

# Queen Elizabeth High School



Ref: IM/SW

14<sup>th</sup> November 2025

Ashfields, Bromyard, Herefordshire, HR7 4QS

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Executive Head: Martin Farmer BEd (Hons) NPQEL

Head of School: Mr. S. Seneque NPQH

## Reward Trip to Flip Out, Hereford – 10.12.25

Dear Parents and Carers,

We have arranged a reward trip for the Year 10 Health and fitness group, to attend Flip Out on Wednesday 10<sup>th</sup> December. This trip will include travel; 2 hr flip out experience and food/drink. Please see below for the details:

- **Leave QEHS at 9am**
- **Arrive at Flip Out, Hereford and be ready to start at 10am**
- **2hr experience with food and drink (Pizza)**
- **Return to QEHS by 1.30pm**

Pupils are to wear **QEHS PE kit**, and they will be allowed to wear this for the remainder of lessons in the afternoon.

This trip has been organised to reward pupils for the hard work and effort everyone has put in for this Autumn Term.

To cover costs the trip will cost **£23**, this can be paid via MCAS. Deposits of **£10** by **21<sup>st</sup> November 2025** to secure your child's place, with the remainder being paid by **28<sup>th</sup> November 2025**.

If you have any questions, please contact Ms Muirhead at [imuirhead@tcat.school](mailto:imuirhead@tcat.school).

Kind Regards

*J Muirhead*

Ms Muirhead

PE/HF Teacher



QUEEN ELIZABETH  
HIGH SCHOOL