

<b>Suggested home learning timetable for KS1</b>		
Before 9am	Get up	Get up, dressed (no PJs), make bed, eat a healthy breakfast
9:00 - 10:00	Exercise	Family walk, yoga (cosmickids.com), football in the garden...
10:00 - 11:30	Academic time	Complete maths and writing activities set by your teachers
11:30 - 12:30	Creative/play time	Draw/bake/play with your toys/ speak to elderly family on the phone/ invent something out of recycling
12:30 - 1:00	Lunch	
1:00 - 1:30	Quiet time	Listen to your teacher read you a story, read to your adult, practise your spellings or reading of common exception words, take a nap (if allowed). Listen to Mrs Harrison's collective worship story and prayer.
1:30 - 2pm	Creative/play time	As above
2:00 - 3:00	Academic time	Complete any additional work set by your class teachers that day.
3:00 - 3:30	Finishing/play	Use time depending on whether you need to finish your work
3:30 - 4:00	Fresh air	Please check with an adult their expectations
After 4:00	Chores/Dinner/ Screen time (where allowed)/ Bedtime routine	As per your family routines.