

Penwortham Priory Post

Message From The Principal

Dear All,

I would like to take this opportunity to welcome you back after the Christmas and New Year break and to wish you all the very best for a successful and fulfilling 2026.

I hope you were able to enjoy a restful festive period and spend valuable time with family and friends.

At the start of this term, during my assemblies with each year group, I focused on the responsibility we all share in upholding our daily mission - the Priory Standard: ***"to have the highest expectations of all, from all."***

Why is this important? Because it ensures that every pupil learns to succeed and leaves Priory equipped with the skills, attitudes, and character needed to contribute positively to society and progress confidently into further education, employment, or training.

I reminded pupils that this ambition is achieved through our three pillars of everyday learning:

- **We are ready to succeed.**
- **We have the right attitude to learning to succeed.**
- **We have the right character and culture to succeed.**

Our high standards exist because, as I explained to pupils, "*If we let you off, we let you down.*" Wrong choices have consequences, but equally, we are committed to recognising and rewarding the right choices. To support this, staff will continue to acknowledge not only hard work in lessons but also positive contributions across the school day.

This includes taking advantage of our 'Study Boost' break sessions and 'Lunch and Learn' opportunities, available daily in all departments for all pupils, as well as the dedicated Year 11 'Study Boost' sessions after school. These initiatives exist because we want every pupil to not only to feel supported, but to thrive.

We will continue to reinforce these expectations throughout the term and greatly value your ongoing support in achieving our shared mission for your sons and daughters.



Key Dates

Did you know that the term dates for the academic year are available to view and download from our website?

www.priory.lancs.sch.uk/parents/termdates

19 January - 6 February
Year 11 Mock Exams

Tuesday, 20 January
Year 9 Performance in Education Assembly (Car Passenger Safety)

Weds, 21 January
Year 9 Ai Mega Day
Runshaw College

Fri, 23 January
Year 10 Leyland Trucks Visit

Friday, 30 January
Learning For Life Day 3
Early lunch followed by school closure at 1.10pm

2-6 February
Year 10 Work Experience Week.

Weds, 4 February
'Six' Theatre trip, Liverpool
Year 11 Preston College Interviews (in school)

Thurs, 5 February
Year 7 & 8 STEM Roadshow

Friday, 13 February
Careers Fair

HALF TERM
16-20 February

Continued over...

Learn to succeed

...continued from front page

For parents and guardians of Year 11:

Now is the time to ensure schoolwork and revision are top priorities. Helping pupils strike the right balance between social time and academic focus is crucial in the months ahead. Please encourage full engagement with the additional lessons provided by staff at the end of each day.

For parents and guardians of Year 9:

In the coming weeks, pupils will begin the process of selecting their options. While choice is important, we must also ensure that pupils leave Priory with a strong suite of qualifications that will open doors for them in the future. Continuing with separate sciences and a modern foreign language, French, remains key to this. Many pupils will need to reflect carefully, with our guidance, on why they might consider stepping away from these courses as they move into Year 10.

Beyond the academic, I am delighted that we can once again offer rewards trips this term for pupils who demonstrate punctuality, pride in appearance, and consistent effort. At Priory, hard work and commitment never goes unnoticed.

Every pupil has the opportunity to earn reward points for effort, achievement, progress, and positive behaviour, not only in lessons but also through participation in our extensive Priory+ activities, which take place before and after school, during breaks and lunchtimes, and even beyond the school day. I am proud to present the numerous Bronze and Silver Priory+ certificates and star badges to pupils across all year groups for their involvement in these activities.

Reward points will continue to be awarded consistently and fairly throughout the year, while any low-level disruption will be addressed promptly to ensure that learning remains uninterrupted for all.

Finally, may I wish you and your families a positive and productive half term.

