-learning-platforms)

### Here are this week's leaders:

#### Year 7

Jessica D	7E3	86,976
Anna H	7W2	15,304
Harriet H	7W2	15,175

#### Year 8

Emily P	8E2	513,791
Aaron P	8W3	190,858
Niamh P	8W1	158,326

#### Year 9

Lily McM	9E2	432,262
Emily C	9W2	449,610
Alex I	9W2	280,712

#### Year 10

Courtney M	10EW5	147,695
Daniel R	10EW4	100,045
Mathew S	10EW5	19,590

As we have been completing Star tests/Alpha tests this week, these figures have been taken from the year so far.

Competition is hot in Year 9 with the most words banked so far - 9E2 and 9W2, wow!

Also Year 9, Abi and Lily have made sure they are top of the leaderboard right from the word go! We wonder if anyone will challenge them for their top spots this year! Lovely to see Layla and Jake from Year 8 have also gained top spots. Congratulations on your success so far.

Learn to succeed



# HELLO

i'm back



## COMPETITION -TIME-

## It's Bookmark Competition time again for Year 8!

The Acting Assistant Head of English, Mrs Webster, has set all Year 8 pupils a creative challenge which will also prove useful for pupils' Accelerated Reading (AR) sessions.

Using the template provided\*, pupils should design their own bookmark within the area specified (the top bit!). The winning designs will be printed onto card and distributed to all readers who will then be able to add their name, reading ZPD and their colour code. It also has the web address for the AR site on it - a handy reminder for you all!

Year 8 pupils should return entries to their English teacher by Thurs, 30 September. Please ensure your name and English class are written on the back.

\*Templates can be collected from your English teacher or can be found at the pages of this newsletter, ready for printing.



Two of last year's winning designs.

## Year 8 Bookmark Competition!

**Love reading? Feeling creative? Then get your design hat on!!**

Using the template provided, design a bookmark for all our readers to use. The bookmarks will also act as a helpful reminder of your ZPD number, colour code and AR website address. Please remember to write your name on the back of your entry.

***The theme this year is: Everybody's Reading***

***Deadline for entries: Thursday, 30 September***

(Hand your entries to your English teacher.)



Everybody's  
reading



Wednesday's lunchtime table tennis club in action.



Starting  
w/c 27 Sept

## Physical Education Department Extra-Curricular Timetable (Autumn Term 1)

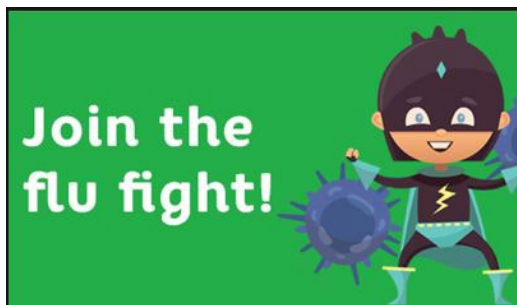
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Lunch –</b> <b>13.15 – 13.50</b> <b>Sports Hall</b>	<b>Badminton</b> <b>Key Stage 3</b>	<b>Badminton</b>	<b>Table Tennis</b> <b>Key Stage 3</b>	<b>Table Tennis</b>	<b>Badminton</b> <b>Key Stage 4</b>
	<b>Basketball</b>	<b>Basketball</b>	<b>Basketball</b>	<b>Badminton</b>	
<b>After-School</b> <b>15.15 – 16.15</b>	<b>Year 7 &amp; 9</b> <b>Football Practice</b> <b>Year 7/8/9</b> <b>Netball Practice</b> <b>Netball</b> <b>Matches</b> (not weekly) <b>Fitness Club</b> (Gym)	<b>Year 8 Football</b> <b>Practice</b> <b>Year 7 &amp; 8 Girls</b> <b>Football Practice</b> <b>Badminton Club</b> <b>Dance Club</b> <b>Key Stage 3</b> (Hall)	<b>No clubs due to</b> <b>staff meetings</b>	<b>Yoga Club</b> (Gym) <b>Basketball Club</b>	<b>Year 10 Football</b> <b>Practice</b>

NB In addition, school teams will have fixtures through the half-term. These may result in some clubs being moved locations.

