



National Citizen Service (NCS) is an once-in-a-lifetime experience that your teenager will never forget. NCS runs for 4 weeks and is a Government-backed, youth social action programme open to young people aged 15-17.

308,000 young people have taken part in NCS to date and summer 2017 will be your teenagers chance to get involved. It is a brilliant opportunity for them to gain new life skills, live away from home and really make their CV stand out from the crowd. The programme is also recognised by universities and will really boost their UCAS application!

So what does it involve?

<p>Week 1 A five day, four-night residential based away from home with amazing activities such as canoeing, rock-climbing, archery and giant swing. A chance to meet new people and enjoy some adventure, fun and freedom!</p>	<p>Week 2 A further five days in a uni- style environment where you'll develop life skills like confidence, leadership and communication to boost your CV or UCAS personal statement.</p>	<p>Weeks 3 + 4 Working in teams, you'll put your new skills into practice by delivering a community project of your choice. You won't believe the transformation a few days can make.</p>	<p>Graduation You and your mates will get together to celebrate your achievements. NCS opens up a world of opportunities, giving you exclusive access to work placements, volunteering and events.</p>
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Week 1 - Adventure: Your son / daughter will be picked up from the local area (pick up points will be confirmed during the parents meetings) and taken on an outward bound festival experience; completing activities such as: rock climbing, rafting, abseiling and kayaking. They will be in teams of 15 with NCS staff and qualified activity instructors. They are not forced to do any activities that they do not want to do – however we will encourage them to take a step out of their comfort zone and build their self-confidence! We provide all meals, transport and accommodation. **Residential- 4 nights/5 days.**

Week 2 - Skills: This is all about building skills and becoming more independent. We will be based at a University style environment and undertaking workshops such as; first aid qualification, dragons den, leadership, money management, public speaking, lip sync battle and much more! They have the support of their team mates and once again transport, meals and accommodation are provided. **Residential- 4 nights/5 days.**

Week 3 and 4 – Social Action: Using their new found skills participants will plan and run their own social action projects to make a difference in their local area. A few examples of community projects that NCS teams have run in the past; Sleep out's and food banks to raise awareness of homelessness, blindfolded sports tournaments to raise awareness of visual impairment, regeneration projects at care homes and community fun days to raise money for local charities. The possibilities are endless. This is their chance to make a positive, lasting impact on their **local area.**

Graduation: You will be invited along to a graduation event, which will take place once your son / daughter has completed NCS. It is a great way for them to show you what they have achieved and see what is available to them now they have finished. They will also receive their certificate signed by the prime minister which looks great on a CV.

<p>NCS INCREASES CONFIDENCE IN MEETING NEW PEOPLE</p>	<p>7 in 10 ARE MORE CONFIDENT ABOUT GETTING A JOB AS A RESULT OF NCS</p>	<p>OVER 200,000 YOUNG PEOPLE HAVE NOW TAKEN PART IN NCS</p>	<p>8 in 10 FINISHED NCS FEELING MORE POSITIVE TOWARDS PEOPLE FROM DIFFERENT BACKGR UNDS</p>	<p>NCS LOWERS ANXIETY AND BOOSTS RESILIENCE</p>	<p>NCS GRADS GIVE BACK TO THEIR COMMUNITY AN ADDITIONAL 6 HOURS PER MONTH</p>	<p>OVER 8 in 10 HAVE KEPT IN TOUCH WITH PEOPLE THEY MET ON NCS</p>	<p>NCS GRADS ARE MORE CONFIDENT LEADING AND WORKING IN TEAMS</p>
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Summer 2017 provisional course start dates:

- Monday 26th June (weekends off)
- Monday 10th July (weekends off)
- Monday 24th July (weekends off)
- Monday 7th August (weekends off)

Each programme is four weeks from your selected start dates.

How much does it cost?

NCS is amazing value for money – the whole experience will cost you just **£50**. Why? Because the programme is backed by the government, which invests more than £1,200 per place. No one should ever be prevented from taking part in NCS for financial reasons, which is why financial assistance is available. If this applies to you please call us on the number below and we will discuss this.

How to get involved

- 1) **Early bird offer;** please return the 'Reserve your place today' brochure with **£40** cash or cheque (made payable to APM) on the 12/01/17 to school where I will have a stand at parent evening.
If you cannot make the payment on this date please still bring the completed form.

OR

- 2) You will receive a call from a '0330' number in the evening to answer any questions. You will also be able to sign up to NCS during this phone call if preferred.
- 3) You can sign up on the website www.ncsyes.co.uk

What happens next?

You will get an email to confirm the place on NCS and the programme delivery team will be in touch in to invite you to a parents evening, run some teambuilding days and provide you with programme specific information to ensure that your teenager has an amazing NCS experience.

To find out more please visit www.ncsyes.co.uk

Best wishes,

Grace Pearse (NCS Recruitment Co-ordinator)

0330 414 2504