Mr M Eastham, Principal



Spring Term Dates

Learning for Life Day 3	Friday, 30 January 2026 (Early lunch followed by school closure at 1:10pm)
Mid Term Closure	Monday, 16 February - Friday, 20 February 2026 (inclusive)
End of Spring Term	Friday, 27 March 2026 (Early lunch followed by school closure at 1:10pm)



The Year 11 Prom has been booked for Wednesday, 8 July at Bartle Hall, Preston

Learn to succeed

Future in Focus: Year 9 Explore Careers in Medicine



On Monday we welcomed Dr Alex Starkey and his team of doctors and surgeons into school for an inspiring careers workshop with all Year 9 pupils.

The sessions came at a crucial time as pupils prepare to choose their GCSE options, offering a unique insight into the world of medicine. The aim of Dr Starkey's team is to make medical student cohorts more representative of the general population, and to demonstrate to students of all socio-economic backgrounds that medicine is absolutely a viable career for them.

Each Year 9 class took part in an interactive workshop featuring an introduction to working in medicine, hands-on activities such as chest auscultation and keyhole surgery simulators, alongside diagnosis games and practical discussions.

Pupils described the sessions as "enjoyable," "informative," and praised the "interactive and practical elements." In particular they enjoyed the hands-on activities and learning new medical terms and procedures.

Many pupils left feeling inspired, with some expressing a newfound interest in pursuing medicine as a career.

Lead Practitioner for Personal Development, Ms Smith said, "We appreciate the team giving up their time to inspire pupils into considering medicine as their future career. Teachers and pupils enjoyed the sessions and found all aspects engaging. Hearing our pupils asking intelligent questions and engaging in conversations to gain a further insight was a pleasure to hear and a reflection of how their discussion abilities have developed whilst they have been with us. I look forward to working with team again in the future to provide further experiences for other pupils outside of Year 9."



Learn to succeed

WE'RE HIRING!



We're Recruiting!

Part-Time

Catering Assistant

Catering Assistant

PART TIME

20 hours per week

10am-2.30pm with 30 minute break

We are seeking a Catering Assistant to provide support in the preparation, cooking and serving of food and beverages plus related catering duties. Little or no experience is required.

For full details and to download an application pack, please visit our website at >>

www.priory.lancs.sch.uk/vacancies

Closing date Wednesday, 22 January 2026 at 12 noon.



Learn to succeed

St Catherine's Prom Dress Event

**Saturday 31 January & Sunday 1 February
10am - 4pm**

The Garden Room, St Catherine's Hospice

Find your perfect prom dress at St Catherine's.

Looking for that dream prom dress? Join us for our special prom dress sale - beautiful dresses at amazing prices!

Browse our collection of gorgeous donated dresses and find 'the one' at a fraction of the usual cost. Every purchase helps support vital hospice care in our community.



Why shop with us?

- Beautiful dresses at bargain prices
- Support your local hospice
- Sustainable fashion choice
- Wide range of styles and sizes

No appointment necessary - just drop in!

Say YES to the prom dress



Our prom dress pop-up shop is back.

Featuring quality pre-loved dresses in a range of styles and sizes. We've got price points to suit every pocket and no appointment needed. Pop along and try on all of your favourites. Say yes to the dress and support your local hospice.

The Garden Room,
St Catherine's Hospice
PR5 5XU

Saturday 31st January
Sunday 1st February 2026
10 am to 4 pm

For further **details**,
call our team on
01772 695299

St Catherine's Hospice



Year 7 Serve Up Success in Their First Practical Cookery Lesson

This week Year 7 pupils stepped into the kitchen for their very first practical Food Technology lesson.

Under the guidance of Mrs Lockwood, the class focused on mastering essential knife skills while learning about basic culinary techniques and kitchen safety.

The pupils prepared a colourful Couscous Jewelled Salad, carefully chopping and combining a variety of fresh vegetables. Their enthusiasm was evident, and their attention to safe working practices was impressive.

Mrs Lockwood said, "I've been really impressed by the level of enthusiasm from our new Year 7s. They approached the lesson with confidence and demonstrated excellent safety awareness. It's wonderful to see them so engaged and eager to learn."

Looking ahead, the class will progress to more complex dishes as they learn how to safely use the oven and hob, with Chinese Stir Fry next on the menu.



Learn to succeed

Festive Fundraising Success – Thank You!

