

## **Ski Trip Kit List**

## 'There is no such thing as bad weather, only inappropriate clothing'

| Ski clothing/personal equipment                                    | Got it  | Packed it |
|--|---------|-----------|
| Ski jacket/waterproof jacket (with zipped pockets and a hood)      |         |           |
| Salopettes (with snow cuff)  |         |           |
| 2 x thermal tops or long-sleeved t-shirts (i.e. merino wool)       |         |           |
| 2 x thermal bottoms (tracksuit bottoms, pyjamas or long-johns)     |         |           |
| 2 x polyester t-shirts   |         |           |
| 2 x fleeces/sweatshirts  |         |           |
| 3 x ski socks  |         |           |
| 1 x ski gloves (+ 1 x ski mitts/1 x spare ski gloves)              |         |           |
| 1 x goggles  |         |           |
| 1 x sunglasses (optional)  |         |           |
| 1 x hat  |         |           |
| 1 x buff/neck warmer (optional)                                    |         |           |
| Sun cream and lip salve (factor 25+)                               |         |           |
| Skis, poles, ski boots and helmets will all be provided by the ski | company |           |

| Casual clothing/personal items                       | Got it | Packed it |
|--|--------|-----------|
| Wash/shower kit/hair care/sanitary items             |        |           |
| Towel  |        |           |
| 1 x sensible footwear (walking boots, good trainers) |        |           |
| 8+ underwear   |        |           |
| 8 x socks  |        |           |
| Personal first aid kit (blister plasters etc)        |        |           |
| 2/3 x casual bottoms (jeans, tracksuit bottoms etc)  |        |           |
| 3/4 x casual tops                                    |        |           |
| 1/2 x casual sweatshirts/hoodies                     |        |           |
| 1 x spare gloves                                     |        |           |
| 1 x spare hat  |        |           |
| 1 x pyjamas/sleep wear                               |        |           |
| 1 x phone charger and European adaptor               |        |           |



| For the journey   | Got it | Packed it |
|---|--------|-----------|
| 1 x small rucksack  |        |           |
| Books/games/playing cards (optional)  |        |           |
| Notebook/pen/pencil (optional)  |        |           |
| Chocolate/sweets and a drink (optional)   |        |           |
| Travel pillow (optional)  |        |           |
| Headphones (any speakers will be confiscated)   |        |           |
| 1 x ski socks (for ski fit)   |        |           |
| Comfortable clothes for the journey are essential and can double up as casual wear in |        |           |
| resort.   |        |           |

| Valuables/personal medication   | Got it | Packed it |
|---|--------|-----------|
| Passport  |        |           |
| European Health Insurance Card (EHIC)/Global Health   |        |           |
| Insurance Card (GHIC)   |        |           |
| Money (maximum £100 in Euros/Pounds Sterling)   |        |           |
| Inhaler/other personal medication   |        |           |
| Passports should be handed into reception by Friday 4 <sup>th</sup> February 2022 along with your son/daughters' code of conduct. |        |           |

Money and personal medication should be handed in by Friday 11th February 2022.