

# Penwortham Priory Post



## Priory Makes Room For Music

**A store room which has been transformed into a music room has hit the right note with our pupils and music staff!**

The store room was at the end of a corridor near the gym and was pretty much unused. However pupils have got together and, along with the help of Lead Teacher of Music, Mr Taylor, they have made it into an additional place to use in music lessons or as a room where budding musicians can get together either at break, lunch or after school. It contains some guitars, keyboards, a set of drums and microphones.

Year 10 singer Molly said: "It's brilliant, just amazing. I have had vocal lessons, I write my own music and want to be in a band so this is the perfect place to come together with like-minded people and practice.

"It's for all year groups so we just mix together through our love of music. It's a relaxed place for people to showcase their talents."

Year 8 Josh said: "People can come here with their music and see if they like it with no pressure. Molly and I wanted to put together a band and then Charlie came along and we will be holding auditions for others to join us.

"This is a great space. It's a place to come where I feel comfortable and with like-minded people."

*Continued next page...*

## Key Dates

Diary Dates

Did you know that the term dates for the academic year are available to view and download from our website?

[www.priory.lancs.sch.uk/parents/termdates](http://www.priory.lancs.sch.uk/parents/termdates)

### 12 & 13 March

Manchester Airport Trip  
(Year 10 invited pupils)

### Fri, 14 March

Hutton College interviews  
(Year 11)

### Thurs, 20 March

Year 9 Tetanus,  
Diphtheria & Polio (Td/  
IPV) & Meningitis ACWY  
Immunisations.

### Fri, 21 March

Preston College Science  
Competition (Year 10  
invited team only)

### Fri, 28 March

Year 9 Passenger Safety  
Performance Assembly

### Mon, 31 March

Year 11 Parents Evening  
(online)

### 1-3 April

London Theatre Trip

### Thurs, 3 April

Bake Sale (Year 11  
fundraising for Prom)

### Weds, 2 April

Year 7 & 8 Easter Bingo

### Fri, 4 April

Early lunch followed by  
school closure at 1.10pm  
End of Spring Term

Continued from previous page...

Molly added: "You can forget your troubles here and do what makes you happy."

Mr Taylor said: "I am really pleased to have this new space which was dead space previously."

"It's a real bonus and welcome addition to what we have got in terms of all the creative art spaces in school now. Having an extra practice room such as this so close to the main music room means, first of all, it offers a breakout space for pupils who are working in their music lessons to work in a group in a multi-dimensional way. We have guitars in there, we have keyboards and a drum kit and space for singers as well so there is a full band set up for those wanting to work in their own group."

"Additionally at break times, lunch times and after school it acts as a dedicated band rehearsal room and that's over to the pupils to form their own bands, whether it's duets or bigger rock bands, to rehearse in preparation for performances such as the Summer Arts Evening or any assemblies or just as a hobby to refine their skills."



# Music

## Year 11 Parents Evening

Monday, 31 March (online)

### Booking Now Open

This evening will be a meeting with each of your child's teachers to check on their progress in Year 11, review their mock exam performance and plan ahead for the summer exams.

To facilitate these events we use a web-based program called 'SchoolCloud Parents Evening'.

**The link to book your slot is now live and a letter has been sent to Year 11 parents via email and the Arbor Parent App.**

Full instructions on how to book and attend appointments, can be downloaded from the school website at >>

[www.priory.lancs.sch.uk/parents/parents-evenings](http://www.priory.lancs.sch.uk/parents/parents-evenings)



In addition, a tutorial video can be viewed by clicking on the link>> <https://vimeo.com/473882995>



**The link to access the event is the same link you use to book your appointments, as follows:**

<https://penworthampriory.schoolcloud.co.uk/>

To enable teachers to meet with as many parents/carers as possible, each appointment slot will be four minutes long. The appointments automatically stop after this time and teachers cannot extend the call.

If you wish to speak with your child's teacher for further discussion after this, please arrange this with them during the session or via email at a later point. If you would like to speak to another member of staff, please feel free to contact them direct. A full email list can be found via our website at [www.priory.lancs.sch.uk/parents/staff-contact-list](http://www.priory.lancs.sch.uk/parents/staff-contact-list)

Mrs Bullock  
Head of year 11

Learn to succeed



# Full STEAM Ahead for Careers Event



Last Friday, we had the pleasure of welcoming a diverse range of visitors who showcased the vast array of careers available in Science, Technology, Engineering, Art, and Maths (STEAM) - and more - at our annual careers fair.

Taking place in the Sports Hall, students from all year groups were given the opportunity to engage with employers, colleges, and universities, all with the aim of inspiring and informing them about the exciting career pathways in the STEAM sectors. It was particularly heartening to see some of our former Priory pupils return to support the event, reinforcing the invaluable connections we have nurtured over the years.

A special thank you goes to the numerous local and national businesses, as well as education establishments and training providers who made the journey to Penwortham. Their participation ensured that our pupils had the chance to explore various options in the world of work and gain insights into prospective career pathways.

