Dishes and their allergen cont	ent for The	e Rackham	n Primary Sch	ool										
	Gluten	Egg	Crustaceans		Soya	Sesame	Sulphur Dioxide	Lupin	Milk	Molluscs	Fish	Mustard	Tree Nuts	Peanuts
Main Dishes				A. A.			~		6					all the
Sausage rolls	\checkmark	\checkmark					\checkmark							
Sausages	\checkmark													
Fish fingers	\checkmark										\checkmark			
Pizza	\checkmark								\checkmark					
Hot dog	\checkmark													
Breaded chicken	\checkmark													
Roast chicken														
Roast turkey														
Cheesy pasta	\checkmark								\checkmark					
Tomato and herb pasta	\checkmark													
Quorn sausage	\checkmark													
Quorn dippers	\checkmark													
Vegetable nuggets	\checkmark													
Jacket potato														
Veggie bolognese	\checkmark	\checkmark		\checkmark										
Cauliflower cheese	\checkmark								\checkmark			\checkmark		
Cheese and onion roll	\checkmark								\checkmark					
Cheese and vegetable bake	\checkmark								\checkmark					
Chicken wraps	\checkmark													

Quorn mince	\checkmark	\checkmark							
Vegetarian bolognese									
Vegetable curry						\checkmark		\checkmark	
Beef lasagne	\checkmark		\checkmark			\checkmark			
Brocolli and tomato quiche	\checkmark	\checkmark							
Vegetarian Shepherds Pie	\checkmark	\checkmark	\checkmark						
Toad in the hole	\checkmark	\checkmark				\checkmark			
Spaghetti	\checkmark								
Roast potatoes									
Yorkshire pudding	\checkmark	\checkmark				\checkmark			
Potato wedges									
Potato waffles									
Oven chips									
Tacos									
Baked beans									
Gravy									