	9X 1Tue1 2Mon3 2Thur3											9Y 1Tue3 1Mon2 2Tue4							
			Ex1	Ex2	Ex3	Ex4	Ex5	Ex6	Ex7	Ex8		Ex1	Ex2	Ex3	Ex4	Ex5	Ex6	EX7	Ex8
			Mr. Howson	Mr. Allard	Mr. Bury/ Mr Keep /KEJ	Mr Bousfield	Mr. Potterton	Mrs. Borthwick	Mrs. Gatehouse	Mrs. Martin		Mr. Allard	Mr. Messenger	Mr. Howson	Mr. Pottterton	Mr. Keep	Mrs. Ramirez	Mrs. Martin	Mrs. Buller
Wk#	Date	TT Week																	
1	04-Sep-23	1	Induction	Induction	Induction	Induction	Induction	Induction	Induction	Induction		Induction	Induction	Induction	Induction	Induction	Induction	Induction	Induction
3	11-Sep-23	2	Induction	Induction Badminton/TT	Induction	Induction Swim	Induction Handball	Induction	Induction	Induction		Induction	Induction	Induction Fitness	Induction Swim	Induction Handball	Induction Netball	Induction	Induction Climbing
4	18-Sep-23 25-Sep-23	2	Rugby Rugby	Badminton/TT	Fitness Fitness	Swim	Handball	Netball Netball	Dance Dance	Climbing		Rugby Rugby	Badminton/TT Badminton/TT		Swim	Handball	Netball	Dance Dance	Climbing
5	02-Oct-23	1	Rugby	Badminton/TT	Fitness	Swim	Handball	Netball	Dance	Climbing		Rugby	Badminton/T1		Swim	Handball	Netball	Dance	Climbing
6	9-Oct-23	2	Rugby	Badminton/TT	Fitness	Swim	Handball	Netball	Dance	Climbing		Rugby	Badminton/T	Fitness	Swim	Handball	Netball	Dance	Climbing
7	16-Oct-23	1	Climbing	Rugby	Handball	Badminton/TT	Swim	Dance	Netball	Fitness		Climbing	Rugby	Handball	Badminton/T1	Swim	Dance	Netball	Fitness
Autumn Half Term (w/c 23rd October 2023)																			
8	30-Oct-23	2	Climbing	Rugby	Handball	Badminton/TT	Swim	Dance	Netball	Fitness		Climbing	Rugby	Handball	Badminton/T1	Swim	Dance	Netball	Fitness
9	06-Nov-23	1	Climbing	Rugby	Handball	Badminton/TT	Swim	Dance	Netball	Fitness		Climbing	Rugby	Handball	Badminton/TI	Swim	Dance	Netball	Fitness
10	13-Nov-23 20-Nov-23	2	Climbing Street netball	Rugby Street netball	Handball Street netball	Badminton/TT Street netball	Swim Street netball	Dance Rugby	Netball Rugby	Fitness Rugby		Climbing	Rugby	Handball	Badminton/TI Street netball		Dance Rugby	Netball Rugby	Fitness
12	27-Nov-23	2	Football	Swim	Rugby	Climbing		Badminton/T1	Football	Dance		Football	Swim	Rugby	Climbing	Fitness	Badminton/T	Football	Rugby Dance
13	04-Dec-23	1	77.74	Swim	Rugby	Climbing		Badminton/TI	Football	Dance		Football	Swim	Rugby	Climbing	Fitness	Badminton/T	Football	Dance
14	11-Dec-23	2	Football	Swim	Rugby	Climbing		3adminton/TT		Dance		Football	Swim	Rugby	Climbing	Fitness	Badminton/T	Football	Dance
Christmas (v	v/c 18th Decen	mher 2022)																	
15	01-Jan-24	1	Handball	Football	Swim	Football	Climbing	Fitness	Badminton/T	T Netball		Handball	Football	Swim	Football	Climbing	Fitness	Badminton/T1	Netball
16	08-Jan-24	2	X country	X country	X country	X country	X country	X country	X country	X country		X country	X country	X country	X country	X country	X country	X country	X country
17	15-Jan-24	1	Handball	Football	Swim	Football	Climbing		Badminton/T			Handball	Football	Swim	Football	Climbing	,	Badminton/T1	Netball
18 19	22-Jan-24	2	Handball Swim	Football	Swim Football	Football	Climbing		Badminton/T	T Netball Badminton/T1		Handball	Football Handball	Swim Football	Football	Climbing	Fitness	Badminton/T1	Netball
20	29-Jan-24 05-Feb-24	2	Swim	Handball Handball	Football	Fitness Fitness	Rugby Rugby	Climbing	Fitness Fitness	Badminton/T7	-	Swim Swim	Handball	Football	Fitness Fitness	Rugby Rugby	Climbing	Fitness Fitness	Badminton/TT Badminton/TT
	Ferm (w/c 12th			Hanaban	Tootball	Titliess	i i i i i i i i i i i i i i i i i i i	Cilitioning	1101055	padillitton, i		344111	Hanaban	Tootball	Titiless	na _b o _j	Cillionig	Titiless	