The event was filled with engaging experiences; pupils took part in a hair-raising venture with the National Grid's Van de Graaff generator and were challenged to a grip test by physiotherapist Jemma Oliver. Additionally, Preston College captivated students' attention with their 'Spin The Wheel' activity, leading to a host of sought-after goodies.

Event organiser and Science teacher Mrs Massey said, "We are passionate about ensuring our pupils are well-informed about career options so they can make open minded choices about their future."



Learn to succeed



"I was really pleased that so many employers and education providers could attend to make this event so beneficial.



She praised the pupils for their engagement, stating, "The pupils were a credit to us, asking insightful questions, interacting with the activities and collating a wealth of information. Some were a little apprehensive about the prospect of talking

to people they didn't know about careers but responded fantastically to the challenge."



Mrs Massey concluded by extending her gratitude to all visitors for taking the time to inspire the next generation of employees. Your support does not go unnoticed, and we look forward to building even more connections in the future!

*Mrs Massey  
Science Teacher and House Leader*



## Year 11 College Interviews

It was a busy time for Preston College when they attended two events at Priory last week.

In addition to the STEAM careers fair, they conducted informal interviews with Year 11 pupils who have applied to the further education college.

As Year 11 prepare for life beyond Priory, college representatives met 1:1 with pupils to explore their choices in more detail, ensuring they were the right ones for them.

Pupils could ask more detailed questions whilst the college had the opportunity to get a clearer sense of their education and personal development so far, and where they want to take their career journey.



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# British Science Week Poster Competition

The scientists from the University College London (UCL) need your help!

Can you help them by coming up with a new idea or invention to improve the health of the air in our buildings?

Choose an indoor public space where you often spend time – this could be an area where you learn, or a place you visit regularly like a library, café or cinema. Do you think the air in this space is healthy and clean? Why? Come up with an idea or invention to change the air in your chosen space, making it healthier to breathe. How will it work? Could it be used in other public places too?

You might have a brand-new idea, or you might come up with something that already exists but re-imagined in a unique or creative way. The researchers at UCL have considered lots of different ideas for improving air quality and preventing the spread of viruses in hospitals. For example, you could think about face masks, curtains and screens, ventilation, fans or air filters.

Then think carefully about how you will lay out and present your idea. You should consider how best to communicate your research so that it is clear and logical. You could create a set of instructions, a detailed diagram or you might like to develop an eye-catching poster!

Entries must be A4 or A3 in size and you'll need to be able to take a photograph of your work so it can be sent to British Science Week (BSW) online for judging (via school). Entries can be accepted from individuals or teams.

## How will the posters be judged?

Here's the lowdown on what the judges will be looking for:

- **Creativity in approach** – You might have a brand new idea, or you might come up with something that already exists but re-imagined in a unique or creative way.
- **Scientific content** – Your ideas should be clear, accurate and in line with your level of learning.
- **Research content** – You might carry out some research first, to inform your thinking, and this should be reflected in your entry.
- **Viability** – Could your idea work? Can you explain how? Show or explain how it would change the air in your chosen space and make it healthier!

7 - 16 March

BRITISH  
SCIENCE  
WEEK 2025



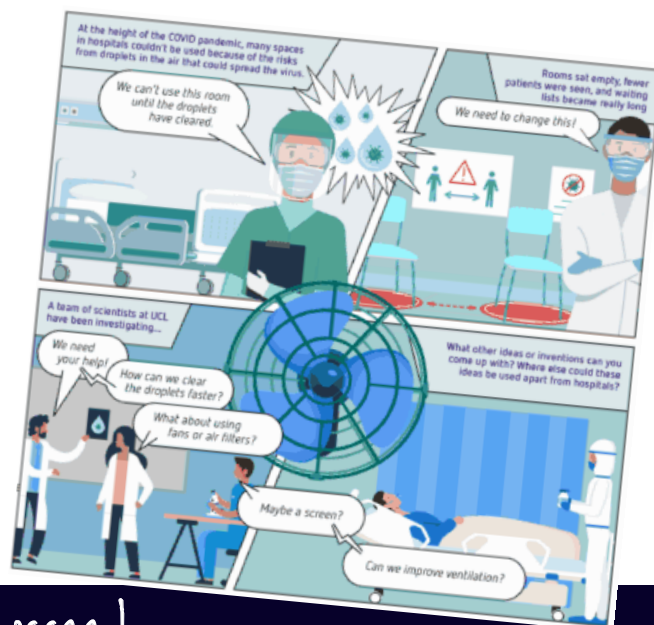
- **Presentation and effective communication** – Aim to present your idea in a way that is clear, logical and easy to understand. Think about the way you set out your ideas and the use of text and images. You could create a poster, a set of instructions or a diagram – think about the best way to showcase your thinking!

Researchers from the team at UCL, alongside members of the British Science Association, will shortlist entries, and a panel of judges will select a winner in each age category. Two runners up in each age category will be uploaded to the BSW Facebook page and the public will decide on a 'popular vote' winner.

