

Ramsden Lodge

Ramsden Hall Academy

Residential



Welcome Pack

Students

Welcome to Ramsden Hall Academy Residential

Hello and welcome! If you're reading this, you've been invited to join us at Ramsden Residential, the residential part of our school, where we aim to make you feel safe, comfortable and happy.

We hope this booklet will help you to know a bit more about boarding at Ramsden Lodge but all the staff, especially the Care Team, love answering all and any questions you may have.



Residential Staff and Senior Leadership at Ramsden Hall Academy

Senior Leadership Team

<p>Head Teacher</p> <p>Antony Clements</p>	 A portrait of Antony Clements, a man with a beard and glasses, wearing a white striped shirt and a blue tie.
<p>Head of Residential Care & Deputy DSL</p> <p>Tara Cordrey</p>	 A portrait of Tara Cordrey, a woman with curly hair, wearing a white top.
<p>Deputy Head Teacher & Deputy DSL</p> <p>(Education link to residential)</p> <p>Andy Stanford</p>	 A portrait of Andy Stanford, a man with short hair, wearing a dark t-shirt, against a blue background.
<p>Associate Assistant Head Teacher</p> <p>Tony Lane</p>	 A portrait of Tony Lane, a man with a beard and glasses, wearing a plaid shirt.

<p>Associate Assistant Head Teacher & Deputy DSL</p> <p>Adam Robbins</p>	
<p>Designated safeguarding Lead</p> <p><i>Danni Rose</i></p>	

Care Team

<p>Senior Child Care Officer</p> <p>Caroline Evenett</p>	
<p>Senior Child Care Worker</p> <p>Nikki Donovan</p>	
<p>Senior Child Care Worker</p> <p>Tash Beard</p>	

<p>Child Care Officer</p> <p>Sandra Wren</p>	
<p>Child Care Officer</p> <p>Chloe Scott</p>	
<p>Child Care Officer</p> <p>Mia Smith</p>	
<p>Child Care Officer</p> <p>Vacancy</p>	
<p>Night Awake Child Care Officer</p> <p>Matt Baker</p>	
<p>Night Awake Child Care Officer</p> <p>Kane Vanner</p>	

Extra Duty Assistants (EDA)

Juli Cowley	
Sandra Barrett	
Mark Tuck	
Amy Loomes	
Ryan Carter	
Vee Thakoordin	
Carol Turner	
Dave Birch	

Independent Visitor (St 3)

We have a nice man who visits each half term called Mark and I am sure you will meet him soon. He is an independent visitor who's job it is to make sure we are keeping to the residential standards, as well as checking to see if you are happy and safe in residential.

Independent Person (St 17)

We also have an independent person called Isabel who visits each month to chat with you and make sure we are doing all that we can to help you enjoy boarding. She will give you the chance to chat about any worries you have, especially those that you may not feel able to tell anyone else. Her contact details are on the information board in the hallway. Once she has visited she will then write about it and I will put this on the information board so you can read it when you wish. If you have spoken to her about a worry she will not write about this, just her general visit.

What do I do after school?

The academy day ends at 3.20pm and then you go straight over to the Ramsden residential building. You will go with all of the other boys into the Diner, where you will be met by the Care staff, be offered a drink and healthy snack and be asked what activities you would like to take part in that evening. You will then be reminded by staff to go to your room, change out of your academy uniform, and change into your evening clothes (e.g. joggers and a T-shirt). Once you are ready, you will head back to the Diner to chat with staff, play cards/dominos, go to the gym, or have a little time to call home and play on your phone if

you have one. At 4pm staff will let you know where to go and who to go with for your first chosen activity.

Your first activity will start around 4pm.

Dinner is around 5pm - 5.30pm and we all eat together in the dining hall over in the school building.

At 6pm it's time for our second activity. There are always lots to choose from, see below for the list of activities. You are more than welcome to suggest new activities so have a think about something you would like to do. This may not be on the night you ask for it, as our activities are usually planned in advance and we may need a bit of time to organise.

Some evenings, when the weather is bad, we also have a quiz where we encourage everyone to take part. At the end there is a prize for the winner and a small prize for all that take part. It's great fun!

