# The Ramsden Hall Academy

## Residential



## Welcome Pack

## Welcome to

## Ramsden Hall Academy Residential

Hello and welcome! If you're reading this, you've been invited to join the boys in Oak, Willow or Elm Houses, where we aim to make you feel safe, comfortable and happy.

We hope this booklet will help you to know a bit more about boarding at Ramsden Hall Residential but all the staff, especially the Care Team, love answering all and any questions you may have.



#### Residential Staff and Senior Leadership at Ramsden Hall Academy

<u>Senior Leadership Team</u>

Head Teacher <b>Emma Baker</b>	
Deputy Head Teacher / Academy EVC Lead <b>Alan Wells</b>	
Deputy Head Teacher (Education link to residential) <b>Andy Stanford</b>	But
Engagement Manager / Child Protection Lead Officer <b>Claire Parker</b>	
Head of Residential Care / Deputy Child Protection Officer <b>Tara Cordrey</b>	

## Care Team

Senior Child Care Officer Caroline Evenett	
Senior Child Care Officer Sharon Perry	
Child Care Officer Nicola Ives	
Child Care Officer Vanessa Brown	
Child Care Officer Pauline Wright	
Night Awake Child Care Officer Matt Baker	

#### Extra Duty Assistants (EDA)

Sandra Barrett	
Cliff Bosdet	A CAR
Ryan Carter	
Vee Thakoordin	
Carol Turner	
Andy Stanford	As above
Dave Birch	
Juli Cowley	

### Independent Person

## Debbie Finch Debbie is completely independent of Ramsden Hall Academy and is available to listen to any concerns you may have.

Independent Person

Email: dfinch1156@icloud.com

Mobile No. 07766 713116

(If I'm unable to answer my phone, leave a message with instructions as to how you want me to contact you back. E.g. your email address, phone number or visit).



The Standard 20 visitor is called Simon Cook and he visits each half term to ensure we are keeping to the residential standards, as well as checking to see if you are happy and safe in residential

## What do I do after school?

The academy day ends at 3.20pm and then you go straight up to your House. You change out of your academy uniform and you will be offered a drink and a snack. The Evening Co-ordinator (EC) will come to your house for you to choose your evening activities then at 4.15pm you go to your first activity.

Dinner is around 5.30pm and we all eat together in the dining hall. The catering team runs a competition where the boy with the best manners gets to choose the evening menu the following week.

At 6pm it's time for our second activity. There are always lots to choose from, see below for the list of activities, and we more than welcome new activities introduced by boys. So have a think about something you would like to do.

The activities generally end around 7.30pm when it's time to head up to your house and enjoy some house time. This may be continuing to play some games in the houses, chilling out with the radio or a little TV

Some evenings we also have a quiz where we encourage everyone to take part. It starts about 8pm and we have a break half way through, so you can enjoy some snacks. At the end there is a prize for the winner and a small prize for all that take part. It's great fun!

## Activities

Swimming at various pools (Riverside Ice & Leisure, Maldon and OUR OWN SWIMMING POOL - IF YOU'RE BRAVE ENOUGH!!!)	
Various sports on our field and in our sports hall. (Dodgeball, football, basketball, cricket, rounders and more.)	
Board games e.g. Monopoly, Chess, Backgammon, Scotland Yard, The Cube, Frustration, Cluedo, Billionaire Logo and any others you want to try.	
Card Games and Bingo	
IT	
Game Consoles	
Spinney / Run Outs, Den Building	

Cycles or scooters		
Fire Pit / BBQ		
Orienteering / Hiking		
Night Walks		
Park and Woods Trips		
DT		
Arts & Craft		
DVD / box set night		
Crabbing		
Kite Flying		

Darts	
Pool	
Table Tennis	
Bowling	
Beach trips	
Trampoline	
Music	
YMCA Youth Club	
Kayak/canoeing	
Gym	GIM

### Houses & Bedrooms

We have a range of bedrooms from single rooms to rooms with 2 or 3 beds where boys share with others. Some boys prefer to share and some prefer a single room. If you ever want to change bedrooms, we'll do our best to sort this out for you.



