

Jewellery:

We ask children not to wear jewellery in school. If children have pierced ears then plain stud earrings are required, however, **children should be able to remove earrings independently for PE sessions or preferably not wear earrings on school PE days.** If they are not able to do this, then earrings should not be worn on PE days. We no longer accept tape around earrings as the safety assessments around this are unable to be mitigated sufficiently. In addition, please see the Hamwic Trust policy on the wearing of jewellery, which the school is adopting as it is in line with our own.

Watches:

There are plenty of clocks around the school and it is preferred that children do not wear watches. Class teachers should be made aware if there is a specific need for a child to have a watch. All watches (including Fitbits) must be removed for PE sessions and are the responsibility of the child. No personal items that connect to the internet or have audio or photographic recording capacity are permitted into school with children (unless there is an approved specific need, please speak to your class teacher).

Hair:

Long hair should be tied or fixed back, out of the child's face. It is preferable that long hair is plaited or put into a pony tail or bunches to minimise risks of it getting caught. Hair accessories should conform to our school colours of navy blue, or plain dark colours that do not draw attention to themselves. Fashion accessories are not acceptable for school. Long hair is required to be tied back for PE sessions, as this could present a health and safety risk.

From time to time, staff or parents may notice head lice. The school will send out a notice to that class. It is essential that to be successful at eradicating these pests (and children do end up in quite some discomfort if they linger) that a careful inspection and combing of hair takes place on receipt of the notification. If we notice the head lice during the school day on your child, the school office will notify you and will ask that you collect your child, treat them and return them to school (if appropriate). We appreciate your help and committed response to this.

Nails:

Nail varnish must not be worn in school. Children will usually be asked to remove it at home, however as a precaution to Health and Safety it may be removed by a member of the school staff.

Swimming: (Year 4 and above)

We encourage all our families to prioritise swimming for their child/ren. It is a life-saving skill and living where we do, we do our best to ensure that children are capable of the basics before they leave Primary School. Swimming is within the Key Stage 2 curriculum, but it is hoped that children will have the home experience and be water confident and swimming before that. Swimming is a financial cost to the school and whereas we do ask for voluntary contributions towards our core curriculum offer, the school will commit to providing a series of lessons for every child. However, if your child does not meet the expected standard for swimming by the end of the sessions, we will alert you to this and let you know of the opportunities open to you. We aim for one option to be a secondary offer of one further series of swimming lessons, which would be chargeable.

Please also see the Hamwic Trust Policy on the wearing of jewellery in school. Thank you



'As each one does their part, we grow in love'

Ephesians 4 vs.16





WEARING OF JEWELLERY IN SCHOOL DURING PE

The wearing of jewellery is normally restricted for health and safety reasons during PE lessons.

Recommendations to schools on jewellery

The wearing of jewellery, earring and ear-studs (metal or plastic) should not be permitted on safety grounds during physical education lessons and other sporting activities such as out of hours school learning or competitive fixtures. This includes body piercings such as tongue studs or belly button jewellery.

These items represent a potential hazard not only to the wearer but also to other children. Medical advice confirms that any jewellery worn in physical education lessons is an unnecessary risk and should be avoided at all times. Serious accidents have occurred as a result of contact between pupils wearing earrings or studs and other pupils or equipment, thus damaging the ear, or where items of jewellery have caught in apparatus and torn the ear lobe.

Head Teachers are advised to prohibit the wearing of earrings and ear-studs in all aspects of physical activity where these could present a hazard to the wearer and to others.

Pupils should be encouraged to leave items of jewellery and earrings at home on days when they have physical education lessons.

Newly pierced ears can take a period of up to six weeks before sleepers and studs can be removed. **Head teachers are advised to remind parents that ears should be pierced at the start of the summer holidays to allow sufficient time for earrings to be safely removed.**

Head Teachers are advised that pupils who are not able to remove earrings (as these may be newly pierced) should not actively participate in physical education for their own and others safety. In this circumstance a pupil will be asked to undertake the role of coach, official or other learning activity that is relevant.

Parents are encouraged to actively work with schools in helping to minimise disruption to the physical education curriculum. Parents can help by ensuring that school guidance on jewellery is adhered to and that ears are pierced at the start of the summer holidays to allow maximum healing time.

Further advice can be found in the following publication: Association for Physical Education Safe Practice in Physical Education & School Sport held in school.



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