## What are the prizes?

BSW has an exciting array of prizes available for the winners this year. Watch this space for more details!

**Please see Mrs Potter, Assistant Head of Science, with any questions and to enter. The best five entries from our school will be submitted to British Science Week. Deadline 19 March.**



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# Eco Club Tree Planting



Members of Priory's Eco Club were out again last week with South Ribble Borough Council's Parks Team, supporting them with tree planting.

This time, the group of three boys, accompanied by Mrs Massey, ventured over to Bellis Way, Walton-Le-Dale.

Science Teacher and Eco Club Leader, Mrs Massey said, "We were planting trees to improve the coverage around one of the public spaces that contains a small park. We only had 50 trees this time, which the pupils involved made light work of!"

Thank you Owen T (Year 8), Joe W (Year 8) and Kenzie S (Year 9) for their steadfast dedication to improving our environment.



Penwortham  
**Priory**  
ACADEMY

## Ramadhan Hub

- Prayer mats available
- Ramadhan art & craft
- Listening to Quran / reading
- General chance to chat, catch up and unwind

**'Feed the heart'**

Every break & lunch through Ramadhan in EN1 with Mrs Robinson Ali and Mrs Karodia

From Monday, 3rd March till Friday, 28th March

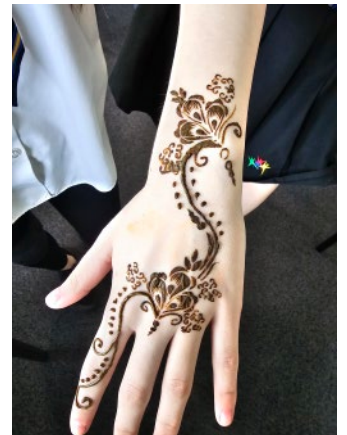
## Henna Hand Art

As part of our Ramadhan Hub activities running throughout the month, students have the opportunity to use henna to draw mehndi patterns on their hands.

Henna is a natural dye made from a plant and applied to the skin. It will remain on the skin for a few days, but it is not permanent. It will however, permanently stain clothing if it comes into contact with it before drying. Black henna will not be used. Please note that an allergic reaction is possible, but uncommon.

The activity will take place at break and lunchtime in EN1 (Mrs Robinson-Ali's room) from Monday, 10 March to Friday, 28 March. To cover resources, this will cost £2 per person which can be paid in cash on the day.

Pupils interested in this activity should collect a permission slip from Mrs Qadri and return to her prior to taking part.





# Pupils Vote in National Youth Parliament Elections



This week pupils participated in the largest ballot for young people, the Lancashire Youth Council Ballot.



The Lancashire Youth Council provides opportunities for 11-18 year olds to use their elected voice to bring about social change through meaningful representation and campaigning.

During the school day on Wednesday, pupils were given the opportunity to vote, to select the topic they are most passionate about and want more national action on. As in adult elections, they had to put a large X in one box only.

The topics to vote for were:

**Mental Health** School exam pressure, someone to speak to, waiting lists. DR appointments, exercise, affordable. Sporting opportunities.

**Citizenship** Votes for 16 year olds for all elections and referendums.

**Discrimination** Disability, LGBTQIA, age, race.

**Food poverty** Food banks, school meals, healthy eating.

**Education** Education for life, exams, uniform and inclusivity. Employability skills, political education.

**Safety in public places** Bus stops, shopping centres, Anti-Social Behaviour, lighting, knife crime.

**Transport** Affordable, accessible, right place right time. Free for young people.

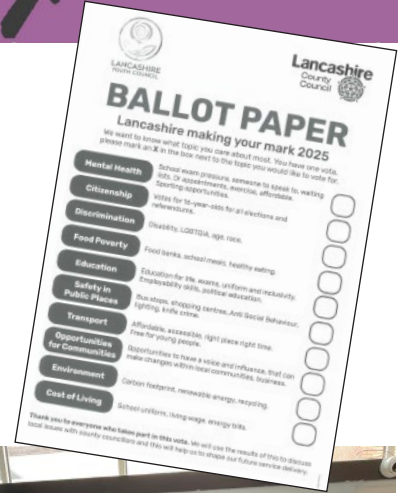
**Opportunities for communities** Opportunities to have a voice and influence, that can make changes within local communities, and business.

**Environment** Carbon footprint, renewable energy, recycling.

**Cost of living** School uniform, living wage, energy bills.

Organiser Ms Smith said *“When an opportunity comes along to participate in active citizenship, through democracy, we actively participate as part of pupil Personal Development. Where possible, will always try to mimic real-world activities in readiness for life after Priory. All opportunities to vote are enacted in school and tie-in with our Citizenship curriculum, our coverage of Fundamental British Values (FBV) - Democracy, and Spiritual, Moral, Social, Cultural (SMSC) learning”.*

On this occasion, the ballot papers will be counted by Lancashire Youth Council, and we look forward to hearing the outcome.