## Key worker

When you join Ramsden Residential, you'll be introduced to your 'keyworker' or you may be able to choose them too if you already get on well with them.

This is a member of staff who can give you a helping hand when needed. You can always request a 'key session' (some 1:1 time) with your keyworker or any other staff member if you feel you need to get something off your chest, tell us ideas for new activities, meals or just want a chat. There's nothing the keyworkers like to do more than natter, natter, natter. We're here to listen about the good things as well as any problems you may have.

The keyworkers (and tutors for the academy day) are your main contacts with home.

Remember, you can always talk to any member of staff as well as your key worker. Tara is also available to listen and hopefully help with any issues, you will be shown where her office is too.



## Lockers

There are lockers based within your house. Your keyworker will give you a padlock if you would like one, however you should not need to bring any money or anything expensive to school or boarding.

### Points, Rewards, & Learning Consequences

During the evening you can earn points for positive behaviour. The boys with the best behaviour can earn the highest points of up to 55 per night. On reaching a minimum of 40 points you'll earn trips off site and may even achieve 'Boarder of the Week' if you do something outstanding to help others, support each other or try really hard at something. It you do achieve "Boarder of the week" you will also be invited to attend our big trip each term. Additionally, our catering team award the Manners of the Week, where the student can choose a menu for the following week.

Our older boys love to help out the new boys and will explain the points system, as will any member of the Care Team.



### When we get it wrong!

To help boarders learn, especially with regards to keeping themselves and others safe, there are some learning consequences that the residential team have to put into place, from time to time, in addition to the points system.

These include:

#### • Protective consequences

Maybe a restriction on a trip, in the vehicles, swimming, ICT, sport or other specific related activities. These are recorded in our consequences book where we welcome your feedback and comment.

#### Restorative work

This may be repairing damage, work within the boarding or school environment.

#### • Restorative meetings and key sessions

This may be meeting with peers & staff when wishing to put differences aside.

#### • Parental / carer conversation

We may call your parents / carers and talk to them over the phone or even ask them to come in for a meeting.

#### • Boarding suspensions

Sometimes, for more serious or ongoing issues or due to a safety reason, we may need to suspend your boarding placement until the issue is resolved or the risk reduced.

## We are Individuals

Life Skills is taught in our academy plus we learn about different cultures around the world.

Each of us is different and we should respect this. Some of us are small, some of us are big, some of us wear glasses and some of us do not.

Whatever our differences we ask you for just one thing - RESPECT

Respect of property (yours, others and ours).

Respect to others.

And respect to yourself



## Feeling Sick

Urg! It is horrible when you feel unwell. Make sure you tell a member of staff and we can look after you or take you home if you are not well enough to be in school.

If you need to take regular medication, don't worry as the staff will give it to you when you need it. Please make sure you hand in any medicines to a member of staff as soon as you arrive at school.

If you feel sick at night, speak to Matt, who is our staff member that stays awake all night to help you if necessary.



## Academy

You will already know lots about your lessons from your tutors, but what you should know is that your classes are a lot smaller than in most academies with up to only eight boys in a class. This is to make it easier for you to learn.

If there is anything you feel unhappy about, please ask a member of staff and we will listen to you and help you, we will also talk to your tutors if you, or we, feel you are struggling with your classes.



## The Ramsden Hall Residential Council

Each residential house has its own elected house representative and deputy representative for the Residential Council. We encourage the boys to talk amongst themselves and when they have ideas and to take them to the Residential Council meeting where it can be discussed, planned and hopefully put into practice.



## Suggestion Box

In addition to the Residential Council, we have a Suggestion sheet that is on the wall in each house, please write on it for any good ideas.