## Important Notice

# Flu Nasal Immunisations (all year groups)

This week parents have been issued with a link, via email, to access the consent form and accompanying information for nasal flu immunisations.



The immunisation will be a spray and not an injection for all pupils and will take place in school on Thurs, 11 November. In the meantime, IntraHealth, the schools' immunisation team, need to obtain parental consent via the link below. Included with this is a NHS leaflet for you to read if you wish to know more about it.

<https://www.nhsimms.uk/FLU/information?Id=138948&Type=FLU>



The link will direct parents to a secure online portal where you can complete your child's details and submit **consent** or **non-consent**. This will then go directly to the immunisation team for processing.

**Please access the link as soon as possible - you should submit a response even if you wish to decline although you are encouraged to take up these vaccinations for your child.** The link will close on Tues, 2 November 2021.

If you have any queries regarding the vaccination itself or you have problems with the link please contact the IntraHealth immunisation team direct on 0333 358 3397 option 3.

## COME & SEE US

### OPEN EVENTS

**Wednesday 6th October, 4-7pm**

**Saturday 6th November, 10am-2pm**

**Wednesday 9th March, 4-7pm**

**FURTHER EDUCATION  
COLLEGE OF THE YEAR**



**2020 WINNER**

**PRESTON  
COLLEGE**

**100%  
PASS RATE  
ON LEVEL 3  
TECHNICAL  
COURSES**

*Learn to succeed*



# Enjoy Learning Music?

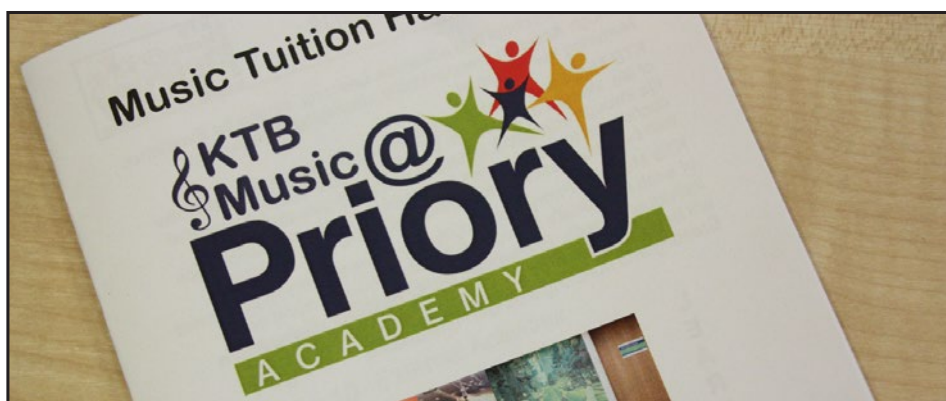
KTB Music provide private peripatetic music tuition in school for voice and instruments.

If pupils want to take up learning or carry on from primary school then they can here at Priory.



Alongside learning a new skill there are many benefits to learning a musical instrument:

- Improving memory skills
- Improving co-ordination skills
- Improving maths skills



## Sign up for music lessons now! PRIVATE MUSIC TUITION AT PRIORY

**If you haven't got a guitar or sax of your own, don't worry - just sign up now to join the likes of Ed Sheeran and Olivia Rodrigo, they all started at the beginning!**

If you are interested in taking up an instrument, learning to sing or carry on your lessons from primary school, get in touch with KTB Music or go to the school website to find out more. Pupils can also see Mr Taylor, Lead Teacher for Music at Priory, for a chat and information booklet.

