

# Using a Lollipop Schedule

## What is a Lollipop schedule?

A lollipop schedule is a series of pictures that illustrate a particular routine - each activity is represented with a separate picture. It is designed to be portable so that you can take it along with you and remind your child of the routine "on the fly".

#### Helping your child to understand the routine:

- Spend a few minutes with your child before you set off, putting the pictures on the timetable together and talking about what you are going to do.
- Put the thing you are doing first in the green circle and the rest of the routine on the orange strip below. This is so your child can see these activities are coming up.
- After each activity show your child how to remove the
  corresponding symbol from the green circle and put it on the
  red reverse. This is to signal that the activity has finished.
  Say "Park has finished, what's next?" and move the next
  picture from the orange strip up to the green circle and name
  the next activity.
- Encourage your child to work towards using the timetable as independently as possible. Start off by giving support to change the pictures and gradually work towards just verbally prompting by saying for example, 'breakfast finished, what's next?' (While pointing to the next picture.)

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