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12th May 2023

Dear Parents and Carers,

It finally feels as though summer is heading our way, in between the rain showers, it is feeling warmer.

**Safeguarding: Social Media and Mental Health:**

Please find attached some useful information for every family, both adults and children.

**Reminder: My Happy Mind a support for positive mental health:**

Families can now log into My Happy Mind. Log in link here: <https://myhappymind.org/parent-resources> and enter your name, email, and authentication code (110807).

If you log in but do not receive an email with your log in details, then request a password reset and to enable you to log in. If you need any help, please contact school.

There is an app that you can download for your phone as well as using the software online.

**Swimming:**

Swimming will commence on Tuesday 16<sup>th</sup> May. Please see year group letters for details of class swimming days and times.

Miss Oliver our PE Lead has prepared the following reminders for parents and children:

- All hair must be tied up and in a swimming cap if longer than chin length (this includes fringes that are longer than eyebrow length and will impede vision).
- Children must wear a one-piece costume or trunks. Tankinis, bikinis and Bermuda style shorts are unacceptable.
- All earrings must be removed.
- Goggles should not be worn (unless they include a prescription lens).
- Remember a towel to dry off with after your swimming lesson.

**FWR: Film Night: payment via MCAS.**

Our next film night will be Wednesday 24<sup>th</sup> May 2023. Bookings can be made now via MCAS.

We will close bookings at 9am on Monday 22<sup>nd</sup> May in line with our safeguarding and fire regulations.

If you have any questions about this, please contact the office.

**FWR: Witchford's Coronation Scavenger Hunt:**

Thank you to everyone who took part in the Scavenger Hunt on Monday.

**Swimming lessons: Seahorse swimming school:**

Seahorse offer personalised swimming lessons in the Ely area, featuring private pools and expert teachers who can help children overcome fears, gain confidence, or refine their swimming strokes. Swimming is a crucial life skill, learning to swim could save a life and our lessons can supplement school swimming programs and enable all children to swim 25 meters before they leave primary school.

We understand that providing school swimming is a challenging and costly endeavour, but we are genuinely committed to assisting children in learning to swim. We aim to engage the community's children in the swimming learning process, and with your help, we can make that happen. Please see attached flyer with further information.

**Education Inclusion Family Advisor:**

Please find attached this month's newsletter.

You'll see on there that we have more online parent workshops coming up:

**Communicating better parent to parent** – 16<sup>th</sup> May 12 – 1pm

**Digital safety/internet safety** – 23<sup>rd</sup> May 12 – 1pm

**Parental wellbeing** – 6<sup>th</sup> June 12 – 1pm

**Supporting with feelings of worry** – 13<sup>th</sup> June 12 – 1pm

**Supporting with feelings of anger** – 20<sup>th</sup> June 12 – 1pm

**Sleep** – 4<sup>th</sup> July 12 – 1pm

Please use this link to sign up for the workshops: <https://forms.office.com/e/kxcxPaPaB7>

**Well done Year 6:**

Huge congratulations to our Year 6 children who have tackled statutory assessments this week. The children have remained calm and absolutely given of their best. We are extremely proud of each and every child in our Year 6 in what has been a very different week for them all.

Looking forward to seeing you all on Monday.

Best wishes,



Miss Turner  
Headteacher