The activities generally end between 7.30 - 8pm when it's time to have a shower then head to the residential lounge (Spring, Summer, Autumn or Winter) where staff will be with you to watch a film or TV show. We may also play a board game, so if you have an idea of something you would like to play, please let a member of staff know and we will try to accommodate you.

At around 8pm we will bring your chosen drink and snacks to you in your lounge then collect the dirty plates and cups after - you will be asked to help sometimes too!

Activities

Some are continuously offered; some are seasonal and all are subject to any safety restrictions

<p>Swimming at various pools (Riverside Ice & Leisure, Maldon and OUR OWN SWIMMING POOL - IF YOU'RE BRAVE ENOUGH!!!)</p>	
<p>Various sports on our field and in our sports hall. (football, basketball, Dodgeball, cricket, rounders and more.)</p>	
<p>Board games e.g. Monopoly, Chess, dominos, The Cube, Frustration, Cluedo, Billionaire Logo and any others you want to try.</p>	
<p>Card Games and Bingo</p>	
<p>IT in our very own IT suites</p>	
<p>Playstation / games console</p>	

<p>Spinney / Run Outs/sardines , Den Building</p>	
<p>Cycles or scooters</p>	
<p>Fire Pit / BBQ</p>	
<p>Orienteering / Hiking</p>	
<p>Night Walks</p>	
<p>Park and Woods Trips</p>	
<p>Arts & Craft</p>	
<p>netflix / box set / streaming</p>	
<p>Crabbing</p>	
<p>Pool</p>	

<p>Table Tennis</p>	
<p>Bowling</p>	
<p>Beach trips</p>	
<p>Trampoline</p>	
<p>Music</p>	
<p>Youth Club</p>	
<p>Kayak/canoeing</p>	
<p>Gym</p>	

Bedrooms

Most of our bedrooms are single rooms with their own en-suite bathroom with a shower and toilet. We also have several twin rooms that have a bathroom, with a bath / shower and toilet, next to or opposite them. Most boys that do 3-4 nights will be in a single room and if you do 1-2 nights you will be in a twin room but as soon as you move to 3 nights, and we have a room available, you should be able to move. But even if you are in a twin you will not ever need to share your room on the same nights as another student. Should you have any issue with your room, we will try our best to sort this out with you.

Each bedroom has a bed, clothes cupboard, bedside table with lamp, desk and chair plus pictures and notice board. You will be able to choose from a range of duvet covers and will also have a cosy blanket too. Please feel free to personalise your room with pictures, posters and personal items, its your room after all !

Staff 1:1 time

This is a member of care staff who can give you a helping hand when needed. You can always request a 'key session' (some 1:1 time) with any staff member if you feel you need to get something off your chest, tell us ideas for new activities, meals or just want a chat. There's nothing the staff like to do more than have a good chat. We're here to listen about the good things, as well as, any problems you may have.

The staff (and tutors for the academy day) are your main contacts with home.

Remember, you can always talk to any member of staff.

Tara (Head of Care) is also available to listen and hopefully help with any issues, you will see her around the school most days and over in boarding at the beginning of most evenings.



Valuables

There is a locking drawer in your bedroom. Staff will give you a key if you would like one, however, you should not need to bring any money or anything expensive to school or boarding. If you need us to look after anything just let us know.



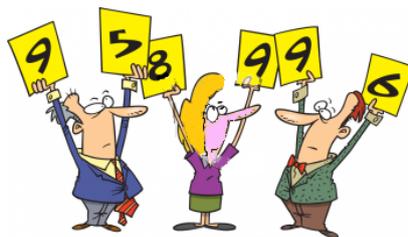
Independent Skills - Life Skills

All boys will be supported and helped to practice some life skills. This may include making your bed each morning, putting your clothes out to be washed, getting cold drinks, and personal care such as showering and brushing your teeth each evening and morning. From year 9 onwards boys take part in our "Life skills" programme. This can be anything from stripping and remaking your bed with clean bedding to budgeting for shopping, cooking and doing your own washing. These skills are intended to help you to learn some skills that will be of benefit to you in the future. We will also help you to work towards credits for your ASDAN modules. Staff will work with you on this.