# Class of 2024 - *India Pilkington & Lewis Tabarn*



As we continue to celebrate the achievements of our former pupils, we're shining a spotlight on Lewis and India, who joined an inspiring theatrical project in Blackpool after moving on from Priory last summer.

Two drama tutors have established the Theatre Collective, a free college aimed at aspiring actors aged 16 to 19. With the intention of nurturing talent from the North, they are providing invaluable opportunities in Blackpool, demonstrating that it is possible to pursue a career in the creative arts without the high costs typically associated with moving to London.

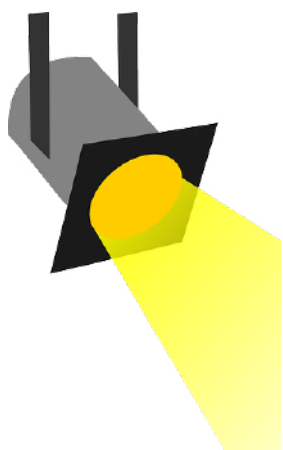
In a BBC news report about the college, India expressed her excitement about the initiative, stating, "It feels good to know there is somewhere you can do what you want to do, and you don't have to spend so much money to just achieve what you want."



India and Lewis recently showcased their skills by performing a special tribute to Agatha Christie's iconic play, 'The Mousetrap,' at St Martin's Theatre in London. They also got to meet historian Lucy Worsley, who is the author's biographer, along with other celebrities who were in the audience enjoying the performance.

We look forward to witnessing their continued success. You can view the full BBC article here >>

<https://www.bbc.co.uk/news/articles/cm2dnn85gkro>



## Pupils In The Spotlight

Would you like to tell us about your child's achievements whether it's in sport, charity events, public speaking, drama, environmental issues, maths challenges or anything else? Maybe even someone who has overcome adversity and doesn't mind talking about it? These make great stories to inspire others.

If this is you, please get in touch with your son/daughter's form tutor / head of year or contact the Communications Manager, Mrs Yates, via email at:

[j.yates@priory.lancs.sch.uk](mailto:j.yates@priory.lancs.sch.uk)

*Learn to succeed*



# Year 10 Pupils Attend Exam Stress Management Assembly

On Wednesday, 26 February, Year 10 pupils attended an assembly run by mental health support charity, Compass Bloom.

The Mental Health Practitioners, Claudia and Elise, delivered an informative presentation on exam stress and gave useful tips, including anxiety management techniques, which will support our students as they embark on their GCSE examinations. It is hoped that the session will help pupils take care of their mental health and ease any worry and exam stress.

Compass Bloom the supports teens across Lancashire with a range of mental health needs - and are now a fixed part of the school environment. Their work delivers 1-2-1 and group sessions throughout the academic year. Any students who feel further group work would benefit their emotional wellbeing, can gain more information by going directly to Mrs Willis, Family Support Manager, located in the Pastoral office.



Compass  
BLOOM

CENTRAL & WEST LANCASHIRE  
MENTAL HEALTH SUPPORT TEAMS



Geography  
Club!

Monday, After School  
in Mr Mo's Room, until  
4:00PM!

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# M&S and YoungMinds - Young Designer Competition

This competition, run by M&S and YoungMinds, invites young people to design a sweatshirt or hoodie that will be sold in M&S stores across the UK and online. All profits will be donated to YoungMinds to help more young people feel supported with their mental health.

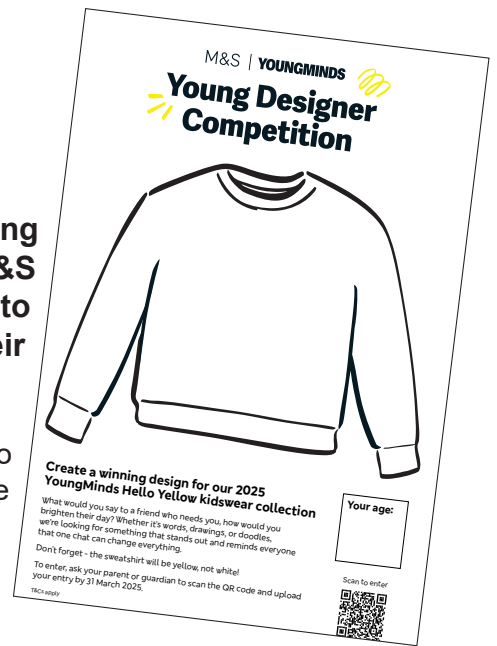
M&S and YoungMinds are looking for inspiring designs to feature on two pieces in the 2025 YoungMinds Hello Yellow kidswear collection. There are two age categories for the competition – 5-11 and 12-16 year olds.

The closing date is 31 March and you can find out more about the competition, including prizes and how to enter, here>>


<https://mnsyoungdesignercompetition.powerappsportals.com/>

A copy of the entry form can be downloaded via the link or pupils can pick up a printed copy from the Pastoral office (see Mrs Willis).

Whether it's words, drawings, or doodles, they're looking for designs that stands out, and remind everyone that one chat can change everything. Don't forget - the sweatshirt and hoodie will be yellow!