*We are looking forward to meeting you!*

Lessons are £6 per 15 minute slot. Pupils are mostly taught on a one-to-one basis at school, in school time, and are timetabled on a rotation basis to minimise the disruption of class work. Pupils can study to gain exam grades, to play in concerts or simply for pleasure.

**KTbMusicAtPriory@outlook.com**

**[www.priory.lancs.sch.uk/pupils/ktb-music](http://www.priory.lancs.sch.uk/pupils/ktb-music)**

**[www.ktbmusic.co.uk](http://www.ktbmusic.co.uk)**



- Improving reading and comprehension skills
- Developing responsibility
- Knowledge of culture and history
- Enhancing a sense of creativity
- Learning how to express yourself and your emotions
- Developing your academic profile
- As a way of relaxing
- Developing self-discipline
- Developing self-confidence
- Risk-taking
- Teamwork

Pupils will come out of a timetabled lesson on a rota basis.

For more information, pupils can see Mr Taylor, Lead Teacher for Music, in MU1. Parents may contact either KTB Music direct (see advert) or email Mr Taylor at [a.taylor@priory.lancs.sch.uk](mailto:a.taylor@priory.lancs.sch.uk).



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# Open Evening Will Go Ahead

The event will take place on Thurs, 23 September with Covid measures in place. No prior booking is required.

The Headteacher's speech will be recorded to listen to in your own time and the link/QR code for this will be available on the night.

In the meantime, we invite you to take a virtual tour or view our prospectus at your leisure...

[www.priory.lancs.sch.uk/about-priory/virtual-tour](http://www.priory.lancs.sch.uk/about-priory/virtual-tour)

## Children With Additional Needs

We know that parents of children with additional needs may have more specific questions to ask. We therefore invite you to contact Priory's SENCo, Mrs Holland, by email at [a.holland@priory.lancs.sch.uk](mailto:a.holland@priory.lancs.sch.uk) in the first instance. Mrs Holland can also arrange a telephone call to discuss your child's needs and invite you to see what we can offer your child at Priory.



**SCHOOL  
ADMISSIONS  
SECONDARY**  
**SOUTH**

Do you have a child starting secondary school in September 2022 and living in Lancashire?

**APPLY NOW!**

**WWW.LANCASHIRE.GOV.UK/SCHOOLS**  
or give us a call on 01772 532109

**CLOSING DATE: 31 OCTOBER 2021**

You must apply even if an older brother or sister is already at the school.

**HAVE YOUR SAY**  
Between 1 October and 31 January schools are consulting with you to make sure admission arrangements meet future needs. To find out more please visit [www.lancashire.gov.uk](http://www.lancashire.gov.uk) and search 'School Admission Policies'.

**Lancashire**  
County Council

[www.lancashire.gov.uk/schools](http://www.lancashire.gov.uk/schools)

Open Evening

**Thursday, 23 September 2021**

**4.30pm-9pm**

Our Open Evening will go ahead with Covid measures put in place to keep everyone as safe as possible. Amongst these, the Headteacher's speech will be recorded to watch in your own time and we will be monitoring capacity across classrooms. Visitors will be asked to wear face coverings where possible, keep a respectable distance from others and use the hand sanitisers provided. Before then though, please join Headteacher, Mr Eastham, as he takes you on a virtual tour of Penwortham Priory Academy.

[www.priory.lancs.sch.uk/about-priory/virtual-tour](http://www.priory.lancs.sch.uk/about-priory/virtual-tour)



Crow Hills Road, Penwortham, PR1 0JE | 01772 320250 | [www.priory.lancs.sch.uk](http://www.priory.lancs.sch.uk) | [enquiries@priory.lancs.sch.uk](mailto:enquiries@priory.lancs.sch.uk)

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"If you are going to get anywhere in life you have to read a lot of books."

