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16th June 2023

Dear Parents and Carers,

What a glorious week we have had, The Rackham is so lucky to have such stunning grounds for our children to enjoy.

Safeguarding: Wellbeing and being online:

Mental health is a very important topic in the lives of our children and us as adults. Phone use and being online can have a hugely detrimental effect on the mental health of individuals.

Please find the attached leaflet to give you information about how to protect the mental health of your children and yourself when online.

Rackham Drop Ins with our Family Advisor, Emily Norman:

Our Family Advisor, Emily Norman, will be in school on Tuesday 20th June at 09:00, 09:30 and 10:00. Come along to one of the drop-in slots below and chat to Emily, our Family Advisor. Book a slot with reception or just turn up. Please find the flyer attached.

Emily offer supports for any parent who would like to utilise her help as a 'listening ear' or wishes to seek some advice.

Emily can advise on, for example, bedwetting, anxiety or establishing routines. There are many other areas that Emily can offer her expertise. Please contact the school by email office@rackham.cambs.sch.uk to relay to Emily that you would like to speak. Emily will then contact you directly.

FWR: Non-Uniform Day:

To prepare for Funday Sunday, we are having a non-uniform day on Friday 23rd June. Instead of paying to wear non-uniform, this time we are asking parents and carers to donate a bottle.

The bottle could be of anything! FWR will use donated bottles on their bottle stall. Thank you for your support.

Sutton Beast:

We had a fabulous visit from the team behind the Sutton Beast day of fun that is taking place on Sunday 16th July.

Please see the attached flyer for more details.

FREE: My Happy Mind log in:

The log in below will provide access to strategies to teach your child on how to control feelings of anxiety or anger. All our families can now log into My Happy Mind free of charge.

Log in link here: <https://myhappymind.org/parent-resources> and enter your name, email, and this authentication code (110807).

If you log in but do not receive an email with your log in details, then request a password reset and to enable you to log in. If you need any help, please contact school. There is an app that you can download for your phone as well as using the software online. This log in will provide access to strategies to teach your child on how to control feelings of anxiety or anger.

Narrow paths near the school entrance:

We appreciate how narrow the pavements are around school and this is particularly the case near the zebra crossing.

Please be mindful of your location for catching up with other parents and carers in relation to the zebra crossing and pavement to ensure there is always easy access for wheelchairs and buggies. There is potential for a dangerous situation if congestion of parents means it becomes a squeeze to walk so close to the road. Thank you in advance for your help with this.

Looking forward to seeing you on Monday.

Best wishes,



Miss Turner
Headteacher