Before the Christmas break, our school community came together for two fantastic fundraising events – and what an incredible success they were!

On Wednesday, 17 December, pupils and staff embraced the festive spirit for Christmas Jumper Day, turning Priory into a sea of seasonal knits. Alongside the £1 donation from each participant, this was combined with monies raised from bake sales and a 'guess the teacher' quiz organised by a Year 8 class. Thanks to your generosity, we raised an amazing £420 for Barnardo's, helping vulnerable children and families across the UK.



The very next day, Thursday, 18 December, we celebrated House Colours Day. Pupils swapped their uniforms for their own clothes in our four colours in return for a £1 donation. This event raised a fantastic £340 for Derian House Children's Hospice, supporting seriously ill babies, children and young people across the North West.



Both days were filled with fun, colour and community spirit – and all for two wonderful causes. These events also counted towards pupils' Priory+ Award under the 'Future Citizen' strand, reinforcing the importance of giving back and understanding the work of charities.



A huge thank you to every pupil, parent and staff member who took part, donated, and helped make these fundraising days such a success. Your kindness and support make a genuine difference to these wonderful causes.

Year 11 Mock Exams

The Year 11 mock exams begin on Monday and will run for three weeks up until 6 February. Below is the timetable for Week 1 and Week 2.

		Period 1 08:50 to 09:50	Period 2 09:50 to 10:50	Break	Period 3 11:15 to 12:15	Period 4 12:15 to 13:15	Lunch	Period 5 13:50 to 14:50
Week 1 W/C Mon 19th Jan	Monday	Maths Paper 1 (1 Hr 30)	Maths Paper 1 (1 Hr 30)		Science Biology (1 Hr 15) Sep Science Biology (1 Hr 45)	Science Biology (1 Hr 15) Sep Science Biology (1 Hr 45)		
	Tuesday				Further Maths (1Hr 30) Conference Suite 1	Further Maths (1Hr 30) Conference Suite 1		
	Wednesday	English Literature (1 Hr 30))	English Literature (1 Hr 30))		History Paper 1 (2 Hrs)	History Paper 1 (2 Hrs)		
	Thursday	Food Prep (1 Hr 45) NCFE Health and Fitness (1 Hr 30)	Food Prep (1 Hr 45) NCFE Health and Fitness (1 Hr 30)			Com Sci (1 Hr 30) Conference Suite 1	Early lunch	Com Sci (1 Hr 30) Conference Suite 1 RE (1 Hr) Conference Suite 2
	Friday	Science Chemistry (1 Hr 15) Sep Science Chemistry (1 Hr 45)	Science Chemistry (1 Hr 15) Sep Science Chemistry (1 Hr 45)		French Listening (40/50 mins) MFL 1 and 2 Graphics (1 Hr 30) Childcare (1 Hr 30)	Graphics (1 Hr 30) Childcare (1 Hr 30)		
Week 2 W/C Mon 26th Jan	Monday	Maths Paper 2 (1 Hr 30)	Maths Paper 2 (1 Hr 30)					
	Tuesday							
	Wednesday	English Language (2 Hrs)	English Language (2 Hrs)			Geography Paper 1 (1 Hr 30)	Early lunch	Geography Paper 1 (1 Hr 30)
	Thursday	Engineering (1 Hr 30)	Engineering (1 Hr 30)			French Reading (45 min/1Hr) CF 1 & 2		
	Friday	L4L Day						

NEXT ISSUE

NO NEWSLETTER NEXT WEEK.

The next issue will be out Friday, 30 January

Thank you for your support.

Learn to succeed



Cast of 'Annie' Rewarded With Restaurant Treat

Members of the Annie cast and crew visited Salvatore's Italian restaurant on Thursday evening (15 January) as a reward for their involvement and commitment to Priory's production held to full houses before Christmas.

A turn-out of most of the cast and crew, who were part of both on and off stage, joined several teaching staff to enjoy a pleasant evening to cap the many, many weeks of hard work in rehearsals and performances.

Lead teacher of Music, Mr Taylor, said, "The ensemble put on a total of four performances and fully deserved an evening of delicious food and lots of laughs. The food went down a treat, so thank you Salvatores!"

