



Dorset
Council

Nurturing Children Impacted by Trauma



**For more information or to enrol contact your
local Early Help Team**

Childline

0800 11 11

East: eastlocality@dorsetcouncil.gov.uk

West: westlocality@dorsetcouncil.gov.uk

North: northlocality@dorsetcouncil.gov.uk

Chesil: chesillocality@dorsetcouncil.gov.uk

Dorchester: dorchesterlocality@dorsetcouncil.gov.uk

Purbeck: purbecklocality@dorsetcouncil.gov.uk

*National Domestic
Violence Helpline*

0808 2000 247



Healing Together

The Healing Together programme provides support for young people (6-16 years) who are impacted by domestic abuse or other trauma.

This trauma informed programme is based on 6 sessions and each session is delivered within 60 minutes. The programme can be delivered as a group programme or on a one to one basis within different settings (i.e. schools, community services).

The programme has been carefully put together to help children learn about how their body and brain can work together to help them feel safe and calm. Children will not be asked to talk about their experiences of trauma. This is a programme to help children connect and learn how to keep their brain and body feeling safe



The programme is delivered by accredited Healing Together facilitators.

What Happens Next?

Our welcoming facilitators will contact the young person and their caregiver. We will tell you more about the programme and ask some questions to get to know you.

The sessions are confidential in the sense that we do not share the information you tell us. However, if we are concerned about your safety, or the safety of someone else we will have to share this with the necessary organisations.

At the end of the welcome session, the child can make a decision about attending the Healing Together Programme

