## Ski Trip Kit List

'There is no such thing as bad weather, only inappropriate clothing'

| Ski clothing/personal equipment | Got it | Packed it |
| :--- | :--- | :--- |
| Ski jacket/waterproof jacket (with zipped pockets and a hood) |  |  |
| Salopettes (with snow cuff) |  |  |
| $2 \times$ thermal tops or long-sleeved t-shirts (i.e. merino wool) |  |  |
| $2 \times$ thermal bottoms (tracksuit bottoms, pyjamas or long-johns) |  |  |
| $2 \times$ polyester t-shirts |  |  |
| $2 \times$ fleeces/sweatshirts |  |  |
| $3 \times$ ski socks |  |  |
| $1 \times$ ski gloves (+ $1 \times$ ski mitts/ $1 \times$ spare ski gloves) |  |  |
| $1 \times$ goggles |  |  |
| $1 \times$ sunglasses (optional) |  |  |
| $1 \times$ hat |  |  |
| $1 \times$ buff/neck warmer (optional) |  |  |
| Sun cream and lip salve (factor $25+$ ) |  |  |
| Skis, poles, ski boots and helmets will all be provided by the ski company |  |  |


| Casual clothing/personal items | Got it | Packed it |
| :--- | :--- | :--- |
| Wash/shower kit/hair care/sanitary items |  |  |
| Towel |  |  |
| $1 \times$ sensible footwear (walking boots, good trainers) |  |  |
| $8+$ underwear |  |  |
| $8 \times$ socks |  |  |
| Personal first aid kit (blister plasters etc) |  |  |
| $2 / 3 \times$ casual bottoms (jeans, tracksuit bottoms etc) |  |  |
| $3 / 4 \times$ casual tops |  |  |
| $1 / 2 \times$ casual sweatshirts/hoodies |  |  |
| $1 \times$ spare gloves |  |  |
| $1 \times$ spare hat |  |  |
| $1 \times$ pyjamas/sleep wear |  |  |
| $1 \times$ phone charger and European adaptor |  |  |


| For the journey | Got it | Packed it |
| :--- | :--- | :--- |
| $1 \times$ small rucksack |  |  |
| Books/games/playing cards (optional) |  |  |
| Notebook/pen/pencil (optional) |  |  |
| Chocolate/sweets and a drink (optional) |  |  |
| Travel pillow (optional) |  |  |
| Headphones (any speakers will be confiscated) |  |  |
| $1 \times$ ski socks (for ski fit) |  |  |
| Comfortable clothes for the journey are essential and can double up as casual wear in <br> resort. |  |  |


| Valuables/personal medication | Got it | Packed it |
| :--- | :--- | :--- |
| Passport |  |  |
| European Health Insurance Card (EHIC)/Global Health <br> Insurance Card (GHIC) |  |  |
| Money (maximum £100 in Euros/Pounds Sterling) |  |  |
| Inhaler/other personal medication |  |  |
| Passports should be handed into reception by Friday 4 <br> th <br> son/daughters' code of conduct. <br> Money and personal medication should be handed in by Friday 11 <br> th February 2022 along with your |  |  |