21	19-Feb-24	1	Tournaments	Tournaments	Tournaments	Tournaments	Tournaments	Tournaments	Tournament	Tournaments		Tournaments	Tournaments	Tournaments	Tournaments	Tournaments	s Tournaments	Tournaments	Tournaments
22	26-Feb-24	2	Tournaments	Tournaments	Tournaments	Tournaments	Tournaments	Tournaments	Tournament	Tournaments		Tournaments	Tournaments	Tournaments	Tournaments	Tournaments	s Tournaments	Tournaments	Tournaments
23	04-Mar-24	1	Fitness	Fitness	Badminton/TT	Rugby	Swim	Football	Climbing	Football		Fitness	Fitness	Badminton/T	T Rugby	Swim	Football	Climbing	Football
24	11-Mar-24	2	Fitness	Fitness	Badminton/TT	Rugby	Swim	Football	Climbing	Football		Fitness	Fitness	Badminton/T		Swim	Football	Climbing	Football
25 26	18-Mar-24	2	Fitness	Fitness	Badminton/TT Badminton/TT	Rugby	Swim	Football	Climbing	Football		Fitness	Fitness	Badminton/T	Rugby	Swim	Football Football	Climbing	Football Football
20	25-Mar-24		Fitness	Fitness	paulillitoli/ i i	Rugby	Swim	Football	Climbing	Football		Fitness	Fitness	Badminton/T	T Rugby	Swim	FOOLDAII	Climbing	FUULDAII
Easter break	(w/c 1st April	2024)																	
27	15-Apr-24	1	Athletics	Athletics	Athletics	Volleyball	Tennis	Athletics	Athletics	Volleyball		Athletics	Athletics	Athletics	Volleyball	Tennis	Athletics	Athletics	Volleyball
28	22-Apr-24	2	Athletics	Athletics	Athletics	Volleyball	Tennis	Athletics	Athletics	Volleyball		Athletics	Athletics	Athletics	Volleyball	Tennis	Athletics	Athletics	Volleyball
30	29-April-24 06-May-24	2	Athletics Cricket	Athletics Volleyball	Athletics Softball	Volleyball Athletics	Tennis Volleyball	Athletics Tennis	Athletics Rounders	Volleyball Athletics		Athletics Cricket	Athletics Volleyball	Athletics Softball	Volleyball Athletics	Tennis Volleyball	Athletics Tennis	Athletics Rounders	Volleyball Athletics
31	13-May-24	1	Cricket	Volleyball	Softball	Athletics	Volleyball	Tennis	Rounders	Athletics		Cricket	Volleyball	Softball	Athletics	Volleyball	Tennis	Rounders	Athletics
32	20-May-24	2	Cricket	Volleyball	Softball	Athletics	Volleyball	Tennis	Rounders	Athletics		Cricket	Volleyball	Softball	Athletics	Volleyball	Tennis	Rounders	Athletics
Summer Hal	f Term (w/c 27	th May 2024																	
33	03-Jun-24	1	Tennis	Cricket	Volleyball	Softball	Athletics	Rounders	Volleyball	Cricket		Tennis	Cricket	Volleyball	Softball	Athletics	Rounders	Volleyball	Cricket
34	10-Jun-24	2	Tennis	Cricket	Volleyball	Softball	Athletics	Rounders	Volleyball	Cricket		Tennis	Cricket	Volleyball	Softball	Athletics	Rounders	Volleyball	Cricket
35	17-Jun-24	1	Tennis	Cricket	Volleyball	Softball	Athletics	Rounders	Volleyball	Cricket		Tennis	Cricket	Volleyball	Softball	Athletics	Rounders	Volleyball	Cricket
36	24-Jun-24 01-Jul-24	2	Volleyball Volleyball	Softball Softball	Cricket Cricket	Cricket Cricket	Softball Softball	Volleyball Volleyball	Tennis	Rounders Rounders		Volleyball Volleyball	Softball	Cricket Cricket	Cricket	Softball Softball	Volleyball	Tennis	Rounders
38	8-Jul-24	2	Volleyball	Softball	Cricket	Cricket	Softball	Volleyball	Tennis Tennis	Rounders		Volleyball	Softball Softball	Cricket	Cricket Cricket	Softball	Volleyball Volleyball	Tennis Tennis	Rounders Rounders
39	15-Jul-24	1	Voncyban	Jordan	SHOKEL	Cricket	Jordan	Volicyball	, Cililis	Redirects		Voncybail	Januari	CHERCE	CHERCE	Januari	Volicyball	1 CHINS	nounders
									Summer										
	Curriculum Knowledge areas of focus:																		
	Wellbeing Effects of everying																		
	Effects of exercise Musculoskeletal																		
Warm up/cool down																			
	Components of fitness																		
				Healthy Active L	itestyle														