### ESSENTIAL COMPETITION INFORMATION



**THE DESIGN CHALLENGE**  
What would you say to a friend who needs your support?  
How would you brighten their day?  
Whether it's words, drawings, or doodles, we're looking for designs that stands out, and remind everyone that one chat can change everything. Don't forget - the sweatshirt and hoodie will be yellow!

**THE AGE CATEGORIES**  
The competition is open to two age groups:  
5-11 and 12-16 year-olds

**THE JUDGING CRITERIA AND PROCESS**  
Winning designs will be judged based on creativity, originality, and relevance to the competition theme, as determined by a panel of judges. Please see the FAQs for the judging process.

**Closing Date**  
11.59pm on 31 March 2025

## Learning Newsletters

Every half term we put together a newsletter for parents where we seek to share some of the initiatives and strategies we use in school so you might best support your child at home, in order to benefit them and further enhance their educational experiences in the long term.

This next issue looks at **'Reading'** with an introduction to First Chapter Friday and Reading Plus (our reading programme for Year 7, 8 & 9), plus how you can support your child's extra reading at home.

This half term's issue has been emailed to parents however this, and all past issues, can be downloaded from the school website at> >

[www.priory.lancs.sch.uk/parents/newsletters](http://www.priory.lancs.sch.uk/parents/newsletters)

(see Learning Newsletters tab)



Learn to succeed



# Catering Team Serves Up A Taste of Tradition

**On Tuesday, pupils were served a delightful break-time treat on honour of Shrove Tuesday - American-style pancakes!**

The catering team went all out, offering a variety of delicious toppings to suit every taste. Pupils could choose from fresh strawberries, a classic combination of sugar and lemon, rich chocolate sauce, and sweet syrup. The sight of these mouth-watering options had everyone lining up for a taste.

This pancake feast ties into the tradition of Shrove Tuesday, also known as Pancake Day, which is celebrated in many countries around the world. Shrove Tuesday marks the day before the start of Lent, a period of fasting and reflection in the Christian calendar. Historically, it was a day to use up rich ingredients like eggs, milk, and sugar before the Lenten fast, leading to the tradition of making pancakes.

The pancakes were a huge hit and a wonderful way to bring a bit of this tradition into our school.

A big thank you to our wonderful catering team for their hard work and creativity in making break time special.



## What's the History of this event?

Pancake Day, or Shrove Tuesday, is the traditional feast day before the start of Lent on Ash Wednesday. Lent – the 40 days leading up to Easter – was traditionally a time of fasting and on Shrove Tuesday, Anglo-Saxon Christians went to confession and were “shriven” (absolved from their sins). A bell would be rung to call people to confession. This came to be called the “Pancake Bell” and is still rung today.

Shrove Tuesday always falls 47 days before Easter Sunday, so the date varies from year to year but will always be between 3 February and 9 March. **In 2025 Shrove Tuesday fell on 4 March.**

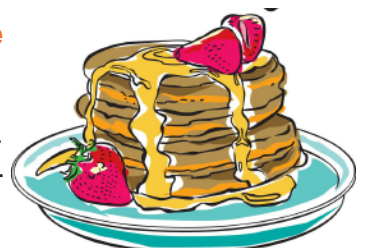
**DID YOU KNOW?**

Shrove Tuesday was the last opportunity to use up eggs and fats before embarking on the Lenten fast and pancakes are the perfect way of using up these ingredients.

A pancake is a thin, flat cake, made of batter and fried in a frying pan. A traditional English pancake is very thin and is served immediately. Golden syrup or lemon juice and caster sugar are the usual toppings for pancakes.

**Here's a basic recipe and method...**

[www.bbcgoodfood.com/recipes/easiest-ever-pancakes-0](http://www.bbcgoodfood.com/recipes/easiest-ever-pancakes-0)







## Pupils Celebrate Pancake Day with Some Flipping Fun

On Wednesday this week, Mr Raynor continued the celebrations with the annual pancake tossing House competition.

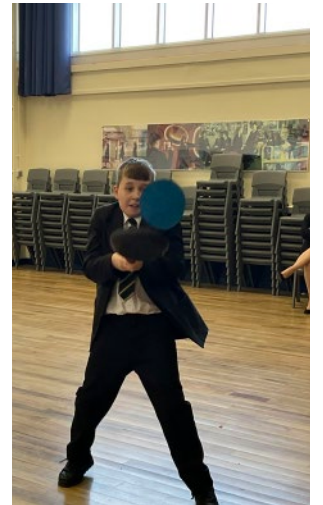


Held at lunchtime in the Assembly Hall, this 'just for fun' event challenged participants to score as many flips as they could in 30 seconds. Each House had a team of pupil volunteers, with the House Leaders cheering them on, and the House with the highest combined total won the contest.

A special mention to Year 7 Angel who managed an incredible 47 flips on her go. Thank you to Food Tech department for the pans and the PE department for the 'pancake' rubber discs.

The winners were **Calder** (146 flips), followed by **Hodder** in second place with 140 flips, and **Ribble** and **Douglas** third and fourth respectively (111 flips and 100 flips).

