		Monday		Tuesday		Wednesday		Thursday		Friday	
V E K 1	Choice 1	Pork meatballs in gravy	Mash and veg	Topside of beef with Yorkshire pudding and gravy	Roast potatoes Roasted carrots and broccoli	Chicken tikka masala	Mixed vegetable rice	Roast chicken with stuff- ing and gravy	Creamed potatoes Baton carrots and green beans	Crispy fish goujons	Chunky Chips or New potatoes Garden peas
	Choice 2	Salmon fish fin- gers Or Vegetable nuggets	Home made potato wedges and baked beans	Macaroni cheese and broccoli bake	Tomato bread and side salad	Tomato and mascarpone pasta	Garlic dough balls and side salad	Home- made soup and Panini	Home- made fruity coleslaw and side salad	Home made pizza margherita	Chunky Chips or New potatoes Side Salad
	Dessert	Lemon muffin	Fresh fruit Yoghurt Cool milk	Fruity Flapjack	Fresh fruit Yoghurt Cool milk	Pear sponge and custard	Fresh fruit Yoghurt Cool milk	Cheese and biscuits Fresh fruit	Fresh fruit Yoghurt Cool milk	Cook's choice of cookie	Fresh fruit Yoghurt Cool milk