Points, Rewards, & Learning Consequences

During the evening you can earn residential points for positive behaviour. The boys with the best behaviour can earn the highest points of up to 60 per night. On reaching a minimum of 45 points you'll earn trips off site and may even achieve 'Boarder of the Week' if you do something OUTSTANDING to help others, support each other or try really hard at something. If you do achieve "Boarder of the week" you will also be invited to attend our end of term trip.

Our older and more experienced boarders love to help out the new boys and will explain the points system, as will any member of the Care Team.



When we get it wrong!

To help boarders learn, especially with regards to keeping themselves and others safe, there are some social learning consequences that the residential team may have to put into place from time to time, in addition to the points system.

These include:

- **Protective consequences**

Maybe a restriction on a trip, in the vehicles, swimming, ICT, sport or other specific related activities. These are recorded in our consequences folder where we welcome your feedback and comment.

- **Restorative work**

This may be repairing damage, within the boarding or school environment.

- **Restorative meetings and key sessions**

This may be meeting with peers & staff when wishing to put differences aside.

- **Parental / carer conversation**

We may call your parents / carers and talk to them over the phone or even ask them to come in for a meeting.

- **Boarding suspensions**

Sometimes, for more serious or ongoing issues or due to a safety reason, we may need to suspend your boarding placement until the issue is resolved or the risk reduced.



We are Individuals

Each of us is different and we should respect this. Some of us are small, some of us are big, some of us wear glasses and some of us do not.

Whatever our differences we ask you for just one thing - RESPECT

Respect for others.

Respect for yourself

Respect of property (yours, others and ours).

We do not support and actively discourage all sexual / romantic relationships between pupils. Please speak to a staff member if you have any worries or concerns.



Feeling Sick

Urg! It is horrible when you feel unwell. Make sure you tell a member of staff and we can look after you or call home to be collected if you are not well enough to be in school.

If you need to take regular medication, don't worry as the staff will give it to you when you need it. Please make sure you hand in any medicines to a member of staff as soon as you arrive at school.

If you feel sick at night, speak to Matt or Kane, who are our staff members that stays awake all night to help you if necessary.

To get their attention just open your door and sit in your doorway and they will come to see you. You have a sensor on your door that will tell them that you need them



The Ramsden Hall Residential Council

We have regular meetings to discuss ways to improve boarding where we encourage the boys to talk amongst themselves and when they have ideas, to take them to the Residential Council meeting where it can be discussed, planned and hopefully put into practice.



Suggestion sheet

In addition to the Residential Council, we have a Suggestion sheet that is on the wall in the diner, please write on it with any good ideas.



Senior Boarder

Once you reach 15 years old you will have the opportunity to work towards becoming a Senior Boarder. Once you have earned the Senior Boarder status, you may, with staff permission, choose to use the senior / games lounge after 7.30pm. This means you can watch most 15 DVDs, chat and play board games or cards in a more grown up environment. Staff will not necessarily be in the room with you all of the time, but we will check that you are ok.

Best of all, you may be able to earn a later bedtime if you are quietly watching a film in the senior / games room and do not disturb the other boys when you go to bed.

Senior boarders are expected to be an outstanding role model to other boys by promoting good behaviour and supporting social learning for other students both in the school day and in the residential time.

EVERY TEENAGERS # 271

**TEENAGERS ARE THE MOST
MISUNDERSTOOD PEOPLE ON
THE PLANET. THEY ARE
TREATED LIKE CHILDREN AND
EXPECTED TO ACT LIKE ADULTS.**

everyteenagers.tumblr.com

Laundry

You can have all your washing done whilst you are at school; wonderful isn't it! Each evening you can put your dirty washing outside your bedroom door or in the laundry where it will then be cleaned and dried every morning. Simple? ... Not always!

Occasionally an item of clothing may take a little longer to be washed, especially if it is big, or cannot be tumble dried. If your clothes are not named, it can be very hard to return them to you! So please, please, make sure you or your family put your name in your clothes for you before you bring them into school, or staff can write your name on the label with a special pen, just ask.



