

Week 1

For cereals containing gluten or nuts, the specific type will be specified as applicable.

Allergen Matrix														
Dishes	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Crispy Chicken Burger with Seasoned Wedges, Slaw	✓	wheat												
Tomato and basil tart with Seasoned Wedges, Slaw		wheat		✓			✓							
Louisiana Chicken and sweetcorn wrap		wheat												
Penne Arrabiata		wheat												
Mac and Cheese		wheat					✓							
Southern Fried Chicken Goujons with Potato wedges		wheat												
Iced Sponge with Custard		wheat		✓			✓							
Traditional Sausage and Mash with Onion Gravy, Peas or Baked Beans		wheat											✓	✓
Roasted Vegetable French Bread Pizza		wheat					✓							
Mexican Beef and rice Burrito		wheat												
Tomato and basil pasta pot		wheat												
Tomato & Mascarpone pasta pot		wheat					✓							
Roasted Chicken Drumsticks														
Apple and Pear Crumble with eggless Custard		wheat					✓							
Roast Turkey or Roast Beef with Roast Potatoes, Carrots, Broccoli														
Gravy		wheat												
Vegan Individual Chickpea, mushroom Wellington		wheat												

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Roast Chicken pockets		Wheat					✓							
Penne with tomato and chorizo sauce		Wheat					✓							✓
Southern fried Chicken Goujons with Potato wedges		Wheat												
Belgian waffle with ice cream		Wheat		✓			✓							
Chicken Chow Mein with Egg Noodles		Wheat		✓									✓	
Black Bean Vegetable Egg Noodle Stir fry		Wheat		✓									✓	
Beef Stir fry Egg Noodle		Wheat		✓									✓	
Chicken Tikka Kati roll		Wheat												
Rich chocolate brownie with Chocolate sauce		Wheat		✓			✓						✓	
Fish and and Chips, Peas, Baked Beans		Wheat			✓									
Creamy Tomato and mozzarella cheese pasta bake		Wheat					✓							
Spiced Chicken Gyros		Wheat												
Singapore chicken on egg noodles		Wheat		✓									✓	
Crispy Chicken popcorn and chips		Wheat												
Chocolate cream cake slice		Wheat		✓			✓						✓	

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Piripiri Marinated chicken thigh Burger with Patata Bravas		Wheat											✓	
Quorn Hotdog with Fried Onion and ketchup		Wheat, Barley		✓										
Piri Piri Chicken Burrito		Wheat												
Penne Arrabiata		Wheat												
Mac and Cheese		Wheat					✓							
Southern Fried Chicken Goujons with Potato wedges		Wheat												
Chocolate and pear cake with chocolate sauce		Wheat		✓			✓						✓	
Traditional Cottage pie with vegetables and Rich gravy		Wheat												
Vegetable and bean pie vegetables and Rich gravy		Wheat												
Traditional pie and mash (chicken)		Wheat					✓							
Tomato and basil pasta pot		Wheat												
Tomato & Mascarpone		Wheat					✓							
Roasted Chicken Drumsticks														
Apple crumble with Eggless Custard		Wheat					✓							
Roast Chicken roulade or Gammon ham with Roast Potatoes & Veggie														
Gravy		Wheat												
Vegan Roll with Roast Potatoes, Carrots & Broccoli		Wheat												

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Chicken Brochette with savoury rice														
Penne with tomato and chorizo sauce		Wheat												✓
Giant cookie and Ice cream		Wheat		✓			✓						✓	
Chicken Tikka Masala with Pilaf rice														
Naan Bread		Wheat												
Potato, peppers Rogan Josh with Pilaf rice														
Indian Spiced Chicken and crispy vegetable roll		Wheat												
Chicken Tikka Kati roll		Wheat												
Marble cake with Custard		Wheat		✓			✓							
Fish and Chips, Peas, Baked Beans		Wheat			✓									
Vegan Bean and vegetable Nests		Wheat												
Beef chilli con Carne and rice														
Singapore chicken on egg noodles		Wheat		✓									✓	
Crispy Chicken popcorn and chips		Wheat												
Brownie with Chocolate Ice cream		Wheat		✓			✓						✓	

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American Cheese Burger with chipped potato and lettuce		Wheat					✓						✓	✓
Louisiana Vegan Burger with chipped potato and lettuce		Wheat												
Texan bean, cajun chicken and rice burrito		Wheat												
Penne Arrabiata		Wheat												
Mac and Cheese		Wheat					✓							
Southern Fried Chicken Goujons with Potato wedges		Wheat												
Chocolate chip sponge cake with chocolate sauce		Wheat		✓			✓						✓	
Beef Bolognese with choice of pasta , mixed salad		Wheat												
garlic bread		Wheat					✓						✓	
Vegan Bolognese with choice of pasta , mixed salad		Wheat											✓	
Italian chicken, tomato calzone with mixed salad		Wheat					✓							
Tomato and basil pasta pot		Wheat												
Tomato & Mascarpone pasta pot		Wheat					✓							
Roasted Chicken Drumsticks														
Toffee cake and custard		Wheat		✓			✓							✓
Roast Turkey or Gammon with Roast Potatoes, Carrots, Broccoli														
Gravy		Wheat												

