

PSHE Curriculum Overview

	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
Y13	Climate change Toxic masculinity Positive emotional wellbeing Festivals, drugs and parties STI's	Healthy eating Culture wars 'Call out' culture Online subcultures Sex and the media	Controlling relationships Ageism and prejudice Cultural appropriation Intolerance			
Y12	Class A drugs Class A drug harms Class B drugs Class B drugs impacts Class C drugs Relaxation	Cosmetic surgery Gender and identity Unplanned pregnancy Miscarriage	Critical thinking Free speech Hate speech Social justice	Honour-based violence Feminism Date rape Sex readiness and encounters		
Y11			Exam stress Sleep Substance use and assessing risk	Managing influence: festivals Basic life support STI's	Extremism Divisive language	
Y10					Promoting emotional wellbeing Recognising mental ill-health Cancer Influences – drugs and alcohol Drugs and their impact	Contraception Unhealthy relationships Exploring relationships Families Government and democracy
Y9	Reframing negative thinking Influences and group think Substances – risks of alcohol			Substances – risks of drugs Gambling Managing conflict	Exploring identities Friendship Bullying and cyberbullying	Pornography and relationships STI's Government and democracy

Y8	Attitudes to mental health Promoting emotional wellbeing Healthy coping strategies			Body confidence British Values Tolerance and challenging stereotypes Diversity	Managing influences Risks of gangs Consent and YPSI	Contraception Vaping Substances
Y7	Diversity – rights and responsibilities Prejudice and discrimination Self-esteem			Relationships and romance Relationships and consent Family roles and life Dealing with Change	Puberty Personal hygiene Importance of sleep Healthy living	Substances and your body Substances and the law Basic life support