

Lunch Week 1

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

QMS Autumn Winter

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Crispy Chicken Burger with Seasoned Wedges, Slaw	Traditional Sausage and Mash with Onion Gravy, Peas or Baked Beans	Roast Turkey or Roast Beef with Roast Potatoes, Carrots, Broccoli	Chicken Chow Mein with Egg Noodles	Fish and and Chips, Peas, Baked Beans
Plant Based / Vegetarian Main Meal	Tomato and basil tart with Seasoned Wedges, Slaw	Roasted Vegetable French Bread Pizza	Vegan Individual Chickpea, mushroom Wellington with Roast Potatoes, Carrots, Broccoli	Black Bean Vegetable Egg Noodle Stir fry	Creamy Tomato and mozzarella cheese pasta bake
Street Food	Louisiana Chicken and sweetcorn wrap	Mexican Beef and rice Burrito	Roast Chicken pockets	Beef Stir fry Egg Noodle	Spiced Chicken Gyros
Takeaway Tubs and PODS	Penne Arrabiata or Mac and Cheese	Tomato and basil pasta pot or Tomato & Mascarpone	Penne with tomato and chorizo sauce	Penne Arrabiata or Mac & Cheese	Singapore chicken on egg noodles
Snacks and PODS	Southern Fried Chicken Goujons with Potato wedges	Roasted Chicken Drumsticks	Southern fried Chicken Goujons with Potato wedges	Chicken Tikka Kati roll	Crispy Chicken popcorn and chips
Jacket Potato	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings
Desserts	Iced Sponge with Custard	Apple and Pear Crumble with Custard	Belgian waffle with ice cream	Rich chocolate brownie with Chocolate sauce	Chocolate cream cake slice



Meal Deal

Main Meal with vegetables and dessert



All of our main meals, sandwiches & desserts are freshly made on site every day.



Lunch Week 2

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QMS Autumn Winter

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Piri Piri Marinated chicken thigh Burger with Patata Bravas	Traditional Cottage pie with vegetables and Rich gravy	Roast Chicken roulade or Gammon ham with Roast Potatoes, Carrots, Broccoli	Chicken Tikka Masala with Pilaf rice and Naan Bread	Fish and Chips, Peas, Baked Beans
Plant Based / Vegetarian Main Meal	Quorn Hotdog with Fried Onion and ketchup	Vegetable and bean pie vegetables and Rich gravy	Vegan Roll with Roast Potatoes, Carrots, Broccoli	Potato, peppers Rogan Josh with Pilaf rice and Naan Bread	Vegan Bean and vegetable Nests
Street Food	Piri Piri Chicken Burrito	Traditional pie and mash	Chicken Brochette with savoury rice	Indian Spiced Chicken and crispy vegetable roll	Beef chilli con Carne and rice
Takeaway Tubs and PODS	Penne Arrabiata or Mac and Cheese	Tomato and basil pasta pot or Tomato & Mascarpone	Penne with tomato and chorizo sauce	Penne Arrabiata or Mac & Cheese	Singapore chicken on egg noodles
Snacks and PODS	Southern Fried Chicken Goujons with Potato wedges	Roasted Chicken Drumsticks	Southern fried Chicken Goujons with Potato wedges	Chicken Tikka Kati roll	Crispy Chicken popcorn and chips
Jacket Potato	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings
Desserts	Chocolate and pear cake with chocolate sauce	Apple crumble with Custard	Giant cookie and Ice cream	Marble cake with Custard	Brownie with Chocolate Ice cream



Meal Deal

Main Meal with vegetables and dessert



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Lunch Week 3

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	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	American Cheese Burger with chipped potato and lettuce	Beef Bolognese with choice of pasta , mixed salad and garlic bread	Roast Turkey and Gammon Ham with Roast Potatoes, Carrots, Broccoli	Red Thai Chicken curry with coconut infused white rice	Fish and Chips, Peas, Baked Beans
Plant Based / Vegetarian Main Meal	Louisiana Vegan Burger with chipped potato and lettuce	Vegan Bolognese with choice of pasta , mixed salad and garlic bread	Vegetable and cheese pie with Roast Potatoes, Carrots, Broccoli	Vegetable Thai Curry with Steamed Coconut Rice	Roasted Tomato and vegetable quiche
Street Food	Texan bean, cajun chicken and rice burrito	Italian chicken, tomato calzone with mixed salad	Chicken and sweetcorn pie with Roast Potatoes, Carrots, Broccoli	Thai chicken Burger	Spanish chicken, salad in a crispy taco
Takeaway Tubs and PODS	Penne Arrabiata or Mac and Cheese	Tomato and basil pasta pot or Tomato & Mascarpone	Penne with tomato and chorizo sauce	Penne Arrabiata or Mac & Cheese	Singapore chicken on egg noodles
Snacks and PODS	Southern Fried Chicken Goujons with Potato wedges	Roasted Chicken Drumsticks	Southern fried Chicken Goujons with Potato wedges	Chicken Tikka Kati roll	Crispy Chicken popcorn and chips
Jacket Potato	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings
Desserts	Chocolate chip sponge cake with chocolate sauce	Toffee cake and custard	Pancake with ice cream	Chocolate sponge with Chocolate sauce	Jam and cream Sponge



Meal Deal

Main Meal with vegetables and dessert



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