Priory's next production will be a play on 17 & 18 March - watch out for details after the half term!



Priory Pupils Shine on Stage in Charity Production

Two of our talented Year 8 pupils swapped the classroom for the spotlight, performing in the Youth on Stage Charity Group's festive production, The Chocolate Factory Fiasco, at Penwortham Methodist Church Hall.

Alex took on the role of Mr Pepper, while Matilda brought Barry Diachery to life in this fun-filled show. Their hard work and dedication helped make the production a huge success - not just for the audience, but for charity too.

The event raised an incredible £2,700 for The Teenage Cancer Trust and Elsie's Story, two causes that make a real difference in people's lives.

Founder of Youth on Stage praised the pupils for "making magic on stage," and we couldn't agree more.

Congratulations to Alex and Matilda for representing Priory so brilliantly.



Year 9 Immunisations - Consents

IntraHealth, the schools' immunisation team will be visiting Penwortham Priory Academy on 19 March to administer the Td/IPV (Tetanus, Diphtheria & Polio) and Meningitis ACWY vaccinations to Year 9 pupils.



Parents of Year 9 pupils have been emailed details, including the link to the consent form. It is important that you follow the link (also below) and complete the form even if you do not wish your child to have the immunisations - click the green YES box to consent to the vaccination or the red NO box if you do not want your child to receive the vaccine or they have received the vaccine elsewhere since September 2025. Further information about the immunisation programme can also be accessed via the link.

<https://nhsimms.azurewebsites.net/session/9a9a59b9>

If you have made an error or are unsure whether you have already completed a form, please contact IntraHealth on the telephone number below. Please do not attempt to complete another form.

If you experience any difficulties with the link, have any questions or your child's health changes, please contact IntraHealth direct on 03333 583 397 Option 2 and then Option 1.

Please note that **the link will close on Sunday, 25 January**.



Year 8 Badminton Team Smash Their Way to Victory!

Priory's Year 8 badminton team is celebrating after an outstanding performance at the South Ribble Badminton Tournament, held at All Hallows during the last week of term.

The talented quartet - James H, Bobby W, Tyler B and Keelan S - dominated the competition, winning every single match, including the final, with an impressive record of five games and zero losses.

Head of PE, Mr Bullock, praised the team's achievement, saying: "This was a fantastic display of skill and determination. To go unbeaten throughout the tournament is a huge accomplishment, and the boys should be extremely proud of themselves."

Congratulations to the team on this incredible success - you've done Priory proud!



Lostock Hall Juniors FC Under-14 Girls (Lionesses) is looking for more players to complete their squad for this season.

Club: Lostock Hall Juniors Football Club (FA 3 Star Accredited and England Football Accredited)

Training: Thursdays 7-8pm at Bamber Bridge Sports Hub (Winter training) and Lostock Hall Academy (Summer training)

Matches: Fylde & Lancashire Youth Football League (currently in the middle tier of 3) on Sundays (generally AM) - Home Ground Balshaw's High School, Leyland

All abilities welcome - from complete beginners to experienced players, as well as those returning to football after a break. There is no pressure to play in matches.

£25 per month. Match day kit and training tops provided.

To join, ask questions or arrange to attend taster sessions please contact Andrew Stewart - 07793 678674 or andrewstewart1984@gmail.com

U14 Lostock Hall Lionesses
New Players Wanted

- Current Y8 or Y9 girls
- All abilities and positions welcome
- Due to play in the FLYFL middle tier from January
- Small squad so plenty of playing time
- Training Thursday evenings on quality 3G pitches
- Matches Sunday (usually AM)

Contact
Ollie - 07488384867 or Andrew - 07793678674



LOSTOCK HALL
JUNIORS FC
EST 1978

Lostock Hall Juniors Football Club



FA
3 STAR
ACCREDITED

Autumn Term Attendance Winners

Regular attendance at school is the single most important factor in a child/children making appropriate progress and achieving success. Good, regular and punctual attendance means doing well academically, developing better relationships with their peers and positive behaviour. It also sets up good habits for when young people enter into work and independent life.

