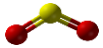
Dishes and their allergen content for The Rackham Primary School														
Sept 25 to Feb 26	Gluten	Egg	Crustaceans	Celery	Soya	Sesame	Sulphur Dioxide	Lupin	Milk	Molluscs	Fish	Mustard	Tree Nuts	Peanuts
Breakfast/After school Club														
White bread	✓				✓									
Wholemeal bread	✓													
50/50 bread	✓				✓									
Sunflower spread														
Strawberry jam														
Raspberry jam														
Malt wheats	✓													
Multigrain hoops	✓													
Rice snaps														
Multigrain Boulders	✓													
Rice Krispie Multigrain Shapes	✓													
Snack a jacks - Caramel														
Soreen - Malt	✓													
Soreen - Banana	✓													
Plus items from the days main, snack and desserts main school menu														