

This thing we are all part, its living history. Our children are all part of this, and it will be talked about for generations to come. Schools are closed; sports are cancelled; people are quarantined... on a GLOBAL level. One of the best things your children can do is to keep a journal over the next 5+ weeks. Handwritten, typed, photographs or drawings.... record events, day to day activities, fears and feelings. Let them make a video journal if they prefer this type of media. As parents let them interview you, be part of it. When it's all over, save it/store it in a safe place for them. They will share this with their children and grandchildren. Help them create a tangible, primary source of their own history.