At the end of each term, prizes are announced to recognise consistently high attendance throughout the academic year.

Many pupils achieve 95%+ attendance and names are drawn out of a hat; the four winners of each year group receiving a prize.

The following pupils' names were drawn at the end of the Autumn term and announced in the whole school assembly. Pupils then could collect their prize - a tub of chocs! - from Mrs Swire, based in the Pastoral Office.



Year 7

Chloe C
Bellla E
Reuben M
Alexandra C

Year 9

Ethan H
Sophia L
Charlie H
Cameron D

Year 11

William N
Taejuan S
Harriet H
Finley K

Year 8

Oliver H
Avalyn H-V
Oliver McC
Tyler B

Year 10

Georgia R
Wren T
Evelyn L
Bradley I

YOUTH CLUB

PENWORTHAM YOUTH CLUB

RUNNING FOUR NIGHTS A WEEK!

@PENWORTHAM COMMUNITY CENTRE

Kingsfold Dr, Penwortham, Preston PR1 9EQ

WINTER TIMETABLE:

Monday's 6-8pm: Primary Age Session
Thursday's 6-9pm: Secondary Age Session
Friday's 6-8pm: Primary Age Session
Saturday's 6-8pm: Secondary Age Session

First Kick Foundation is a non-profit organisation based in Lancashire.

We are excited to announce the reopening of our fully funded Youth Club at Penwortham Community Centre, following the Christmas break.

Weekly sessions are:

Monday: 6:00–8:00 PM – Primary Age
Thursday: 6:00–9:00 PM – Secondary Age
Friday: 6:00–8:00 PM – Primary Age
Saturday: 6:00–8:00 PM – Secondary Age

The Youth Club offers a safe, fun and engaging environment for young people to enjoy activities, make friends, and develop new skills - all completely free of charge.

Help us reach local families and support young people in our community.

Learn to succeed

Could Your Pre-Loved Books Find a New Home at Priory?

Classics | Non Fiction | Young Adult Fiction



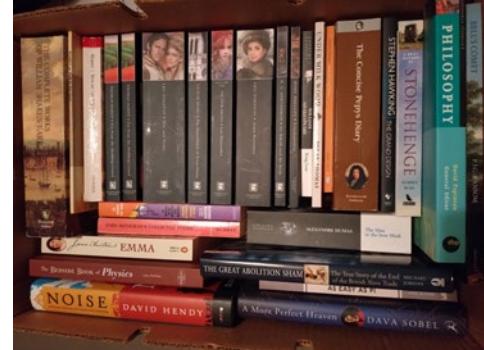
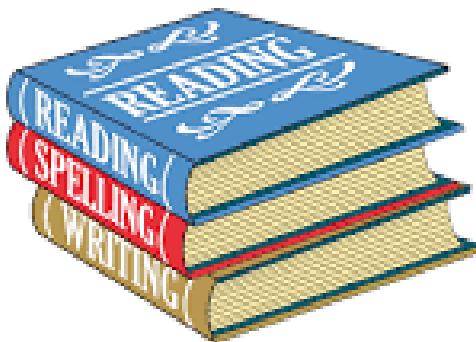
We're always looking to refresh and expand our library shelves – and your pre-loved books could make a big difference!

If you have books that your children have grown out of or you're wondering what to do with next, and they're suitable for young adults, we'd love to give them a new lease of life. Our library plays a vital role in encouraging reading for pleasure and enriching students' learning, so every donation helps

Books can be dropped off with Mrs Elliott, English Teacher and Chief Librarian, in EN4, or parents can leave them at reception during school hours. For enquiries, email:

j.elliott@priory.lancs.sch.uk

Turn the page on your old books – and help our library grow!



Year 7 Castle competition

- Design your own Motte & Bailey or Stone castle and have the chance to win Amazon vouchers and a History badge!
- Entries can be
 - drawn on paper
 - built out of Lego
 - built out of card etc.
 - or any other idea/style you have
- Closing date for entries is **Monday 19th January 2026**.