— Roald Dahl



## Year 8 Bookmark Competition Template



Accelerated  
Reader™

SOME KIDS ARE **SMARTER** THAN you,  
SOME KIDS HAVE **cooler clothes** THAN you,  
SOME KIDS ARE BETTER AT **SPORTS** THAN you.  
It DOESN'T matter!  
You HAVE **YOUR** THING Too.  
BE THE KID WHO CAN **GET ALONG**.  
BE THE KID WHO IS **generous**.  
BE THE KID WHO IS **HAPPY** FOR OTHER PEOPLE  
BE THE KID WHO DOES THE **RIGHT THING**  
**BE THE NICE KID**

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—BRYAN SCAVNAK

Name: \_\_\_\_\_

ZPD range: \_\_\_\_\_

Colour: \_\_\_\_\_

<https://ukhosted27.renlearn.co.uk/6699551/>



Local detachments are now actively recruiting. The Army Cadet Force allows cadets aged from 13 - 18 years old the opportunity to achieve, grow and gain qualifications such as First Aid, BTEC, Duke of Edinburgh's Award to name but a few.

If anyone in Year 8 or above is interested, please see the link below for further information: <https://armycadets.com>

### SOME OF THE THINGS ARMY CADETS GET TO DO

ADVENTUROUS TRAINING  
CADET AND THE COMMUNITY  
CAMPS  
COMPETITIONS  
DRILL  
DUKE OF EDINBURGH'S AWARD  
EXPEDITIONS  
FIELD CRAFT  
FIRST AID  
INTERNATIONAL EXCHANGES  
MILITARY KNOWLEDGE  
MUSIC  
NAVIGATION  
RADIO COMMUNICATIONS  
RECOGNISED QUALIFICATIONS  
SHOOTING  
SKILL AT ARMS  
SPORT

BEING AN ARMY CADET IS ABOUT HAVING FUN AND MAKING GOOD FRIENDS.  
THE ACF IS SPONSORED BY THE ARMY BUT IS NOT PART OF IT. ARMY CADETS CHOOSE TO GO ON TO ALL SORTS OF DIFFERENT CAREERS.

FIND OUT MORE AT  
[ARMYCADETS.COM](http://ARMYCADETS.COM)

"JOINING THE CADETS WAS THE BEST THING I'VE EVER DONE. NO ONE REALISES JUST HOW GOOD IT IS UNTIL THEY GIVE IT A CHANCE."

#### I'D LIKE TO JOIN, WHAT SHOULD I DO?

Visit [armycadets.com](http://armycadets.com) and complete the cadet joining form or contact us at the office below:

#### CONTACT ADDRESS

HQ Lancashire ACF, Fulwood Barracks  
Watling Street  
Preston, PR2 8AA  
Email: [nw-lan-ao@rfca.org.uk](mailto:nw-lan-ao@rfca.org.uk)  
Tel: 01772 717078

#### FIND OUT WHAT'S HAPPENING NEAR YOU

<https://www.facebook.com/LancashireACF/>

CHALLENGE  
YOURSELF  
GO FURTHER

FUN  
FRIENDSHIP  
ACTION  
ADVENTURE

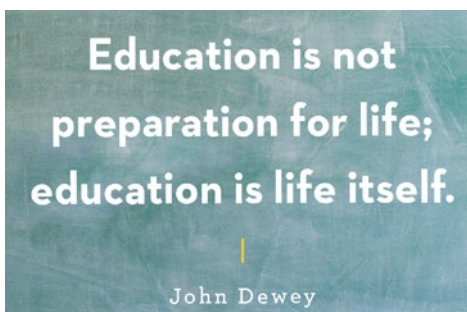
JOIN US AT [ARMYCADETS.COM](http://ARMYCADETS.COM)



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[ARMYCADETS.COM](http://ARMYCADETS.COM)



ARMY  
CADETS  
GOING FURTHER



# NEXT ISSUE

There will not be a newsletter next week. The next issue will be:

## Friday, 1 October

Learn to succeed