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Dear Parent/ Carer

## **RE: RSE and health education**

Government guidelines outline that, from the age of 11, it is compulsory for all schools to provide pupils with an RSE and health education curriculum.

At Queen Elizabeth high School, we believe that it is important to provide our pupils with a thorough and balanced curriculum, including age-appropriate information about sex and relationships.

The details of what will be taught to the various year groups are outlined in the school's RSE and Health Education Policy, which can be accessed on our school website address, or in hard copy via our school office.

Though schools must provide RSE and health education for pupils from the age of 11, up until the age of 19, only aspects of the science national curriculum are compulsory for pupils to learn. Therefore, as parents, you are entitled to request that your child be removed from sex education lessons up to and until three terms before they turn 16 years old. After that point, if your child wishes to receive sex education, the school will make arrangements to provide them with sex education during one of those terms.

Requests for withdrawal should be submitted in writing to myself, Mrs Lloyd or the Head Teacher who will discuss this with you and your child's teacher and determine an appropriate substitute for these lessons. In most instances, pupils will be provided with self-directed reading or exercises which they can complete under supervision.

If you have any concerns or queries about your child's participation in these lessons, please do not hesitate to contact me by phone or email at <u>tlloyd@queenelizabeth.hereford.sch.uk</u>

Yours sincerely,

Mrs T Lloyd

RSE and Health Coordinator

## Queen Elizabeth High School

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Parent form: withdrawal from sex education within RSE TO BE COMPLETED BY PARENTS	
Name of student	Year group
Name of parent	
Reason for withdrawing from sex education within relationship and sex education.	
Any additional information	
To be completed by school staff, scanned and filed.	
Date received by school	Actions by SLT member
	Phone call
	Discussion
	Teams meeting
Final decision after consultation between parents and school leadership member	Review date and further actions as appropriate