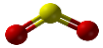
Dishes and their allergen content for The Rackham Primary School

	Gluten	Egg	Crustaceans	Celery	Soya	Sesame	Sulphur Dioxide	Lupin	Milk	Molluscs	Fish	Mustard	Tree Nuts	Peanuts
Sandwiches and snack options														
White bread	✓				✓									
Wholemeal bread	✓													
Roll	✓													
Wrap	✓													
Sunflower spread														
Egg mayonnaise		✓												
Tuna mayonnaise		✓									✓			
Cheese									✓					
Ham														
Tortillas														
Cocktail sausages	✓													
Sweet popcorn														
Ritz Crackers	✓													
Sausage roll	✓								✓					
Marmite	✓													
Cheese savouries	✓								✓					
Cheese balls									✓					