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|  | AUTUMN1 | AUTUMN 2 | SPRING 1 | SPRING 2 | SUMMER 1 | SUMMER 2 |
| KS3 | An introduction to Life Skills  Confidence: The importance of being confident  Meeting challenges with confidence | Creativity in communication  Speaking & listening skills  Being grateful and showing gratitude | Staying positive  Skills of negotiation: the art and benefits of negotiation  Skills of persuasion: the art and benefits of being persuasive | Clothing care basics – wash days  Proud to present –  Ironing skills  Proud to present –  Sewing skills | Minor clothing repairs  Presentations skills   * Formal and informal communication | Orientation – map reading and trip planning.  Time concepts; Working with Time  Using Time confidently |

Long term plan – Preparation for Adulthood