



4-19 Health Drop In Sessions

Drop in sessions across Chelmsford to gain support and advice for your 4-19 year old around a number of topics/ issues which may be concerning you, including;

- Day and night wetting
- Hearing and vision tests
- Weight and dietary issues
- General physical and emotional health problems
- Sleep/behavioural concerns
- Parenting concerns

Location: Chelmsford West Delivery Site, Dixon Avenue, CM1 2AQ
(next to Kings Road Primary School)

Time: 3pm- 4pm

Dates: Mondays - 3rd Sept, 17th Sept, 1st Oct, 15th Oct, 5th Nov, 19th Nov,
3rd Dec, 17th Dec 2018

Location: The School House (opposite Moulsham Jnr School),
Princes Road, CM2 9DG

Time: 3.15pm- 4.15pm

Dates: Wednesdays - 12th Sept , 26th Sept, 10th Oct, 31st Oct, 14th Nov,
28th Nov, 12th Dec 2018

Services commissioned by: