

Curriculum Overview – PSHE

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Year 13			Climate change Toxic and positive masculinity Emotional wellbeing Drugs, festivals and parties	Sexual health: STI's Healthy diet Culture wars and media influence Online subcultures and extremism	Sex, relationships and society	
Year 12	Drugs Relaxation	Cosmetic and plastic surgery Gender and identity Miscarriage and unplanned pregnancy	Critical thinking Free speech versus hate speech Social justice	Sex, relationships and society		
Year 11	Managing anxieties Sleep	Assessing Risk Contraception	STIs	Unhealthy relationships	Cancer Extremism	
Year 10	Emotional wellbeing Exploring influence	Relationship myths (pornography) Contraception	Unhealthy relationships	Families and parenting	Change, grief and bereavement	Gambling
Year 09	Healthy and unhealthy friendships Assertiveness, and gang exploitation	Healthy living & sleep Unhealthy coping strategies	Peer pressure and substance use	Managing conflict	Tackling homophobia, transphobia and sexism	Consent and sexting STIs
Year 08	Peer pressure	Substance use	Mental health & emotional wellbeing Managing change & loss	British values, tolerance and diversity	Relationships and consent	Introduction to contraception
Year 07	Diversity Prejudice	Self-esteem	Relationships & Romance	Family life	Substances & your body Substances & the law	Puberty Personal hygiene



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