**Priory pupils certainly know how to have flipping fun!**





# Many Clubs On Offer at Priory

Our Year 7s continue to impress us every day and we want to highlight some of the amazing clubs that these pupils have started and are open to all year groups to join.

Despite only being in school since September, they have settled in and found their feet, expressing what they love doing in their spare time by starting their own clubs which they run. They are so enthusiastic about them and spend many hours making sure these clubs run smoothly, that they complement their lessons and they educate as well as being fun.

**This is the second of two articles where we feature these clubs.**

The Year 7 **History Club** certainly takes some beating in enthusiasm and organisation. This is run by Harley, Charlie and Year 10 Molly.

Harley said: "My topic is 1485- Modern History, Charlie is anything before 1485 while Molly's speciality is American History. We have PowerPoints, magazines, activities and much more."

Charlie said: "I like learning about the past and how it links to the present, you can piece it altogether. I like ancient and medieval history as it's really different to modern day, it just seems a lot simpler."



Matilda and Emilie founded the **Book Club** every Monday after school in the library.

Matilda said: "We are reading Roald Dahl's 'The Witches' and, at our Book Club, we all read it together."

"If you want, you can read a bit out loud and we go around the room but there is no pressure. It's just an enjoyable way of reading, altogether."



The **Art Club** is run by Josh and Lewis who are enthusiastic about art.

Lewis said: "Everyone loves art! We just do different things like origami and painting. We do plan each session and it's just for fun really."

Charlie started the **Geography Club** and has enjoyed so far making his own country.



"We decided to make our own micro-nation called 'Mapland' and it has its own flag, national anthem and currency. I am also in the Eco-Club so I am taking it further in that there is a bin in Humanities to collect plastic bottles and we will make these into things then sell them in the Mapland's currency. We are finding out everything it takes to run a country."

Geography Club is every Monday after school.

# From Pixels to Reality: Priory Pupils Embrace 3D Printing



**Mrs Qadri's 3D Printing Club has certainly captured the imagination of Priory pupils!**

Head of ICT & Computer Science Mrs Qadri began the 3D Printing Club for all year groups in September, and held every Friday lunchtime in HEX1.

Priory received the 3D printer from BAE Systems.

Mrs Qadri said: "BAE, working with CREATE Education, wanted pupils to be able to use a 3D printer so they were trained up and ready to go if, for example, they did move onto BAE as some of our pupils do.

"The 3D Printing Club has a lot of interest and it's a new skill for a lot of our pupils. They have made key rings and are now designing their own products. They can make solid products as well as flexible ones. It's really popular."



One pupil, Nathan, made a castle and moat as part of the Year 7 History competition using the 3D printer.

Nathan said: "It took 12 hours and 53 minutes to make it! It had to be left overnight and I did learn some valuable lessons as my design needed sharpening up a bit but I was pleased with the final outcome."

Sravani said: "3D printing is fascinating. You learn different things and it's amazing to watch something from a computer programme become real life. Computing is one of my favourite subjects.

"I made a key ring for my mum and now want to make one for my lanyard."

Year 11 AJ said: "The 3D printer is cool. It's something which interests me and it's about learning new and useful skills."

**3D PRINTING CLUB**  
Design and print your own 3D creations

**FRIDAYS**  
HEX1 LUNCHTIME

How does a 3D print work?

No need to register - Just turn up

The poster features a blue background with yellow and white text. It includes a circular logo with '3D' in red and blue, a drawing of a 3D printer, and a photograph of a 3D printer printing a red object.

*Learn to succeed*





# MUSIC PRACTICE Room

**IN OUR NEWLY RENOVATED REHEARSAL SPACE  
YOU CAN JAM WITH FRIENDS, START A BAND OR GO SOLO.**

**The rehearsal space is fully equipped  
with top-notch musical instruments to  
elevate your practice sessions.**

**Enjoy the rich sounds of keyboards,  
acoustic and electric guitars, powerful  
drums, high-quality amps and space  
for singers.**

**Everything you need to create music  
is right here!**



**The space is located on the sports corridor near the exit to the Hex.**

**To book a slot in this incredible space, simply use the booking sheet pinned to the practice room door.  
For more information, see Mr Taylor.**



# Chili Challenge

## Winners

Our winners w/e 7 March are:

- Year 7 Lois J (Mrs Kursitis) **Calder**
- Year 8 Alice E (Miss Gregson) **Douglas**
- Year 9 Ryan L (Mrs Scully) **Douglas**
- Year 10 Ezra H (Miss Beesley) **Douglas**
- Year 11 Geetha D (Mrs Shaw) **Calder**

Our winners w/e 28 February were:

- Year 7 Marissa K (Mrs Lockwood) **Hodder**
- Year 8 Cainon M (Mr Eccles) **Calder**
- Year 9 Phoebe P (Mr Momoniat) **Calder**
- Year 10 Archie M (Miss Beesley) **Douglas**
- Year 11 Ella G (Mrs Shaw) **Ribble**

These pupils have now received their chilli tokens to claim their free breaktime snack from the dining room.