Learn to succeed

The Darts Academy at Penwortham Priory Academy



We are delighted to announce the launch of The Darts Academy at Penwortham Priory Academy, an exciting new opportunity that not only introduces pupils to a rapidly growing sport, but also strengthens a wide range of mathematical skills essential to their education.

Through darts, pupils naturally develop core numeracy competencies, including mental arithmetic, strategic calculation, probability awareness, and pattern recognition. Scoring in darts requires pupils to work quickly and accurately with addition, subtraction, multiplication, division, and multistep calculations — all of which align closely with the mathematical curriculum and support improved classroom performance.

Our Academy has recently become affiliated with the Junior Darts Corporation (JDC). This affiliation gives pupils access to a structured scoring and progression system that further enhances their analytical and mathematical thinking. Moving through the JDC levels requires pupils to calculate scores, track averages, compare data over time, and set numerical performance targets — skills that build confidence and fluency in real world maths.

Alongside the mathematical benefits, pupils will also gain opportunities to compete against some of the best young darts players nationally and internationally, representing both the school and the JDC.

To join The Darts Academy:

- £15 registration fee
- £2 per week for each submission of JDC routine scores



In The Sports Hall

Monday - Thursday
7.45am-8.30am

After School Tuesday
3.15pm-4.15pm

Members must attend at least one session per week.

As the Academy relies heavily on accurate weekly scoring, this system provides pupils with excellent opportunities to practise arithmetic and performance tracking.

To help with administration, we ask that the registration fee plus the first 10 weeks of scoring fees (up to the Easter break) are paid upfront. This payment £35 can be made via SCOPay.

In order to set up your child with our Darts Academy, you will need to register them at <https://www.godartspro.com/register/>

Once you have registered, please email Mr Bullock at m.bullock@priory.lancs.sch.uk and provide the email address that you have used to register your child. He can then link them with the school's Darts Academy.

Upon registration, each pupil will receive a £50 Red Dragon voucher, allowing them to select darts equipment that suits their developing skill level.

In line with our school Risk Assessment:

- Pupils may bring their own/new darts to school.
- These must be handed in to the PE office at the start of the day.
- Darts are stored securely and must be collected after school to take home.

This ensures equipment remains safe and appropriately managed throughout the day.

The Darts Academy is an excellent opportunity for pupils to improve not only their sporting ability but also their mathematical confidence, speed, accuracy, and strategic thinking. These are valuable skills that can support progress across all subjects.

We hope your child will consider joining this exciting new initiative. Should you have any questions, please contact the PE Department.

Learn to succeed



Penwortham Priory Academy

Autumn Week 3

EVERY DAY

Jacket Potato
Build your perfect spud! Start with our light and fluffy jackets and elevate your experience even further with the many toppings available.

£1.35*

Cheese Panini
Soft panini roll stuffed with cheese, pressed to melted perfection.

£1.90

Pepperoni Panini
Soft panini roll stuffed with cheese and pepperoni, pressed to melted perfection.

£1.90

Sandwiches
A selection of handmade sandwiches, baguettes and wraps, packed with fresh fillings.
Vegetarian options available.

£1.50

Pasta Pots
A selection of pasta pots that are bursting with flavour are available.
Vegetarian options available.

£2.00

THIS WEEK'S SPECIALS

MONDAY

Chicken Biryani Burrito
Delicious homemade chicken biryani served burrito style with a side of nachos and a side salad.

£2.30

Sweet Chilli Stir Fry
Sizzling stir fried vegetables served on a bed of noodles and coated in sweet chilli sauce.

£2.30

TUESDAY

Chicken Korma
Tender chicken marinated in rich Korma sauce, slow-cooked and served over rice with a warm naan.

£2.30

Veggie Curry
Hearty vegetables marinated in a mild curry sauce and served with fragrant rice and warm naan bread.

£2.30

WEDNESDAY

Popcorn Chicken
Crispy popcorn chicken served with golden skin-on wedges and a side of your choice.

£2.30

Onion Bhaji Burger
Crispy onion bhaji patty served with golden skin-on wedges and a side of your choice.

