I am writing to introduce Little Miracles CEN, an award winning Cambridgeshire and Suffolk based Charity and parent led support group for families with children that have autism, additional needs, disabilities and life limiting conditions, their carers and siblings. Our branch is based in Ely Community Centre, on the Cambridgeshire and Suffolk border, reaching out to Cambridge, Ely, Newmarket and their surrounding villages.

We support over 1200 children and their families in the surrounding area in a variety of ways. Whilst we require all who use our services to obtain membership, a diagnosis is not a criteria, we fully support families who may be on the first steps of recognition, understanding and be in need of support. Our methodology is based around helping families end to end. An example of our principles are improving a child's social skills, encouraging inclusion and peer support, supporting behavioural issues and sensory needs, utilising their imagination and increasing independence.

We achieve this in a number of different ways including:

Sensory Saturdays

Our free <u>sessions</u> run every Saturday between 2pm and 4pm at the <u>Ely Community Centre</u>. In a relaxed and supportive environment, our facilities on site include a dedicated <u>sensory room</u>, interactive floor, photography studio, games consoles, sports, toys and refreshments to name but a few.

Family support work

Our family support work provides emotional and practical help and advice to the families that we support that are having long or short-term difficulties.

We communicate sensitively and effectively with both children and adults in the family unit in a very non-judgemental approach and are committed to supporting our members in difficult circumstances that maybe very new to them or as a recurring event.

From general, emotional and SEND support through to advice on such areas as <u>DLA</u>, Benefits, <u>Carers Allowance</u>, <u>Max Cards</u>, <u>Family Fund</u> we are there to help. We can also provide Sensory support and advice alongside behavioural strategies and guidance.

Events/Days Out

We offer all our events and days out at low costs. In the past we have visited London Zoo, Legoland & Harry Potter Studios to name a few, as well as the smaller events such as pantomime trips with KD academy & the winter lights spectacular at Anglesey Abbey.

We are really fortunate to have an excellent relationship with the local community and media and have seen fantastic support and belief from them in all that we do. We have been both humbled and delighted to win three awards in Cambridgeshire for our work with children and families.

We are also willing to visit settings to provide further information, should you feel this may be an option for your setting, please do not hesitate to contact us.

Please forward our details on to families you feel may benefit from our services, or get in contact for us to be able to provide you with any further information.

Kindest Regards Jemma



Jemma Neal in V

Little Miracles CEN Family Worker Support

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Little Miracles CEN

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