### Pupils:

Pick up your challenge sheet from the top of the post boxes in your dining areas. When you've had a go at them, pop your answers in your year group post box.

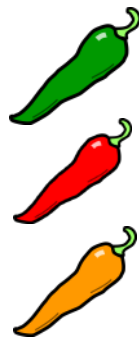
**Reminders** - Only one entry per person per week (no group effort!), make sure you have put your full name and House on your entry - if not it won't be counted. Ten pupils missed out this week as they hadn't written their name/form clearly.

**GET INVOLVED!**

The leaderboard has stayed the same over the past two weeks but Douglas continues to be hard to beat!

- Ribble** 1st
- Douglas** 2nd
- Hodder** 3rd
- Calder** 4th

Mrs Corwell  
Vice Principal



**key**  
**FAMILY HUBS NETWORK**

**key**  
**PATH**  
CHILDREN & YOUNG PEOPLE

**key**  
**SPRING NORTH**

**PARENT & CARER PEER SUPPORT**  
Supporting YOU to support your Young Person with their Mental Health & Wellbeing

Connect with other parents/carers, share experiences, exchange practical advice, mutual support and signposting. Groups are professionally supported and held in relaxed & confidential spaces.

<p><b>CHORLEY</b> 1st Monday of the Month</p> <p>5:30pm - 7pm Duke Street Family Hub 51 Duke St. Chorley, PR7 3DU Monday 3rd March Monday 7th April Monday 2nd June Monday 7th July</p> <p>Parking at rear</p>	<p><b>PRESTON</b> 2nd Monday of the Month</p> <p>4:30pm - 6pm Foundations/Inn2 2 Oxford St, Preston, PR1 3SG Monday 10th March Monday 14th April Monday 12th May Monday 9th June Monday 14th July</p> <p>Parking on-site</p>
<p><b>BAMBER BRIDGE</b> 4th Monday of the Month</p> <p>4:30pm - 6pm Walton Le Dale Family Hub Brindle Road, PR5 6YJ Monday 24th March Monday 28th April Monday 23rd June Monday 28th July</p> <p>Parking on Leisure Centre</p>	<p><b>ONLINE</b> 3rd Monday of the Month</p> <p>5:30pm - 7pm Microsoft Teams Monday 17th March Monday 19th May Monday 16th June Monday 21st July</p> <p>To register to attend email: nikih@keycharity.org.uk</p>

Leyland ND Parent & Carer Peer Support  
-< scan for details.

Join our Facebook Community

For more information contact Niki (Facilitator) on 07580358080 / [nikih@keycharity.org.uk](mailto:nikih@keycharity.org.uk)  
[www.keycharity.org.uk](http://www.keycharity.org.uk) Registered Charity Number 115477

**key**  
**PATH**  
CHILDREN & YOUNG PEOPLE

**key**  
**SPRING NORTH**

**PEER SUPPORT FOR PARENTS/CARERS OF NEURODIVERGENT YOUNG PEOPLE**  
Supporting YOU to support your Young Person with their Mental Health & Wellbeing

An opportunity to connect with other parents/carers, share experiences, exchange practical advice, mutual support and signposting. Groups are professionally supported and held in relaxed & confidential spaces.

12:30pm - 2pm  
2nd & 4th Tuesday of the Month  
February Tuesday 25th  
March Tuesday 11th & 25th  
April Tuesday 8th & 22nd  
May Tuesday 13th & 27th  
June Tuesday 10th & 24th  
July Tuesday 8th & 22nd

Venue: Key Unlocking Futures, Unit 2, Balfour Court, Leyland, PR25 2TF

For more information contact Niki (Facilitator) on 07580358080 / [nikih@keycharity.org.uk](mailto:nikih@keycharity.org.uk)

Join our Facebook Community For details of our other Parent Peer support groups [scan here](#) ->

[www.keycharity.org.uk](http://www.keycharity.org.uk)  
Registered Charity Number 115477

Learn to succeed



Compass Bloom is a charity that provides health and wellbeing services for children, young people and their families. Their webinars are designed to educate, assist, and provide guidance on a range of low-level mental health and wellbeing topics.



## Building Confidence and Self-Esteem Webinar - Webinar

Thursday, 20 March · 6pm-7pm

Empowering Parents & Carers to Build Self-Esteem in Children!

Want to help your young person develop confidence and resilience?

Register at >>  
<https://bcwebinar.eventbrite.co.uk>

The deadline to register is 19th March at 5pm, after that the sign up will be disabled.

## Sleep - Webinar

Wednesday, 26 March · 1pm-2:15pm

Back by popular demand. Sleep is a Super Power! We all need sleep, and some of us would like even more of it!

This webinar aims to provide an overview for parents/carers on the purpose of sleep, the impact of poor sleep, and advice and strategies to improve sleep and overcome some common sleep difficulties. The strategies may be applied to both adults and children and young people.