£2.30

THURSDAY

Savoury Mice
A delicious mix of mince, vegetables and gravy served over mash with a crispy yorkshire pudding on the side.

£2.30

Rainbow Pasta
Roasted rainbow vegetables tossed in a rich tomato sauce, served with pasta and crunchy garlic bread.

£2.30

Chippy Friday Specials

**Week 3
w/c
19 January**

Chicken Wrap *from £2.00
Crispy southern fried chicken fillet wrapped in a soft tortilla, packed with fresh salad.

Veggie Chicken Wrap
Crispy southern fried no chick strips wrapped in a soft tortilla, packed with fresh salad.
*Add golden chips to your wrap for an additional 30p.

Crispy Battered Fish
Tender steak encased in suet pastry, served piping hot with golden chips for a classic, 'Chippy Friday' feeling.

£2.30

Deserts

Assorted Cakes and Biscuits
A selection of homemade cakes and biscuits to choose from.

£0.70

Fruit Pot/Fresh Fruit
A selection of freshly prepared fruit pots and fresh whole fruit available.

£0.90

Popcorn
Fresh sweet and salty popcorn.

£0.70

Jelly
A variety of flavours available.
Vegan option available.

£0.70

VEGETARIAN **GLUTEN FREE** **MUSLIM HALAL**

Learn to succeed

The Sophie Scholl Awards

"Someone has to make a start." How about you?



Holocaust Memorial Day is commemorated each year on 27th January, the date of the liberation of the Nazi concentration camp Auschwitz-Birkenau in 1945. Holocaust Memorial Day remembers the millions of victims of the Nazi Holocaust, including six million Jews, and of other, more recent genocides.



The Sophie Scholl Awards were introduced at Runshaw as part of our events to commemorate Holocaust Memorial Day. The courage of Sophie Scholl, of a similar age to Runshaw students, was an inspiration to us all. We now extend an invitation to pupils in partner high schools to help us celebrate the short life of this brave young woman by participating in awards reserved for them.

Sophie was 18 when the war started in 1939. She and her family, inspired by her strong religious beliefs, actively resisted the Nazis – an incredibly courageous thing for Germans to do. In 1942, Sophie, along with her brother Hans and a few other students, founded the White Rose, a non-violent resistance movement which painted anti-fascist slogans on walls, defaced Nazi emblems and distributed anti-war leaflets. In early 1943, Sophie and the other leaders of the group were caught, condemned as traitors and executed by beheading. Sophie was just 21.

During her trial, despite the attempts of the judge and prosecutors to browbeat and ridicule her, Sophie remained steadfast as one individual against the massive power of the Nazi state. "Someone has to make a start", she said. Convinced that good in the end would prevail, her last words as she was led into the execution yard were, "The sun still shines!"

RUNSHAW COLLEGE

For many inspired by Sophie's example, a white rose has come to represent peace, justice and a love of humanity.

Students in partner high schools are asked to make an entry based on ONE of the following themes:

- (a) The Inspiration of Sophie Scholl
- (b) The White Rose
- (c) Someone has to make a start

Entries can be

- a written piece (maximum 250 words but could be much shorter)
- a poem
- a piece of art work or music – of any kind
- an idea to do something at school based on Sophie's example
- anything at all based on one of the above themes.

Entries can be individual or group work.

Entries should be forwarded to **Giles Inman, Inman.G@runshaw.ac.uk**. The deadline for entries is 4.30pm on **Wednesday 25th February 2026**.

Awards of vouchers and certificates will be awarded for the best entries.

Compass BLOOM

Worry Management Course For Secondary Pupils

Due to the success of the initial online worry management sessions, this will be an increased and ongoing offer from Compass Bloom.

Compass Bloom provides a free and confidential emotional health and wellbeing support for young people with mild to moderate emotional health and wellbeing needs.

The course is for secondary aged pupils who have not accessed Compass Bloom support before.