## Senior Boarder

Once you reach your 15<sup>th</sup> birthday you will have the opportunity to work towards becoming a Senior Boarder. Once you have earned the Senior Boarder status, you may, with staff permission, choose to use the senior's lounge. This means you can watch most 15 DVDs, chat and play board games or cards in a more grown up environment. Staff will not necessarily be in the room with you all of the time, but will check that you are ok.

You will also be able to use the games room to play pool or table football.

Best of all, you may be able to earn a later bedtime if you are quietly watching a film in the senior room and do not disturb the other boys when you go to bed.

Senior boarders are expected to be an excellent role model to other boys by promoting good behaviour and supporting learning for other students both in the school day and in the residential time.



## Laundry

You can have all your washing done whilst you are at school; wonderful isn't it! Each morning you put your dirty clothes in the laundry basket which is kept in your house, and it is returned to you clean, dried and ironed every afternoon. Simple? ... Not always!

Occasionally an item of clothing may take a little longer to be washed, especially if it is big, or cannot be tumble dried. If your clothes are not named, it can be very hard to return them to you! So please, please, make sure you or an adult puts your name in your clothes for you before you bring them into school, or staff can write your name on the label with a special pen, just ask.



## Telephone

There is access to a residential mobile, so that you can make calls home to your family. If you have a mobile phone you can keep it with you until your bedtime, then it must be handed in to staff and will be locked away until the morning.

The numbers listed below are of other people and organisations that can help young people.

National Bullying Helpline:	0845 22 55 787
Children's Commissioner:	0800 528 0731
Childline:	0800 1111
NSPCC	0808 800 5000
Ofsted:	0300 123 1231
Frank (confidential drugs advice):	0800 77 66 00
Child Exploitation and Online Protection Centre	0870 000 3344
Independent Person (Debbie Finch)	07766 713116

If you have any concerns during the day about your stay within the residential, there is at least one member of the Care Team in every day that you can talk to, or, remember, any member of staff will listen to you and try to support you.



## NO BULLY ZONE



We do not accept bullying at this academy!

If you feel you are being bullied, please tell a member of staff and we will deal with it, with you, and for you. You will not get into any trouble by telling us, we are here to help you!

There are lots of different types of bullying; name calling, hitting, threatening, and making someone feel frightened or left out. And of course, cyber bullying, texting and communication over computer games and email.

Please don't suffer in silence. If you do not tell us we will not know!!!

If you are someone who bullies others, the staff may be able help you to change your behaviours and help you to be happier about yourself. Just talk to your keyworker or any other staff member!



HELP STOP BULLYING BY SPEAKING OUT!

## Complaints

It is important to all the staff at Ramsden Hall Academy that our boys are as happy as possible, but unless you tell us about the bits that are not so good – we will not be able to make changes.

Complaint Forms are kept in all the Residential Houses, Tara's office and Care Office. They can be used by you at any time. If you need any help to complete a form just ask any member of staff who can write it for you if you would prefer.

You should receive a reply from the Head of Care or Head teacher very quickly.





### Shower / Bath Time

Every evening, each boy takes a shower or a bath; you will need it after a hard day of work and play!

You will need toiletries, such as toothbrush, toothpaste, deodorant (no aerosols, we do not allow you to bring spray aerosol cans into the academy), shower gel, bubble bath and anything else that you use. None of our bath / shower rooms are shared, and all have doors you can lock for your privacy. Please let a member of the Care staff know if you have forgotten any of these items, as we will have supplies that you can use.

## Bedtime

After you've had a bath or shower and a snack, there is still time for a game or a chat with your friends before bed at 9pm. Once you've brushed your teeth and are quiet in your bed, you may want a member of staff to read you a story before the big lights go out but you will have a bedside lamp that you can leave on if you wish.

## Morning

Staff will be round to wake you about 8am. Then it's rise and shine, morning wash, brush your teeth and change into uniform ready to go downstairs for breakfast in the dining hall.

We really hope that you enjoy your stay at Ramsden Hall Residential.

