

Curriculum Map – Long Term Planning LIFESKILLS

Subject:		Key stage: 3		
Year	Autumn Term	Spring Term	Summer Term	Cross curricular links
7	<u>Autumn 1</u> ABOUT ME & SENSE OF IDENTITY WHO AM I? HOW AM I UNIQUE? Fingerprints/DNA unique characteristics	<u>Spring 1</u> Children and young people in war-time. Rations, education, living arrangements. Blitz experiences. Refugees Anne Frank – religious groups in war time. Evacuation – link to Goodnight Mister Tom. Animals in war time – link to War Horse.	<u>Summer 1</u> At the beach and water safety	Linked to RTL topics on war. Links to thrills and spills in RTL. Links to RTL Egyptians Links to RTL natural disasters
	<u>Autumn 2</u> Friendship & BULLYING CHRISTMAS AND CHRISTINGLE	<u>Spring 2</u> Personal safety Risk assessments	<u>Summer 2</u> Personal safety and road safety	
8	<u>Autumn 1</u> British values <u>Citizenship</u> <u>Monarchy</u> <u>Government</u> <u>Democracy</u> 1. Create a poster or PP on what it means to be British.	<u>Spring 1</u> 1. Puberty – why it happens, physical/emotional changes. 2. How babies are made. Family units. 3. Questions? issues in puberty. 4. Changing feelings and managing these.	<u>Summer 1</u>	

	<p><u>2.</u> Investigate democracy and how it works for society and the individual.</p> <p><u>3.</u></p>	<p>Mood swings impact on self and others.</p> <p>Puberty survival strategies.</p> <p>5. Puberty and independence, positives and negatives. Choices – what choices are we now faced with?, scenarios.</p> <p>6. Keeping safe. How do you keep yourself safe at this time? IRL and online.</p> <p>7. Relationships with others. Bullying issues.</p> <p>8. Staying healthy during puberty, diet/exercise and impact on overall health.</p>		
	<p><u>Autumn 2</u></p>	<p><u>Spring 2</u></p>	<p><u>Summer 2</u></p>	