The six week course is delivered online using Microsoft Teams. Parents/carers can self-register their young person for the next group by following the QR code in the poster or clicking the link>>

<https://forms.cloud.microsoft/e/PKVaK3FqKY>

Compass BLOOM

CALLING ALL PARENTS & CARERS! ⚡

Is your young person feeling more worried than usual?

Are those worries starting to get in the way of everyday life and would they like to access support from Compass Bloom for the first time?

We're here to help.

online group

We're running an online worry management group for secondary school aged young people across Central & West Lancashire.

- Short online assessment
- 6-week course
- Delivered on MS Teams
- Join alongside other young people who feel the same

What we'll cover (one topic each week):

- Session 1 - Understanding anxiety – fight, flight, freeze + intro to CBT
- Session 2 - Spotting & managing physical symptoms
- Session 3 - Challenging negative thoughts – fact or opinion?
- Session 4 - Worry tools – the worry tree, letting go & problem solving
- Session 5 - Behaviours – safety, exposure & building confidence
- Session 6 - Emotions – self-soothing, safe spaces & moving forward

A safe space to learn, share and discover new ways to manage worries.

SCAN ME!

TO REGISTER FOR OUR NEXT ONLINE GROUP

Scan the QR code or follow the MS link below to fill in a quick form.

<https://forms.cloud.microsoft/e/PKVaK3FqKY>

We'll then give you a call to organise an Assessment and confirm the date of the next course and answer any questions you might have.



COMPASSBLOOM@COMPASS-UK.ORG
f in COMPASSBLOOM
in COMPASSBLOOM
UNIT 8 BALFOUR COURT, OFF HOUGH LANE, LEYLAND, LANCASHIRE, PR25 2TF

01772 280123
@COMPASSBLOOM

Primary Mental Health Team

Lancashire SEND IAS

Department for Work & Pensions

citizens advice
School Nurse
we are with you



Pathway Navigator

NHS Lancashire & South Cumbria NHS Foundation Trust
Advice about School Age Autism pathway processes



West Paddock Family Hub
West Paddock
Leyland, PR25 1HR

Learn to succeed

Preston College - Visual Arts

February Half Term Taster Workshops

Preston College is offering Year 10 & Year 11 pupils free taster workshops. Check the email on each image to book your place.



ART & DESIGN TASTER WORKSHOP

TUESDAY 17th FEBRUARY
9:30 - 12:30

We are running a **FREE** taster workshop for any Yr10 or 11's interested in Art & Design:

The session is intended to develop your creative print making skills. It will be hands on and cover a number of different forms of print.

Numbers will be limited but to confirm a place please email dheyes@preston.ac.uk

PRESTONCOLLEGE CREATIVEARTS



FILM & PHOTOGRAPHY TASTER WORKSHOP

MONDAY 16th FEBRUARY
9:30 - 12:30

We are running a **FREE** taster workshop for any Yr10 or 11's interested in Media, Film & Photography:

The session will be hands on and practical using industry standard software and equipment and is ideal for anybody looking for a career in TV, Film, Photography and Journalism.

Numbers will be limited but to confirm a place please email lfenton@preston.ac.uk

PRESTONCOLLEGE CREATIVEARTS



INFORMATION CREATIVE TECHNOLOGY TASTER WORKSHOP

TUESDAY 17th FEBRUARY
9:30 - 12:30

We are running a **FREE** taster workshop for any Yr10 or 11's interested in ICT

This will be a practical session based around Cyber Security

Numbers will be limited but to confirm a place please email mpatel@preston.ac.uk

PRESTONCOLLEGE CREATIVEARTS



GAMES & GRAPHICS TASTER WORKSHOP

MONDAY 16th FEBRUARY
9:30 - 12:30

We are running a **FREE** taster workshop for any Yr10 or 11's interested in Games & Graphics.

The session will be based around 3D modelling in Maya where you will be introduced to aspects such as building, texturing, lighting and rendering.

Numbers will be limited but to confirm a place please email sroberts@preston.ac.uk

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PRESTON
COLLEGE

YEAR 10 & 11
OPEN EVENT
THURSDAY 5 MARCH 4-7PM

REGISTER NOW!

Learn to succeed