

## Curriculum Map – Long Term Planning

**Subject: PE**

**Key stage: 3**

Year	Autumn Term	Spring Term	Summer Term	Cross curricular links	
<b>7, 8 &amp; 9</b>	<u>Autumn 1</u>		<u>Spring 1</u>		<p><b>SCIENCE</b> Adaptations to exercise Benefits of healthy active lifestyle Biology Forces</p> <p><b>MATHS</b> Angles Measuring Statistics Time</p> <p><b>SOCIAL SKILLS</b> Team work Social interaction Problem solving SMCS British Values</p> <p><b>ENGLISH</b> Speaking and listening Reading Recording Communication</p>
	Basketball – Passing and Dribbling	Basketball – Tactics/Rules/Game Play	Short Tennis	Short Tennis (Focus on Hand Eye Co.)	
	Basketball – Shooting/Layups	Basketball – Tactics/Rules/Game Play	Short Tennis	Short Tennis	
	Basketball – Outwitting opponents	Basketball – Creating space	Trampoline	Trampoline	
	Basketball - Officiating	Basketball – Game play/ 2v2 etc	Trampoline	Trampoline	
			Trampoline (Assessments)	Trampoline (Assessments)	
	Football – types of passing	Badminton – Forehand/Backhand			
	Football - Control	Badminton – Different types of serve			
	Football – Dribbling and shooting	Badminton – Smash and drop shot			
	<u>Autumn 2</u>		<u>Spring 2</u>		
	Football - Defending	Badminton – Rules	Hockey – Passing and Rules	Hockey - Dribbling	
	Dodgeball - Rules	Volleyball – Dig/Set/Smash	Hockey – Shooting	Hockey – Outwitting opponents	
Dodgeball - Catching	Volleyball – Rules	Hockey – Assessment	Hockey - Assessment		
Dodgeball – game play	Volleyball – Serve	Rugby – Passing and Rules	Rugby - Kicking		
Dodgeball – Throwing techniques	Volleyball – Outwitting opponents	Rugby - Tackling	Rugby – Running with the ball		
Dodgeball – Tactics	Volleyball – Game play	Rugby - Assessment	Rugby - Assessment		
Short Tennis	Short Tennis				
Short Tennis	Short Tennis				
<u>Summer 1</u>		<u>Summer 2</u>			
Cricket - Bowling and Fielding	Archery (with Dave)	Timing and Measuring Athletics	Timing and Measuring Athletics		
Cricket – Batting	Archery (with Dave)	Rounders/Softball – batting	Swimming		
Cricket – Outwitting opponents Assessment	Archery (with Dave) Assessment	Rounders/Softball – fielding	Swimming		
Athletics – Javelin/Discus	Athletics – Shot Putt	Rounders/Softball – Rules	Swimming		
Athletics – Long Jump/High Jump	Athletics – Hurdles	Rounders/Softball – Outwitting opponents	Swimming		
Athletics - Sprints	Athletics – Hurdles	Swimming	Swimming		
		Swimming	Swimming		