Register at >>  
<https://MarchSleepWebinar.eventbrite.co.uk>

The deadline to register is 25th March at 5pm, after that the sign up will be disabled.

**LIVE**

### PARENT/CARER WEBINAR

'BUILDING CONFIDENCE AND SELF-ESTEEM'

**Join Our Free Webinar:**  
 Empowering Parents & Carers to Build Self-Esteem in Children!

Want to help your young person develop confidence and resilience?

Webinar Topics:

- ➔ What self-esteem is and why it matters
- ➔ How to recognise the signs of low and high self-esteem in children
- ➔ Key factors that shape a child's self-esteem
- ➔ Practical, everyday strategies to build confidence

**When:**

MAR

Thursday 20th March, 6pm -7pm

**Join Our Webinar!**

Our webinar is open to all young people and parents/carers of students who attend our allocated schools and colleges.

Register now using the link below or simply scan the QR Code to secure your spot!

[BCEWebinar.eventbrite.co.uk](https://bcwebinar.eventbrite.co.uk)

SCAN ME

To attend please sign up before 5.00pm Wednesday 19th March.

COMPASSBLOOM@COMPASS-UK.ORG
01772 280123

UNIT 8 BALFOUR COURT, OFF HOUGH LANE, LEYLAND, LANCASHIRE, PR25 2TF

### LIVE PARENT/CARER SLEEP WEBINAR

BACK BY POPULAR DEMAND

Sleep is a **SUPER** Power

We all need sleep, and some of us would like even more of it!

This webinar aims to provide an overview for parents/carers on the purpose of sleep, the impact of poor sleep, and advice and strategies to improve sleep and overcome some common sleep difficulties. The strategies may be applied to both adults and children and young people.

**When:**

JAN

Wednesday 26th March; 1.00pm - 2.15pm

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SCAN ME

To attend please sign up before 5.00pm Tuesday 25th March.

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UNIT 8 BALFOUR COURT, OFF HOUGH LANE, LEYLAND, LANCASHIRE, PR25 2TF

Learn to succeed



**PRESTON PSA**  
— Primary and Secondary Alliance —

**WANT TO TEACH?**

**Are you wondering whether a career in teaching is for you?**

The Preston Primary and Secondary teacher training programme provides graduates with a direct route into teaching. The Preston PSA, working in partnership with the University of Cumbria, consists of a variety of primary, secondary and special schools with a proven track record of providing outstanding teacher training. You will be trained by outstanding teachers within the alliance leading to the award of Postgraduate Certificate of Education with QTS (Qualified Teacher Status).



For further information about our teaching programme please contact Karen Eastham, on 01772 867210 or email [easthamk@broughtonhigh.co.uk](mailto:easthamk@broughtonhigh.co.uk)



SCAN ME

# Let's Talk Ketamine

## – Families & Carers (ONLINE)

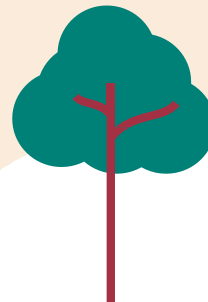
*WithYou welcomes families, carers and concerned others to an information session around Ketamine.*

**Grab a brew, and let's talk Ket.**

Join WithYou for a 90 min session to understand what ketamine is, how it is being used and the current harm reduction for young people.

**Date: 26/03/25**  
**Time: 11-12:30pm**

**Please email to book.**



**withyou**  
[wearewithyou.org.uk](http://wearewithyou.org.uk)

[spoc.yalancs@wearewithyou.org.uk](mailto:spoc.yalancs@wearewithyou.org.uk)  
Family Hub: 01282 470707

**To book please register your interest with the Family Hub/email WithYou**



Logo

Logo



Commissioned by Lancashire county council

We Are With You. A registered charity in England (002957) and Scotland (SC040009), and a private company incorporated in England & Wales with company number 02580377. Registered office: Part Lower Ground Floor, Gate House, 1-3 St. John's Square, London, England, EC1M 4DH.

ENTRIES ARE NOW OPEN FOR THE CAMBRIDGE CENTRE FOR ANIMAL RIGHTS LAW'S

# ESSAY COMPETITION

<1000 WORDS | 1 ENTRY PER PERSON

DEADLINE 15 MARCH 2025

**£250 PRIZE**  
for winners' schools + commendation certificates

This year, we are inviting essays on the following title:

*'Is rights of nature a useful framework for giving rights to animals?' Discuss.*

Please note that all entries must directly address the essay title.

Learn more and submit entries at [animalrightslaw.org/essaycompetition](http://animalrightslaw.org/essaycompetition)

# KITTY BROWN CARNFORTH FASHION SHOW

Hutton Village Hall  
Moor Lane, Hutton PR4 5SE

Wednesday  
26th March  
7:30pm

**Tickets £6**

from [www.goodhub.com](http://www.goodhub.com)  
(search for FOMO)  
or ring 01772 743047

Bar available

Charity event in aid of  
Friends of Mulanje Orphans (FOMO)  
Charity No. 1090727

