

Family Support at Portland



“Where the *MAGIC*
happens”

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My Vision

- Home and school to work together seamlessly for the most powerful impact and positive outcomes for all
- Non- judgemental, nurturing, supportive, kind, enabling, empowering
- Collaborative- Children, parents, families, SLT, SET, Portland staff, wider community
- The whole school community **'BUY IN'**
- SEMH- helping recovery from past trauma, ACES, connections
- Cutting edge interventions and programmes delivered by specialist staff
- Enabling parents to be the best parent they can be
- Therapeutic centre at the heart of the school.....

”Where the MAGIC happens”

What will the Team do?

- Build safe and trusting relationships
- Work with empathy, professionalism and understanding
- Encourage parents to come into school- sharing the journey, feeling part of their children's education
- Deliver packages of support- bespoke/ group via workshops, event days, individual sessions, induction sessions
- Ensure safeguarding practices, policies and procedures are of the highest standard
- Use school based and local data/ information to target specific areas of need
- Continue to grow and develop knowledge and skills, utilising other specialists (Education, Health and Care)
- Introduce a triage system (in house referrals into the Family Support Team)

The Portland Offer

- Therapeutic intervention- SPARKLES, Timelines, Genograms, Portland Parenting Programme, Parent Connect, Family therapy
- Workshops- ASD, Self- regulation, Mindfulness, Routines, Positive Behaviour Management Strategies, Emotion Coaching
- Parent/Family Events- Coffee morning, Cooking together, Lunch dates, Classroom visits
- Parent & Child relationships- Repairing, Rebuilding, Connecting
- Multi- agency offer- Social Care, CAMHS, Educational Psychology, Speech & Language, Clinical Psychology
- Training for all staff

Impact.... It will happen!

- Children who are better equipped to manage their mental health and emotional well being
- Children who are resilient
- Parents will be able to positively parent their children
- Reduction in the need for statutory involvement with families
- Reduction in the breakdown of parental / child relationships
- Reduction in the number of children placed into care
- Reduction in incidents of negative behaviour responses (including the need for physical intervention)
- Increase in pupil engagement, attainment and attendance
- Post 16 outcomes- reach full potential
- Enriched lives for our children

Together, we will make the difference!