

### Science

To describe the importance of exercise for humans.

Exercise is so important for us to stay healthy and grow. Perform your own fitness work out with a variety of exercises. Challenge task – can you time your heart rate after each of the exercises?

### English

To write a story with full sentences and adjectives.

Choose your favourite story book and read it, or read it with an adult. Write a story about one of the characters in a new adventure. Remember full sentences and use adjectives for description.

### Mathematics

To learn addition number bonds to 10.

Write down all the 1-digit numbers that add together to make 10. start at number 1 and keep going. E.g.  $1 + 9 = 10$ .  $2 + ? = 10$ . Challenge task – can you write out your number bonds to 20?

### Religious Education

To explore the Christian book of worship – the Bible.

We have read Noah's Ark in class, but there are lots of other Bible stories. Choose one, read it and draw a picture from the story. Challenge task – re-write the story.

## Rainbow Class Home Learning Work Web 05.10.20 – 09.10.20

### Geography

To use aerial photographs to explore human/physical features.

Some landmarks are made by humans and some appear naturally. Use the table (next page) to decide if the landmarks on the aerial photos are natural or human-made?

### PSHCE and Wellbeing

To understand how to prevent the spread of diseases.

It is so important that we try our best to stop the spread of diseases. The most important way is by keeping clean. Make a poster about how to wash our hands properly.

### Physical Education


To use a stimulus to create and explore simple body actions.





Choose your favourite song. It is your challenge to create your own simple dance moves that works with your chosen song. The dance can be made up of repetitive moves.

Please complete at least one of these tasks each day. Remember that this work is NOT optional. Your work should be sent to me via email. More Bible stories here - [www.bibleforchildren.org/languages/english/stories.php](http://www.bibleforchildren.org/languages/english/stories.php)

Mr Bamber's email – [dbamber@poolhouse.lancs.sch.uk](mailto:dbamber@poolhouse.lancs.sch.uk)

Please do not hesitate to email with any queries.



Picture	Landmark, Place	What can you see?	Human or natural?
 A photograph of the London Eye, a large Ferris wheel, set against a dramatic sunset sky with orange and purple hues. The city skyline is visible in the background.	<p>London Eye, London</p>		
 A photograph of Malham Cove, a natural rock formation in Dorset, England. It shows a steep, layered limestone cliff face overlooking a valley.	<p>Malham Cove, Malham</p>		
 A photograph of the Blackpool Tower, a tall, red, lattice-structured tower in Blackpool, Lancashire, England. The tower is surrounded by the city and the sea.	<p>Blackpool Tower, Blackpool</p>		
 A photograph of Durdle Door, a natural rock archway in Dorset, England. The archway frames a view of the sea and a small bay.	<p>Durdle Door, Dorset</p>		