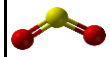
Dishes and their allergen content for The Rackham Primary School

	Gluten	Egg	Crustaceans	Celery	Soya	Sesame	Sulphur Dioxide	Lupin	Milk	Molluscs	Fish	Mustard	Tree Nuts	Peanuts
Main Dishes														
Beef and vegetable pie	✓			✓										
Sausages	✓													
Fish fingers	✓										✓			
Pizza	✓								✓					
Hot dog	✓													
Breaded chicken	✓													
Roast chicken														
Roast turkey														
BBQ chicken														
Tomato and herb pasta	✓													
Quorn sausage	✓													
Quorn dippers	✓													
Vegetable nuggets	✓													
Jacket potato														
Veggie bolognese	✓	✓		✓										
Cauliflower cheese	✓								✓					
Quorn mince	✓	✓												
Vegetarian bolognese	✓	✓												
Vegetarian Shepherds Pie	✓	✓		✓										

Macaroni cheese	✓								✓			✓		
Beef Bolognese Bake	✓			✓					✓					
Bean Chilli														
Cottage Pie				✓										
Chese and Onion Roll	✓								✓					
Roast potatoes														
Yorkshire pudding	✓	✓							✓					
Potato wedges														
Potato waffles														
Oven chips														
Baked beans														
Gravy														