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Vegetable and cheese pie with Roast Potatoes and veggie		Wheat					✓							
Chicken and sweetcorn pie with Roast Potatoes, Carrots, Broccoli		Wheat					✓							
Penne with tomato and chorizo sauce		Wheat												
Pancake with ice cream		Wheat		✓			✓							
Red Thai Chicken curry with coconut infused white rice														
Vegetable Thai Curry with Steamed Coconut Rice														
Thai chicken Burger		Wheat											✓	
Chicken Tikka Kati roll		Wheat												
Chocolate sponge with Chocolate sauce		Wheat		✓			✓						✓	
Fish and Chips, Peas, Baked Beans		Wheat			✓									
Roasted Tomato and vegetable quiche		Wheat		✓			✓							
Spanish chicken, salad in a crispy taco		Wheat												
Singapore chicken on egg noodles		Wheat		✓									✓	
Crispy Chicken popcorn and chips		Wheat												
Jam and cream Sponge		Wheat		✓			✓						✓	

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Bacon cheese muffin		Wheat, barley					✓							
Sausage cheese muffin		Wheat, barley					✓						✓	✓
Bacon roll		wheat												
Sausage roll		Wheat											✓	✓
Quorn Sausage roll		Wheat		✓										
Pain au chocolate		wheat		✓			✓						✓	
Croissant		Wheat		✓			✓						✓	

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Chocolate Brownie		Wheat		✓									✓	
White chocolate chip cookie		Wheat		✓			✓						✓	
Chocolate chip cookie		Wheat		✓			✓						✓	
Chocolate muffin		Wheat		✓			✓						✓	
White chocolate muffin		Wheat		✓			✓						✓	
Berry Muffin		Wheat		✓			✓						✓	
Marbled cookie		Wheat		✓			✓						✓	
Iced sponge cake		Wheat		✓			✓							
Shortbread		Wheat					✓							
Dairy free Flapjack		Wheat												
Lemon Drizzled cake		Wheat		✓			✓							
Chocolate Doughnut		Wheat					✓						✓	
Strawberry Doughnut		Wheat					✓						✓	
Giant Cinnamon Pretzel		Wheat												
Pain au chocolate		Wheat		✓			✓						✓	
Butter Croissant		Wheat		✓			✓							
Chocolate cake		Wheat		✓			✓						✓	

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Allergen Matrix



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Bakery
 specified as applicable.

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Break Time

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Tater Tots pot														
Sausage Rolls		Wheat												
Vegan Roll		Wheat												
Creamy Chicken Slice		Wheat, Barley					✓							
Cheese and onion slice		Wheat					✓							
Cheese and peperoni Panini		Wheat					✓							
Cheese and tomato Panini		Wheat					✓							
Sweet Belgian Waffle		Wheat		✓			✓							
Cheesy Garlic Bread pot		Wheat					✓						✓	
Giant Vegetable Samosa		Wheat											✓	
Southern Fried Chicken Wrap		Wheat		✓										
Cheese and peperoni Pizza slice		Wheat					✓							
Tomato and Mozzarella Pizza slice		Wheat					✓							
Giant Cinnamon Pretzel		Wheat												
Giant Potato waffle pot		Wheat												
Beef and potato Cornish Pasty		Wheat					✓							
Beef Burger in Brioche bap		Wheat											✓	✓

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BBQ Chicken and cheese Panini		Wheat					✓							
Cheese and tomato Panini		Wheat					✓							
Chicken Nuggets Box		Wheat												
Peperoni, tomato and cheese wrap		Wheat					✓							
Tomato and Mozzarella Pizza slice		Wheat					✓							
BBQ Chicken and Sweetcorn Pizza		Wheat					✓							
Crispy chicken Burger in brioche	✓	Wheat							✓					
Cheese and bacon Turnover		wheat		✓			✓							
Cheese and Ham Panini		Wheat					✓							
Pain au Chocolate		Wheat		✓			✓						✓	
Butter Croissant		Wheat		✓			✓							
Chocolate Brownie		Wheat		✓			✓						✓	
Iced Sponge cake		Wheat		✓			✓							
Chocolate Muffin		Wheat		✓			✓						✓	
Chocolate chip cookie		Wheat		✓			✓						✓	
Dairyfree Flapjack		Wheat												
Giant Shortbread		Wheat					✓							

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Orange Jelly Pot														
Strawberry Jelly Pot														
Raspberry Jelly Pot														
Chocolate Mousse							✓						✓	
Strawberry Mousse							✓							
Toffee Mousse							✓							
Banoffee Pie		Wheat		✓			✓							
Strawberry fool							✓							
Tropical fruit pot														
Fruit salad pot														
Orange sliced pot														
Chocolate Banana Cream Pot		Wheat		✓			✓							
Strawberry Toffee Delight		Wheat		✓			✓							
Banoffee Crumble Pot		Wheat					✓							
Strawberry Banana Sundae Pot		Wheat		✓			✓							

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