CCTV

As you may know there is CCTV in the school but also in the corridors and outside boarding. Don't worry its not in the bedrooms, bathrooms or lounges, its just to help staff should there be an issue and we need to figure out what happened. Talk to Tara if you have any questions or worries and we can show you what we can see if needed.

Telephone

There is access to a residential phone or mobile, so that you can make calls home to your family. If you have a mobile phone it will be returned to you after school and you will need to hand it in at bedtime. We don't want you to use it during activities or at the dining table, but there are times through out the evening that it can be used.

The numbers listed below are for other people and organisations that can help young people.

National Bullying Helpline:	0300 323 0169
Children's Commissioner:	0800 528 0731
Childline:	0800 1111
NSPCC	0808 800 5000
Ofsted:	0300 123 1231
Frank (confidential drugs advice):	0300 123 6600
CEOP	0870 000 3344
Young Minds	https://www.youngminds.org.uk/young-person/

If you have any concerns during the day about your stay within the residential, there is at least one member of the Care Team in every day that you can talk to, or remember, any member of staff will listen to you and try to support you.



NO BULLY ZONE



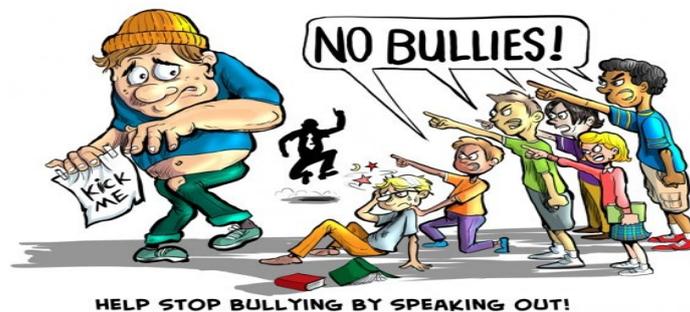
We do not accept bullying in boarding or in this academy!

If you feel you are being bullied, please tell a member of staff and we will deal with it, with you, and for you. You will not get into any trouble by telling us, we are here to help you!

There are lots of different types of bullying; name calling, hitting, threatening, and making someone feel frightened or left out, plus cyber bullying, texting and communication over computer games and email.

Please don't suffer in silence. If you do not tell us we may not know!!!

If you are someone who bullies others, the staff may be able help you to change your behaviours and help you to be happier about yourself. Just talk to any staff member!



Complaints

It is important to all the staff at Ramsden Hall Academy that our boys are as happy as possible, but unless you tell us about the bits that are not so good - we will not be able to make changes.

Complaint Forms about boarding are kept in the diner, and the residential offices. They can be used by you at any time. If you need any help to complete a form just ask any member of staff who can write it for you if you would prefer.

You should receive a reply from the Head of Care or Head teacher very quickly.



Shower / Bath Time

Every day after school, each boy needs to take a shower or a bath. You will need toiletries, such as toothbrush, toothpaste, deodorant (no aerosols please), shampoo/conditioner, shower gel, bubble bath and anything else that you use. In most of our rooms you will have your own bathroom with a shower and toilet; twin rooms have a separate bath / shower and toilet, whichever type of room you have, a bathroom is solely for your use and all have doors you can lock for your privacy. Please let a member of the Care staff know if you have forgotten any of these items, as we will have supplies that you can use.

Bedtime

After you've finished the activities, you will go to a lounge that you have chosen for that evening for your snack and where there is still time for some TV or a chat with your friends before bed at 9pm. Most evenings we will also have a group story that you can listen to too. Once in your room you need to brush your teeth and settle in your bed. Night staff will check you when they come in and put on your door sensor.

Morning

Staff will be round to wake you about 8am. Then it's rise and shine, morning wash, brush your teeth and change into your clean uniform ready to go to the school dining hall for breakfast at 8.30am.

We really hope that you enjoy your stay at Ramsden Residential.

BE THE
CHANGE

*you wish to see
in the world*

-Ghandi