

Cycle B: PDP Long term plan with statutory objectives mapped		Autumn		Spring		Summer	
	Theme	Beginning & Belonging	Family & Friends	Working Together	Healthy Lifestyles	Drug Education	Sex & Relationships Education
	Foundation	Citizenship Myself & My Relationships	Myself & My Relationships	Citizenship	Healthy & Safer Lifestyles	Healthy & Safer Lifestyles Myself & My Relationships Internet safety and harms Obj: 1	Healthy & Safer Lifestyles
	Year 1/2	Myself & My Relationships Mental wellbeing Obj: 1, 2, 3, 4, 5, 6. Physical health and fitness Obj: 1, 2.	Myself & My Relationships Families and people who care for me Obj: 1, 2, 3 Caring friendships Obj: 2, 5.	Citizenship	Healthy & Safer Lifestyles Internet safety and harms Obj: 1, 2, 3,	Healthy & Safer Lifestyles Physical health and fitness Obj:1, 2, 3, 4. Being safe Obj: 1, 2, 3, 4, 5.	Healthy & Safer Lifestyles Basic first aid Obj:1, 2.
	Year 3/4	Myself & My Relationships Online relationships Obj: 1, 2, 3, 4, 5.	Myself & My Relationships Caring friendships Obj: 1, 2, 3, 4, 5. Families and people who care for me Obj: 1, 2, 3, 4, 5, 6. Respectful relationships Obj:6 Mental health Obj: 8	Citizenship	Healthy & Safer Lifestyles Internet safety and harms Obj: 1, 2, 3, 4, 5, 7.	Healthy & Safer Lifestyles Drugs, alcohol and tobacco Obj: 1. Being safe Obj: 1, 2, 3, 4, 5, 6, 7, 8.	Healthy & Safer Lifestyles Year 4 girls only: Changing adolescent body Obj: 1, 2. Health and prevention Obj: 1, 2, 3, 4, 5, 6. Healthy eating Obj: 1, 2, 3.
	Year 5/6	Myself & My Relationships Mental wellbeing Obj:1, 2, 3, 4, 5, 6, 7, 8, 9, 10.	Myself & My Relationships Online relationships Obj: 1, 2, 3, 4, 5.	Citizenship 9	Healthy & Safer Lifestyles Basic first aid Obj: 1, 2.	Healthy & Safer Lifestyles Drugs, alcohol and tobacco Obj: 1 Being safe Obj: 1, 2, 3, 4, 5, 7, 8.	Healthy & Safer Lifestyles Changing adolescent bodies Obj: 1, 2.
Notes SEAL links	<i>Inc. class rules, School Council, Buddies, etc. New Beginnings</i>	<i>Getting On & Falling Out Say No To Bullying Anti-bullying week Nov.</i>	<i>Going for Goals</i>		<i>Relationships, Changes To be included in Summer Term Maths: Economic Wellbeing - Financial Capability.</i>	<i>Conflict resolution</i>	

